

# TrilogyLiving



Photo by George Robinette

## And, They're Off...

A tip of the hat to the creative co-chairs of "Evening at the Races," Village Riviera's June 10 evening of fun and frivolity are, from left, Diane Griffin, Linda Robinette, David Griffin and George Robinette. Learn more about the special event on page 4.

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# *From the Master Association*

## **Patty Kohn**

*President*

The Master Board is working on a number of projects and deliberating on many, many issues. Information on those issues that may be of greatest interest to the members is in the Highlights section below. Details of all other agenda items are included under Executive Session and General Session.

### **Highlights**

- Director Fraser resigned from the Master Board effective April 11. As she was the CFO, following the regular Board Meeting an organizational meeting was held and Director Coleman was elected CFO. Next month, which method to use to fill the vacant position will be determined: select the next highest vote-getter from the recent election; or allow members to submit candidate statements and have the Board select from that pool.
- A golf course committee is not being established at this time. The Board will continue to examine options including: 1) hiring a consultant, 2) examining alternative uses, such as a greenbelt, and 3) reviewing ownership and funding options.
- A contract with an architect who will provide recommendations on the Delta Club renovation was approved.
- The Negotiating Team met with Jason Enos, President of Shea Homes, Northern California, and discussed the fourth clubhouse. He indicated a building of 8,400 SF would cost \$1.5 million. The Board will hold a special meeting to discuss the budget and funding options after receiving cost estimates for the Delta Club, the Health and Wellness Center, and the final contribution from Shea Homes (RVCP) for the fourth clubhouse.
- A new community outreach program, "Ask a Board Member," is under way. Once a month, a table will be set up at the Vista or Delta Club to receive Member input. On May 17 from 11 a.m. – 1 p.m. two members of the Board will be at the Vista Club.

**Executive Session: The Executive Session was held April 10. The following items were discussed:**

### **Legal/Litigation**

- The Board closed out an issue related to Common Area tree trimming. The Member has been notified.
  - The Board agreed to reimburse a homeowner up to a maximum amount for landscaping that will enable putting a stop sign on a street sign on Silver Ridge Drive.
  - Progress has been made in the review of Common Area deeds by Director Coleman and Association legal counsel.
  - President Kohn was directed to sign Shea assessment bond releases.
  - Director Fraser presented information related to licensing. The license for an Esthetician establishment, which is issued by the CA Department of Consumer Affairs, Board of Barbering and
- (continued on p. 16)*

## **TRILOGY AT RIO VISTA**

D I R E C T O R Y

### **Master Association Board of Directors**

Patty Kohn, President 707-374-2737  
Donald Seyk, Vice President 707-374-6407  
Melissa Coleman, CFO 707-374-6874  
Joel Auslen, Secretary 707-374-5808  
Director at Large TBD

### **Village Board Presidents / District Delegates**

Village 1 - Ron Auger 707-374-3068  
Village Oakmont - Lee Puryear 707-374-3510  
Village Riviera - Ida May Wagner 707-374-6714  
Olympic Village - Richard Pettijohn 707-374-3065  
Saddle Rock Village - Joe Perpetuo 510-387-4517  
Eagle Point - Mark Weiss 707-374-4715

### **Committee Chairs**

Community Advisory - Bill de Manincor, 707-374-6404  
Administrative Policies - TBD  
Village Document Revision - Barb Downs, 707-507-5026  
Clubhouse Improvements - TBD  
Emergency Action - Barry Fraser 415-407-8529  
Access - Art Darden 707-374-3455  
Amenities - Joe Downes 707-374-7520

### **Association Administration /HOA 707-374-4843**

**General Manager:** Ed Vitrano 707-374-4869  
evitrano@actionlife.com  
**Village Manager:** Victoria Jeune 707-374-4843  
vjeune@actionlife.com  
**Manager Assistant:** Colin Krans 707-374-4843  
ckrans@actionlife.com  
**Activities Director:** Debbie Dorn 707-374-4204  
ddorn@actionlife.com  
**Fitness & Spa Director:** Kathy Erwin 707-374-4205  
kerwin@actionlife.com  
**Maintenance Director:** Michael Oestreich 707-374-4843  
moestreich@actionlife.com  
**Member Services Coordinator:** Cheryl Lucas 707-374-4203  
clucas@actionlife.com  
**Communications Coordinator:** Jay Coleman 707-734-4222  
ColemanTRV2@gmail.com  
**Architectural Coordinator:** Jennifer Stewart 707-374-4843  
jstewart@actionlife.com

### **Club Numbers**

**Vista:** Front Desk 707-374-4200 Fax 707-374-2422  
**Delta:** Admin Office 707-374-4843 Fax 707-374-4891

### **Trilogy Living Editorial Board**

Jay Coleman, Ed Vitrano, Debbie Dorn, Cheryl Lucas,  
Joan Azlant, Kathy Erwin, Bill de Manincor

### **Commercial Advertising Manager**

Joan Azlant, joanazlant@comcast.net 707-374-2620

### **Resident Classified Advertising**

Kathy Nilsson, knilsson@actionlife.com 707-374-4200

### **Welcome Center/Front Gate 707-374-4306**

Guest Registration - community.dwellinglive.com

### **Café Vista 707-374-4202**

### **Sir Flair's 707-374-4400**

### **Golf Course 707-374-2900**

### **Shea Customer Service 1-866-535-9989**

## From the Editor



### Jay Coleman

Regular readers of this space will notice a change. I'm the brand new editor of *Trilogy Living*, in place of Andrea Stuart, who spent the past seven years producing the magazine and forging great

working relationships and lasting friendships with Trilogy at Rio Vista (TRV) residents. Andrea is a tough act to follow.

Just a little bit about myself: I was born and raised in the Midwest (Southern Indiana and Illinois), earned a journalism degree from the University of Missouri, worked nearly 10 years as a newspaper sports and feature writer in Phoenix, and had a 30-year career in employee and executive communications, primarily at Hewlett-Packard in Palo Alto. I retired five years ago, but I wasn't very good at it. So I'm delighted to be working with the vibrant, energetic TRV community.

Speaking of keeping a fast pace, check out Village Riviera's special event in June. Get your competitive juices flowing – and have a great time in the process – at Riviera's "Evening at the Races" on Saturday, June 10, in the Delta Club. For only \$20, you can participate in several fun, simulated races throughout the evening and win lots of cash (it's play money, so no one will make a killing or lose their shirt!). The evening includes a dinner, catered by DeVinci's, as well as raffles and prizes, and all villages are welcome. Get your tickets now because none will be sold at the door.

Bring canned foods—to be donated to the Rio Vista Food Pantry—and you'll get a ticket for a special prize drawing. The more cans you bring, the more tickets you get. Look for the flyer stuffed into this edition of *Trilogy Living* or call 707-374-6978 for more information.

### Priority List for Emergencies

If you or someone you know has special needs (oxygen, electricity for dialysis, etc.) and wants to be placed on a priority list for assistance in the case of an emergency, please contact Member Services Coordinator Cheryl Lucas at 707-374-4203 or [clucas@actionlife.com](mailto:clucas@actionlife.com). Please provide your name, address, phone number, and describe your special needs.

**From the Board of Directors:** The publisher retains the right to edit articles and advertising to conform to content and space requirements. The Trilogy Board of Directors is not responsible for expressed opinions or for the authenticity of all presented facts in articles and advertisements. Viewpoints contained in this newsletter are not necessarily the opinions of the Trilogy at Rio Vista Master Association, the Board of Directors, its officers, or management.

**For non-delivery of *Trilogy Living*, contact  
Member Services at 707-374-4200.**

## From the Activities Director



### Debbie Dorn

Trilogy get set for an entertaining month! International touring violinist and entertaining artist David Klinkenberg performs here, for you! Then that amazing group "Decades" will kick off

our first Concert on the Patio! Hurry sign up before these sell out. Of course bring your favorite refreshments along to enjoy during these spectacular events.

The Community Garage Sales are almost here, and the \$1 city-required garage sale permits are available at the Vista Club Member Services desk. YES, it is time to start thinking "Parade..." Plan for great memories with the family, clubs or others for the July 4th Celebration! Registration begins May 15! Order your hot dogs and ice cream sundaes now or later, but register for the parade early! See page 5 and the flyer insert! Additional flyers will be available at the Vista Club or at the Delta Club Registration Box #9!

Here's the May lineup on a few upcoming events!

- 5/02 **Grand Living Room Entertainment ~  
Hosted by the Guitar Club**
- 5/06 **Trilogy's Community Garage Sales**
- 5/07 & 5/21 **Trilogy Produce Market**
- 5/10 **Computer Classes:  
Computer Basics & Windows 10**
- 5/13 **World Touring David Klinkenberg  
in Concert at Trilogy!**
- 5/14 **Holiday "Mother's Day"**
- 5/17 **Computer Classes:  
MS Windows 10 & Pictures Workshop**
- 5/18 **Computer Evening Class:  
Create, Find & Work with Files**
- 5/19 **Karaoke ~ Spontaneous Fun**
- 5/21 **Dance With Boogie Aces ~  
Hosted by the Dance Club**
- 5/26 **Concert on the Patio  
Featuring "Decades" (FRIDAY)**
- 5/27 **Bingo (SATURDAY)**

### Get Ready...

- **June 1 thru June 4 "Dixie Swim Club"  
Production by the Theater Group**
- **June 5 Blood Drive**

Remember your comments and suggestions are always valued -- send an email anytime to [ddorn@actionlife.com](mailto:ddorn@actionlife.com) -- my mailbox is always open!



## ANNOUNCEMENTS

### Holiday: May 14, Mother's Day

"God could not be everywhere, and therefore he made mothers."  
~ Rudyard Kipling

### Holiday: May 29, Memorial Day

"As America celebrates Memorial Day,  
we pay tribute to those who have given their lives in our nation's wars."  
~ John M. McHugh

### Trilogy Residents Think "Parade"



Gather friends and family for a brainstorming party to enter the Fourth of July decorated golf cart contest. Or enter just for fun on another type of decorated mobile vehicle, bicycle, scooter, tricycle, walk... Clubs this is your chance to show off for the community! See the inserted entry form, also found at Delta Club Box #9. Get ready; it's quite a celebration hosted by Trilogy and all Villages! Contact Debbie Dorn 707-734-4204 for general information.

## EVENTS

### Computer Classes - Wednesdays

Wednesday May 10, 17 and Thursday May 18, Learning Center Vista Club

May features are Computer Basics or Windows 10, along with a Pictures Workshop. We're offering an evening class "Create, Find & Work with Files.." See page 43 for important details. Contact Debbie Dorn with questions ddorn@actionlife.com.

### Trilogy Produce Market

Sunday May 7, 21 & 28, 10 a.m. – 3 p.m. – Delta Club



Experience Trilogy's marketplace! Trilogy's Produce Market provides wonderful produce and other specialties. Bring your neighbors and stock up! It's easy to keep a fresh supply of fruits, vegetables, and specialties on hand without leaving Trilogy.

### Blood Pressure Check ~ Free

Thursday, May 11, 9 – 10 a.m., Library, Delta Club

Have your blood pressure checked the second Thursday of every month at the Delta Club Library between 9 – 10 a.m. Stop by and keep that blood pressure in check!



### ~ International Touring Artist ~ **David Klinkenberg** **in Concert**

Saturday, May 13, 7 – 9 p.m.  
Vista Club, Diablo Ballroom ~ \$20

David's concerts span the musical spectrum. From the classical to the kooky, his fiddle (as he likes to call it) generates a melodic mix of inspiration, with a healthy dose of levity. David has been developing his artistry as a violin player since age four and is one of the best-selling instrumentalists in America. He has performed with such acts as Jim Brickman and Celtic Women. Recently, he became one of only a few violinists in history to be featured on PBS international. Sign up at Member Services at the Vista Club. Contact Debbie Dorn for questions ddorn@actionlife.



~ Concert on the Patio Featuring ~  
**Decades**

FRIDAY, May 26, 7 – 9:30pm  
Patio, Vista Club ~ \$20

First Concert on the Patio of the season featuring a group which left us wanting more when they last performed, and they are coming back! Incredible pitch-perfect renditions of hits from Chuck Berry to Katy Perry! Amazingly entertaining, these recording artists perform at casinos, corporate and private venues. Decades is ready to rock Trilogy! Let's Dance! Visit their website at [www.musicfromthedecades.com](http://www.musicfromthedecades.com). Bring your own refreshments to enjoy during this talent-filled show and dance! Remember to bring your favorite lawn chair and warm clothing for the cool season after sunset. Sign up at Member Services at the Vista. Contact Debbie Dorn for questions [ddorn@actionlife](mailto:ddorn@actionlife).

## Dance Concert ~ Matt Applin and the Midnite Band

Saturday, April 29, 7 – 9:30 p.m., Diablo Ballroom, Vista Club ~ \$15



Matt is a charismatic singer and entertainer with interactive audience appeal. The Midnite Band provides the beautiful music that allows Matt's vocals to shine! These amazing musicians of R&B, Motown, and Standards have the chemistry that comes only from years of performing together. They never miss a beat! Sign up at Vista Club Member Services \$15 pp.

## Trilogy Community Garage Sale ~ Open to the Public

Saturday, May 6, 9 a.m. – 3 p.m.

Everyone can participate! Seller-marked maps will be emailed to residents by May 5, and available to visiting buyers at the Welcome Center the day of the sale. You do not have to be included on the map to sell. There are three steps for sellers:

- Obtain a garage sale permit for \$1 from Member Services at the Vista Club prior to May 6. Purchase prior to April 28 to place your sale on the map. Permits are a city requirement.
- Tie an inflated balloon from your mailbox or tree.
- Open your garage door.

The sale is open to the public and advertised in the local papers. Outside buyers will not be allowed through the gates until 9 a.m., and residents are asked to postpone their shopping until 9 a.m. in consideration of sellers setting up for the sale. Questions, contact Member Services 707-734-4200 or email [Debbie Dorn ddorn@actionlife.com](mailto:Debbie.Dorn@actionlife.com).

## Karaoke ~ Spontaneous Fun!

Friday May 19, 7- 8:30 p.m., Diablo Ballroom Vista Club ~ Free

There's a new twist to a familiar event. Enjoy Karaoke fun mixed with open dancing. You are still likely to find story tellers, special dancers, folk singers, and more spontaneous entertainment. Bring your favorite snacks, and beverage, and come on over for an evening of good times. No signups required.

## Mark the date... Free Shredding Service

Saturday, May 13, 9 a.m. – 12 p.m. Or Until Truck Fills!

The shredding truck will be parked in the Delta Club overflow parking lot near the tennis courts. Limited to five boxes per member. Remember to remove all paper clips, binding materials or similar objects other than staples. This service is provided compliments of Rio Vista Sanitation.



## Concert on the Patio Featuring Jim Anderson and the Rebels

Saturday June 24, 7 p.m., Vista Club Patio ~ \$15

This is one magnificent show that you will not want to miss! Jim Anderson and the Rebels return by popular request, back on the patio once again with their signature Elvis Tribute! These amazing artists headline main stages everywhere performing Elvis, Country and Oldies to the delight of all music fans. Their show is family friendly and crowd favorites of all ages. Bring family, friends, your dance shoes, and favorite refreshments! Sign up early at Member Services, Vista Club.



## Bingo and Concert Switch Nights May Only!

Friday, May 26 Concert on the Patio  
Saturday, May 27 Bingo

Have you ever wished for Bingo on Saturday, or the Concert on Friday? Here's your chance for one month only! In conjunction with the Bingo Club, we are flipping nights which was prompted by return of the amazing group Decades. These performers are going national but are scheduling a special return performance for Trilogy before leaving. With appreciation for the Bingo enthusiasts, we hope this arrangement may offer new opportunities for your enjoyment!

## Instructors Needed!

Can you share your computing know-how with others?

Do you have experience using some of the common computing programs like internet browsing, word processing, spreadsheets, or email? Consider sharing your how-tos with others in an informal setting at the Vista Club's Learning Center. Guru status is not necessary! If you may be interested, please contact Debbie Dorn 707-374-4204 or share your thoughts or questions by email [ddorn@actionlife.com](mailto:ddorn@actionlife.com).

## SHOWCASE YOUR CLUB!

Portions of the Vista Club display case are available for clubs to showcase activity, projects, and promote participation to join your group! Let others know what your group's purpose is about, display items that will tell the story and invite others to join the fun! Include a sign with the club name and contact information on display for those inquiring minds. Displays are rotated on a comfortable schedule to share your story with Trilogy! Those interested in showcasing their club can have the authorized representative sign up at Vista Club Member Services desk. For more information contact Debbie Dorn at email address [ddorn@actionlife.com](mailto:ddorn@actionlife.com). Services desk. For more information contact Debbie Dorn at email address [ddorn@actionlife.com](mailto:ddorn@actionlife.com).

## Trilogy's 4th of July Celebration ~ Free Admission

Monday, July 4, 10:30 a.m. – 2:30 p.m. Delta Club

**Presented by Trilogy and All "Six" Villages!**



Gather friends and family for a grand celebration of America's birthday! We celebrate the 4th of July because that is our Independence Day! It marks the date when our founding fathers signed the Declaration of Independence and announced their secession from Britain. It is shining day in our history that deserves to be remembered. Enjoy the parade, then join us at the Delta Club for the party!

- Parade Around Summerset Drive
- Hot Dogs & Ice Cream Social
- Delta Club DJ Entertainment Poolside

Sign-up sheets for all parade entries, for the Hot Dogs and for the Ice Cream Social are inserted with this *Trilogy Living*. **Deliver your entry/order form with attached check to Box 9 available May 15, located in the hall at the Delta Club. We are also seeking escort drivers!** Additional forms are available at the Vista Club or Box 9 at the Delta Club. Be sure to mark the form if you would like to lend a hand to volunteer with this special occasion. It's fun!



## Clubs and Groups, Help Us Help You! Remember...

- Update Club Applications with club contact and event organizer changes
- Submit completed room reservation forms for special events at least one month in advance
- Effective 2017, tablecloth and skirt fees are due prior to event. Make checks payable to TRVMA and drop off with reservation form at front desk for Debbie Dorn.
- Communicate meeting, event changes as soon as possible, help prevent unnecessary setup and unused blocked rooms.

### Reservation requests: did you know...

The most preferred times and days requested are afternoons Tuesday through Wednesday? Try looking at the other four days of the week, mornings and evenings which are often available

**Questions, contact Debbie Dorn [ddorn@actionlife.com](mailto:ddorn@actionlife.com) or 707-374-4204. Thank you.**

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## Resident Orientations

Resident orientations are offered at 3:30 p.m.  
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**Tuesday May 23rd 10:00am - 12:00pm**  
**The Golf Club at Rio Vista - "Sir Flair's Bar & Grill"**  
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## Jobs at Trilogy

[www.actionlife.com/careers/](http://www.actionlife.com/careers/)  
Click "Search Career Opportunities"

**Community Patrol -**  
**part-time; late-night hours**  
Contact Ed Vitrano  
at [edvitrano@actionlife.com](mailto:edvitrano@actionlife.com)

**Day Porter - part-time**  
**Facility Monitor - part-time**  
Contact Debbie Dorn  
at [ddorn@actionlife.com](mailto:ddorn@actionlife.com)

**Certified Zumba Instructor -**  
**part-time**  
Contact Kathy Erwin  
at [kerwin@actionlife.com](mailto:kerwin@actionlife.com)

### Assessments for the Month:

**Master Association \$128.84,**  
**plus the appropriate Village**  
**Assessment below:**

<b>Village I</b>	<b>\$5.25</b>
<b>Village Oakmont</b>	<b>\$5.20</b>
<b>Olympic Village</b>	<b>\$5.10</b>
<b>Village Riviera</b>	<b>\$5.25</b>
<b>Saddle Rock Village</b>	<b>\$6.00</b>
<b>Eagle Point</b>	<b>\$0</b>
(None until dormancy ends)	

**Note assessment changes**  
**above and contact your**  
**auto-payment provider.**

## The Five Most Common Violations



The five most frequent areas needing attention/maintenance in the community are:

- Faded mailboxes and/or leaning mailbox stands
- Tree limbs overhanging the street or blocking streetlights
- Unkempt lawn and shrubbery
- Trash bins which are not stored in an enclosure or the garage
- Expired guest passes on the street or driveway

If you see the new compliance coordinator in your neighborhood, be sure to say hello! She will be inspecting your community to make sure the property looks top notch. What a thankless job!

## The Drought is Over!

Now that the drought is "officially" over, diligent lawn maintenance is more important than ever. Whether you have mostly turf, or a "40% green" landscape, irrigation is critical. While the City of Rio Vista has not yet lifted its three-day-a-week irrigation limitation, that should be more than enough to keep landscape features alive. The goal is to make sure that all vegetation is green and properly maintained. If your lawn suffered during the drought, now is the time to bring it back to life or replace it. Compliance is mandatory, so please be a good neighbor and participate in the attractive, re-greening of the community. Landscapes are essential to the quality of life in Trilogy by providing areas for visual enjoyment, recreation, and as an enhancement to the environment.

## Amenities Committee

The Amenities Committee has reached a major milestone by creating and submitting, with a unanimous positive committee vote, concept plans for both the existing Design Center and the new fourth building. The Design Center will focus on the health and wellness components of our lifestyle. The concept plan for the new building focuses on meeting the needs and wants of the community as they relate to club, village, and community activities.

Joe Downes has decided not to seek reappointment to the committee, due to other commitments. "I wish the committee members success as they move forward in shaping our amenities future," Joe says. "It has been a real pleasure to work with them." The next committee meeting is 2:30 p.m. Monday, May, 15 in the Diable Ballroom in the Vista Club. More to follow. Joe Downes, past chair, 707-734-7520.

## Emergency Action Committee

You have probably noticed that insect season has arrived! Heavy winter rains will likely cause mosquito infestations to start earlier and be

## **Association Meeting Calendar May 2017**

### **Village Riviera Board**

Thursday, May 4, 6:30 p.m., Marina Room, Delta Club

### **Master Association Board**

Tuesday, May 9, 2 p.m., Diablo Ballroom, Vista Club

### **Village I Board**

Thursday, May 11, 4 p.m., Marina Room, Delta Club

### **Olympic Village Board**

Thursday, May 11, 6:30 p.m., Marina Room, Delta Club

### **Saddle Rock Village Board**

Wednesday, May 17, 6:30 p.m., Rio Vista Room, Delta Club

### **Village Oakmont Board**

Thursday, May 18, 6:30 p.m., Marina Room, Delta Club

### **Eagle Point Board**

Thursday, May 25, 6:30 p.m., Rio Vista Room, Delta Club

### **Administrative Policy Review Committee**

Tuesday May 2 & 16, 6 p.m., Monterey Room, Vista Club

### **Clubhouse Improvements Committee**

Monday, May 8, 3 p.m., River Room, Delta Club

### **Emergency Action Committee**

Tuesday, May 9 and 23, 6 p.m., River Room, Delta Club

### **Council of Village Presidents**

Monday, May 15, 10 a.m., River Room, Delta Club

### **Amenities Committee**

Monday, May 15, 2:30 p.m., Diablo Room, Vista Club

### **Access Committee**

Monday, May 22, 1 p.m., River Room, Delta Club

### **Community Advisory Committee**

Thursday, May 25, 1 p.m., Rio Vista Room, Delta Club

more widespread this year, raising concerns about West Nile Virus and Zika. According to the Solano County Mosquito Abatement Program, standing water found within residential neighborhoods can produce enough adult mosquitoes to bother not only the residents of the home, but of many surrounding homes. Take these simple precautions to prevent this from happening:

- Repair or replace defective faucets or pipes immediately.
- Maintain roof gutters and downspouts clear of debris.
- Flower Pots: Drain excess water or invert if not in use.
- Bird Baths: Change water frequently.
- Lawns: Avoid over-watering. Pay close attention to standing water in irrigation drains around you home. Treat drains with chemicals to eliminate larvae.

The Solano County Mosquito Abatement Program can help if you are dealing with standing water. They can recommend different solutions than a pest control company. Call them at 707-437-1116 or find more helpful information online at <http://www.solanomosquito.com/>.

The Emergency Action Committee is an all-volunteer group of Trilogy residents under the direction of the TRVMA Master Board. We need volunteers who live in Trilogy and care about their neighbors. We hold training meetings at 6 p.m. on the second Tuesday of each month in the River Room at the Delta Club. For more information, call Chair Barry Fraser at 415-407-8529.

## **Eagle Point Village Residents' Club**

Summer is around the corner and we want to remind our residents, old or new, of the many activities scheduled for the upcoming months. Get out your calendars and note the following so you won't miss any of the fun!

On Sunday, April 23, we held our second Annual Meet and Greet Potluck in the Rio Vista Room at the Delta Club. Once again, we had a large attendance, with more great food and happy winners of the 50/50 and raffle auctions. Thank you to everyone for making this annual event such a success.

On Saturday, May 6, Trilogy is holding the first of two semi-annual garage sales. Because this a fundraiser for the Residents' Club, we are asking for donations to sell at this event. A flyer was tubed with all details, including contact information and directions to the drop-off locations

If you are new, the Residents' Club is the activities or social side of our Village. We require funds for the ongoing scheduled events held throughout each year. We also appreciate cash donations at any time. Drop your donations in Box #7 in the Delta Club. Please make your check out to EPVRC or contact Marlene Swieso at 714-317-9688 for further information.



Finally, on Thursday June 8, we are headed for the Golden Gate Fields Turf Club for a day at the horse races. This event is already sold out, but we hope next year, with Eagle Point construction being almost finished, we can hire two buses for another Day at the Races.

## Oakmont Village Residents' Club



Hello Oakmont Village Residents. Some of you may be reading this on or before April 30. If so, please come and meet your neighbors at our first Meet and Greet of the year. It's at the Delta Club on the back patio from 4

– 6 p.m. There will be wine, appetizers, great company—and it's free. Hope to see you there.

We have three events this summer. The first is Oakmont's participation in Trilogy's 4th of July event, which promises to be spectacular. Each year, the five Villages split the responsibilities of putting on the event. This year Oakmont is handling the money for the food orders, turning in the orders to the village that is purchasing the food, and distributing tickets for the food at the event. Cynthia Schroeder has volunteered to create a spreadsheet for the orders. To help with ticket distribution at the event, please come to our next meeting on May 1 (see below). It is really fun to be part of it.

Coming up in August, we will serve liquor for the Drama Club's performance at the Delta Club on August 9, 10, 11, and 12. If you want to be a server, but don't have a license to do so, join the city-sponsored class coming up soon (date TBD, cost \$25). Also, August 20 is our International Pot Luck. We will plan both events at our May and June meetings, so please come and help us.

Oakmont Village Residents Club meets quarterly (March, June, September, December) in the Monterey Room of the Vista Club at 3 p.m. The Oakmont Village Social Committee meets monthly, also at 3 p.m. in the Monterey Room of the Vista Club EXCEPT on the four months that the Residents' Club meets. On those months, the Social Committee meets after the Residents' Meeting.

Our next Social Committee meeting is May 1 at 3 p.m. in the Monterey Room of the Vista Club. Join us and together we can make this year exciting and successful. Anyone who has suggestions or wants to volunteer, please call Ginny Glover at 707- 334-1966 or email her at [ginnyg235@gmail.com](mailto:ginnyg235@gmail.com).

## National USPS Mailbox Week and our first Trilogy Mailbox Week! MAY 15-21, 2017



Time to improve your mailbox and let us know at the Delta Club administrative office – 707-374-4843 – to be entered into a drawing for a \$25 café gift card.

- Is your mailbox leaning?
- Does your mailbox need painting?
- Does the stand need painting?
- Does your mailbox need to be replaced?

**Please make all necessary repairs to your mailbox and keep our neighborhood beautiful. Thank you!**

## Village Oakmont Kare Bears

The Oakmont Kare Bears continue to be busy with new ideas, plans, and, best of all, new members. We welcomed three new members at our March meeting, and continue to have lots of new input and ideas.

We also welcomed a team of employees from the Solano County Area Agency on Aging. They provide expertise and experience helping seniors with resources and the help and information needed in their daily life. A big thanks to them for their time and for sharing these needs. We hope to have more speakers in the future to address questions we have regarding these daily needs and resources.

We still need volunteers to help our neighbors in need, whether it be meals, transportation, help in the home or companionship. Please call Nancy Griffin at 707-320-1329 or Annelie Voit 707 374-4968 if you can help or want more information on what we do and need.

Come to a meeting and see what we are all about. The next Oakmont Kare Bear meeting is Wednesday, May 10, at 10:30 a.m. in the Delta Club. Come early and enjoy coffee and goodies. Hope to see you there!

## Olympic Village Residents' Club

Our first dinner event this year was February 21 at the Delta Club. This was a \$5 gourmet pasta dinner with red and white wine provided. We are planning for two more Residents' Club events for 2017 in June and October. The next dinner event will be a Mexican Fiesta on Thursday, June 8, at the Delta Club from 6 to 8 p.m. You can make your own gourmet chicken and/or beef tacos with all the trimmings. Please put this important date on your cal-

endar. More details will be provided in a house-to-house tubing. For more information or to help plan this event, please contact Joyce Steiner at 408-266-7733.

## Olympic Village Kare Bears

The re-activated Olympic Village Kare Bears provided Area Agency on Aging Serving Napa and Solano (AAOA) paratransit eligibility and transportation information to some of our Olympians. We also provided a wheelchair to a needy person and helped with an Architectural application for a recently handicapped Olympian. Olympic Village Kare Bears is available to all of our residents. If you or a neighbor need help with rides to appointments, home help, and/or meals due to medical reasons, please do not hesitate to call. If you would like to be an Olympic Village Kare Bear or if you need help, please contact Rich Pettijohn at 707-374-3065.

## Village I Residents' Club

May has arrived and it's time for Village One's 4th Annual Cinco de Mayo Celebration, on May 5. The evening's festivities will include a dinner of fajitas or tacos, beans, rice, salad, and dessert by ABC Catering, as well as a no-host bar of beer and margaritas. The event is always fun and festive. The cost is \$16 per person, and proceeds will be split equally between Rio Vista Care and the Rio Vista Food Pantry. Village One residents should have received a flyer in their tube, but we invite all villages. If you have not yet sent in your reservation, check Box 3 at the Delta Club to see if reservations are still open and, if so, to pick up a reservation form.


Village One will again have the delightful task of serving ice cream sundaes at the 4th of July celebration. Last year more than two dozen volunteers served 319 ice cream sundaes! The 45-minute shift was over in a snap, and everyone seemed to have a great time. We are looking for volunteers again this year. Interested?

For more information, contact Don Cooper at 510-909-5049 or email VORC at VillageOneRC@gmail.com.

## Village Riviera Residents' Club

Evening at the Races...no, not Golden Gate Fields...but at the Delta. There's a new game to learn when you arrive for the event. You read the oh-so-clever rhyme last month about Evening at the Races. You saved the date of June 10 for this first-run but very fun event. Now just fill out the form included in your *Trilogy Living*, attach your check for \$20 per person, and put it in Box 4 at the Delta Club. Be prepared to try something different, including a lot of

### Senior Care begins at Home



We are devoted to seniors and the chronically disabled who aren't ready to leave home for an institutional setting.





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laughter and a delicious dinner. You love games? Terrific. You hate games but enjoy laughing? You'll fit right in. The Rio Vista Food Pantry also will benefit with receipt of the canned goods you contribute. It is for sure a "feel good" event. Please review the enclosed flyer for all of the details.

Riviera has come up with both simple and complex events during the years, and we would love ideas from new and old members to help us plan events you would like to see. We meet on the third Thursday of every month, 4 p.m., in the Monterey Room of the Vista Club. If you have questions, just call Myra at 707-374-3660.

## Village Riviera Kare Bears

At our April meeting, we shared fond memories and had a moment of silence for our past chairman, Valerie Krummer, who passed away recently.

A big thank you to all who baked treats and manned the table at our annual bake sale fund raiser on April 8. We took in \$363, which helps us provide flowers, transportation expense, cards, memorial and charitable donations.

At our April meeting, we had a representative from Lira's talk about their home delivery service. If you call before 11 a.m. Tuesday through Friday, they will deliver grocery items, including meals from the deli and meat from the



butcher, the same day. There is a \$25 minimum order and a \$5 delivery fee. Call 707-374-5399, ext. 1.

We also had guests from Oakmont Kare Bears and Eagle Point Residents Committee Helping Hands. We discussed and shared the different ways we all care for and help our neighbors. Riviera and Oakmont have street coordinators, and Eagle Point has two coordinators who receive requests for help. They hope to add more as the number of homes increases. We agreed that we would like to have more people get involved, come to our meetings, and volunteer to help with meals, transportation, and visitation.

If you would like to become more involved in Riviera Kare Bears or learn more about us, come to our next meeting on June 12 at 10 a.m. at the Delta Club. Or join us for coffee and goodies at 9:30.

Remember, if you or a neighbor is in need of assistance because of illness or surgery, please contact your street coordinator or call Gerry at 510-507-4080.

## Saddle Rock Village Residents' Club

On April 25, SRV hosted its Second Annual Spring Tea—a sellout, with 112 guests. The food was delicious with the atmosphere enhanced by the music of pianist Lee Muel-

ler and lovely table decorations that were sold at the end of the tea. Thanks to co-hosts Lydia Winkler and Jorun Hansen and their team of volunteers for organizing this great event.



All SRV residents are welcome to participate on the Activities Committee, which meets on the first Wednesday of each month at 2 p.m. in the Monterey Room, Vista Club. Bring your ideas and become involved in our village social activities.

Our next SRV meeting will be Wednesday, May 17 in the Rio Vista Room, Delta Club. The Executive Board meets at 6:30 p.m. and the Residents' Club meets at 7:30 p.m., followed by social time. Plan to attend to learn what is happening in SRV and Trilogy. We will announce several exciting events in the planning phase at this meeting.

Upcoming events: Red Hawk Casino, Tuesday, June 13; Wine Tasting, Tuesday, June 20; 4th of July Parade; Sacramento State Fair July Event (TBD); Anheuser Busch Tour August Event (TBD); Block Party, Saturday, September 23; Apple Hill Tour Bus Trip, Sunday, October 22; Halloween Party, Tuesday, October 31; "Snowflakes & Satin" Holiday Party, Sunday, December 3, 5:30 - 9 p.m. Don't forget Social in the Park the last Wednesday of each month. Contact Richard Larsen at 707-580-8122

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*(notes from the Master Association, continued from p. 3)*

Cosmetology, had been cancelled inadvertently in 2015. The Board directed the President and the General Manager to complete and submit an application for a new license. Note: The application was submitted and approval was given to continue services.

- The Association water bill was not paid on time due to some processing errors. The late charges, totaling \$964.40, will be paid by Action Property Management.

### **Formation of Contracts**

- An Agreement provided by Allen Schafer, Architect, was reviewed. This Agreement involves the renovation of the Delta Club.
- Director Coleman updated the board on her work with the consultant who is helping develop an RFP for a management company. Interviews will be held later in April with key staff, and board members will be receiving a survey. The project is on schedule.
- President Kohn advised the Board of changes that were requested to the Service Agreement with Association Voice, the proposed website provider.

### **Personnel**

- Applications for Board-appointed Committees were reviewed and the Board agreed to put several names into nomination for approval at the General Session.
- Director Auslen agreed to serve as the Board Liaison to the Access Committee.
- GM Vitrano reviewed the staffing-related changes made in the Member Services department. The Board asked for a report on budgeted versus current staff and shifts.
- President Kohn reviewed the results of the Amenities Committee survey regarding Walking Paths.
- The Board agreed to allow a staff member to rent the Diablo Ballroom for a special event at the Member rate.

### **General Session**

- The Board approved the Service Agreement with Association Voice as amended. GM Vitrano will examine the insurance policy for liability limits related to a website, and a disclaimer will be put on the new website.

- A first reading of a policy related to production clubs (Trilogy Council for the Arts, the VIP Drama Club, and the Theatre Group) was presented. The Board voted to amend the Clubs policy based on: 1) the current Rules and Regulations document regarding club status, and 2) the proposed revisions that relate to the special circumstances regarding these production clubs. This was assigned to the Administrative Policy Review Committee.

- The following appointments were made effective May 1, 2017 for a one-year term except as noted:

- **Amenities Committee:** Lori Azzolino and Richard Pettijohn

- **Administrative Policy Review:** Ron Steiner

- **Eagle Point Board of Directors:** Mark Weiss and Lynn Bratchett

- **Community Advisory Committee:** Isi Mangiben, who for the last few months filled the remaining term of Walt Manos, was appointed to serve a three-year term.

- The Table Tennis Club requested \$2,070 from the Reserve Fund to reimburse them for tables they have already purchased. The Board declined this reimbursement as the appropriate process for purchase of Association items is for the Board to review estimates and authorize purchase in advance. GM Vitrano will investigate reserve funds and recommend new tables to the Board.

- The survey conducted by the Amenities Committee indicated interest by 61% of respondents in Walking Paths with Outdoor Exercise Equipment. The Board assigned research into this option to the Amenities Committee.

- The Board approved an expenditure of \$8,250 plus expenses and a 10% administrative overhead fee for the design, development, and administration of renovations to the Delta Club and to award the work to Allen Schafer, Architect.

- The Board discussed striping tennis courts 3 and 4 for Pickleball. A motion was made, but it was not seconded.

The next meeting of the Board is May 9, 2017 at 2 p.m. in the Diablo Ballroom of the Vista Club. Your attendance always makes it more enjoyable!

## TRIPS AND TOURS

*All trips are operated by an outside company and are not associated with Trilogy Rio Vista Master Association. Trilogy Rio Vista Master Association is not liable for any trips or tours.*



**Ethel Ott  
(Cupcake)  
and  
Eileen Griffin  
(Twinkie)**

**May 13 Golden Gate Fields \$82/pp**  
Enjoy the comfort of the Turf Club while watching classy thorough-breds "run for the money." Finish line seating, gourmet buffet luncheon included.

**Jun. 13 Gamblers' Special - Red Hawk Casino \$30/pp**  
Usual 4/5 hrs of "Stay and Play".  
\$20/ food/gaming package included.

*\*\*\* This trip is almost full - so if we can get another 35+ to sign up, will take a 2nd bus \*\*\**

**Jul. 3 Oakland A's Baseball - Fireworks - Dinner \$ 82/pp**  
Great evening at the ballpark. Fantastic fireworks after the game. We do this outing every year and it has always been a huge success -- even if the A's lose.

**Jul. 21 Craig Smith's San Francisco Tour \$ 89/pp**  
Tour some of San Francisco's neatest/oldest neighborhoods. Enjoy a tasty French Country luncheon at L'Oliver Restaurant. Visit Notre Dame des Victories church. End the day with a visit to the Boudin Bakery/Museum.

**Aug. 19-22 Pageant of the Masters - Solvang - Reagan Library \$860/pp**  
4/days-3/nights. Fabulous package includes hosted dinner and VIP seating at the the Pageant, tours and luncheons at Reagan Library and onboard the

Queen Mary - plus live performance of musical Newsies in Solvang.  
Great trip!!!

**Sept. 19 Gamblers' Special - Jackson Rancheria Casino \$ 30/pp**  
Usual 4/5 hrs. of "Stay and Play".  
\$20/ food /gaming package included.

**Sept. 25 - Oct. 5 10-day Mexican Riviera Cruise (brochure available)**

**Oct. 25 Ethel's Fall Mystery Trip tbd**



For further information and/or sign-ups, call Ethel at 374-7548

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**Kathy Erwin**  
Fitness & Spa Director

### May New Member Fitness Orientations

All new members are required to attend one of our fitness orientations: an informative overview of the fitness facility, its safety rules and to answer any questions you may have. This is also an opportunity to make an appointment for your ROM (range of motion) to get started in the right direction.

#### Next Orientation Dates:

Saturday, May 6 at 11 a.m.

Wednesday, May 17 at 6 p.m.

Saturday, May 27 at 11 a.m.

Start your fitness program with a personalized Range of Motion (ROM) appointment with one of our Personal Trainers to make sure you are properly set up for an effective and safe workout. A Range of Motion is a one-time \$20 fee, you'll have one on one with your trainer and once you are set up, the strength training machines will remember your settings and track your workouts.

## FITNESS SPOTLIGHT

# **RICHARD & MARY McDEVITT**

## A life-changing story



*When the McDevitts lost a combined 225 pounds, Richard was fit enough to carry Mary across the threshold of their new home.*

Richard McDevitt admits that he was never much of an athlete, but his concerns grew six years ago when his weight climbed to 335. His doctor diagnosed his condition as Type 2 diabetes and prescribed various medications, a healthier diet and educational classes.

The treatment worked and he felt better, but Richard wasn't happy with the side effects. His wife, Mary, was unhappy with her weight, which grew to 220 pounds. Together, they began a journey that included a healthier lifestyle, a better diet, and exercise with a personal trainer.

Five days a week they come to the Fitness Center for a 90-minute workout, beginning with 5-10 minutes of cardio work, strength training on free weights and a cable machine, and wind down in the hot tub. They also take occasional aqua or yoga classes.

Is it working? Richard lost 135 pounds in a year and keeps his weight steady between 205-225 pounds. Mary lost 90 pounds and maintains her weight between 130-135 pounds. Their motto: "Today No Meds, No Doctors, No Cholesterol Problems. We are very blessed to come back from where we used to be."

The McDevitts, who have two grown sons, lived in Dublin, CA for 30 years before a friend convinced them to move to Trilogy three years ago. They have owned three homes in their marriage, and their Trilogy home was the first time Richard could carry Mary across the threshold.

Losing pounds and getting healthier has been a long, challenging journey, Richard and Mary say, but today they're absolutely convinced it was worth the "weight."

### **Still not involved in the Biggest Mover contest? What's your delay?**

Get a move on! Cash in with free gifts while you exercise! Sign up at the Vista Club, receive your 12 cards, and start MOVING in the Biggest Mover contest!

### **SPECTACULAR SPRING SKIN CARE PRODUCT SALE!**

Buy one product, get the second (of equal or lesser value) 25% off  
FOR MORE INFO, CONTACT  
MEMBER SERVICES  
May 1-31, 2017



## **GENTLE AQUA** **NEW Specialty Class**

**Session Dates:** June 7 – July 26  
(8 classes)

**Days/Times:** Wednesdays 10-11 a.m.

**Location:** Vista Pool

**Instructor:** Joele

**Fee:** \$35 (Pay at Member Service Desk)

**MUST HAVE 8 PEOPLE REGISTERED TO START**

Gentle Aqua is a gentle movement aqua class for people with arthritis, fibromyalgia, high blood pressure, diabetes or pre/post surgery.

Class includes walking and range of motion stretches for all joints as well as gentle strength training for all major muscle groups. Must be able to get into and out of the pool alone. The pool is equipped with a ramp and railings.

## **Deanna's Yoga Series**

**When:** Saturdays 9:00-10:00am

**Where:** Diablo Ballroom Vista Club or Group Ex Studio

**Dates:** May 27 – July 1, 2017

**Fee:** \$35 (Must pre-register at Member Services Desk)

**Strength - Muscle Tone - Pain Prevention - Better Breathing - Mental Flexibility - Body Awareness - Reducing Back Pain -**

**Calmness - Memory Improvement - Focusing on Back and Shoulder Pain**



**INSTRUCTOR : Deanna Araya**

## **May Aqua Schedule**

Summer is around the corner. Majority of Aqua Classes are held at the Delta outside Pool beginning Monday, May 1 and remain outdoors until October 31

### **Monday**

Advanced Aqua	9-10 a.m.	Delta Pool	Kathy
Aqua Fit	10-11 a.m.	Delta Pool	Denise

### **Tuesday**

Aqua Fit	9:30-10:30 a.m.	Vista Pool	Denise
Advanced Aqua	3-4 p.m.	Delta Pool	Kathy

### **Wednesday**

Aqua Fit	9:30-10:30 a.m.	Delta Pool	Denise
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### **Thursday**

Advanced Aqua	9:30-10:30 a.m.	Delta Pool	Kathy
Aqua Fit	3-4 p.m.	Delta Pool	Denise

### **Friday**

Advanced Aqua	9:30-10:30 a.m.	Delta Pool	Kathy
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**Trilogy**  
at Rio Vista

**TRIOLOGY @ RIO VISTA 374-4200**

**May Spa Specials**



## *Mother's Day Spa Specials*

### *May SPA Package & Gift*

Available for purchase May 1 - 31, 2017

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This relaxing blend will fill the senses and soothe the spirit. Choose to pamper her with 80-minutes of pure delight.

What a great way to show her you love and appreciate all she does.

#### **Your Choice:**

80 min - Aromatic Massage **with a gift.**

~ or ~

80 min - Aromatic Massage and Facial package **with a gift.**

Purchase all SPA services at the Member Services Desk.  
Gifts available at time of purchase while supplies last!

## **Each Package with Gift: \$79**



## 7th Annual Trilogy Triathlon 3-2-1 Saturday, June 17, 2017



### FREE EVENT

Registration opens 8am  
Race start time 8:30am

Delta Pool & Delta Parking Lot  
Start / Finish Line

**REGISTRATION DEADLINE To Receive  
T-SHIRT Day of Event: June 2**

- 3 - LAPS in Pool Swim (Delta Pool)
- 2 - LAPS on Bike (around Summerset)
- 1 - LAP Run or Walk (around Summerset)



T-shirts &  
Goody Bags  
to all  
participants!



**SIGN UP TODAY at Vista Club  
Members Service Desk!**  
Sign up Individually or as a 2 or  
3 person team.

VOLUNTEERS NEEDED  
PLEASE SIGN UP AT MEMBER SERVICES

## FREE Naturopathy Talk

With Kimberly Gilmore, ND



Natural Solutions for  
Diabetes Prevention and  
to Balance Blood Sugar,  
May 17, 12 p.m., Dr.  
Kimberly Gilmore. Free  
talk/Q&A to learn about  
diabetes prevention and  
ways to balance blood  
sugar using nutrition and  
lifestyle medicine.

**Date: May 17**

**Where: Monterey Room**

**When: 12-1 p.m.**

**Please register for this free event at  
Member Services Desk**

## Personal Trainer on Floor for May

Wednesday, May 3, 10 & 17 from 9:45-10:45 a.m.

Meet Personal Trainer Pat Puryear



Do you have a question about how to work out or use the fitness equipment at the Vista Club Fitness Center? Ask our "Personal Trainer on Duty" and get tips from a trained professional—at no extra cost to you! You can find our Personal Trainer on Duty in the Fitness Center at certain peak times. Every month will be a different trainer and a day/different time for that given month.

You have a goal: Get your body in better shape, or go to the next level of fitness. Where to start? The Vista Club Fitness Center has certified personal trainers who know how to help you get the best results out of your workout. They can lead you on your quest to gain energy, increase endurance and strength, lose weight or sculpt your body, and just feel better about yourself. Did you suffer an injury?

Our certified personal trainers can help you recover. You can get help no matter your age or your current condition. Personal trainers work with you to set appointments that fit your schedule. Package rates also are available.

**To schedule an appointment call 374-4200  
or email [kerwin@actionlife.com](mailto:kerwin@actionlife.com)**

## Acupuncture

Charles Peri, Doctor of Oriental Medicine

Initial visit \$120

Acupuncture Follow Up \$90

6 Acupuncture Treatments  
(\$80 each) \$480

12 Acupuncture Treatments  
(\$70 each) \$840



Initial Visits up to 60 minutes

Follow-up visits up to 45 minutes

Packages must be paid in full

No initial visit fee if package is purchased  
(\$40 to \$50 savings)

## Get ready for fun times at the Delta Club Pool & BBQ!

**Delta pool Facility Monitors begin partial May staffing to assist during Family Swim Time and the Fitness Aqua Classes begin May 1!**

### DELTA & VISTA SWIMMING POOL & SPA RULES

The Vista and Delta Clubs' swimming pool and spa are reserved for the exclusive use of Residents and their guests. Please observe these rules.



*Facility Monitors: Laura Larski, Debbie Dorn (Activities Director), Hazel Weathersby, Ron Kott, Michele Nadler, Doug Eaton, Linda Avery, and Karolyn Kropacek*

1. All visitors **must be accompanied by a Resident** at all times while at the pool.
2. Pool hours will be posted at the pool. Sign in upon arrival at the Delta Club pool during family swim time which is 11:00 a.m. to 3:00 p.m. (for guests under the age of 18). Guests under the age of 18 should exit the pool area by 3:15. The Delta pool area includes anything within the fence.
3. **There is NO LIFEGUARD on duty.** Residents and guests use the facility at their own risk.
4. Please Shower before entering the pool or spa.
5. No diving or jumping from the edge of the pool is allowed.
6. Please keep gates and doors to the Delta pool and facilities locked at all times.
7. Swim suits are required. No cut-offs or other street clothing is allowed in the pools or spas.
8. Diapers are not allowed in the pools or spas. Any person who is incontinent is not allowed in the pools and spas.
9. Persons with skin infections, open wounds or a communicable disease may not enter the pool or spa. No adhesive bandages are allowed in the pool or spa.
10. Long hair must be gathered in a ponytail or worn under a bathing cap.
11. Children who are unable to swim must be supervised by an adult who will remain within arm's reach at all times the child is in or near the water.
12. Due to safety and health reasons, children under the age of 14 are not allowed in the spa.
13. For your safety and the safety of others, **NO GLASS CONTAINERS** of any kind are permitted in the pool area.
14. Cooking is permitted in the Delta Club's barbecue area only.
15. Boisterous, rowdy, or inappropriate behavior is not allowed in the pool area.
16. NO PETS are allowed in the pool or pool area at any time, with the exception of a certified "service" dog.
17. Protect poolside furniture from suntan oils and body lotions by covering with a towel before sitting down.
18. Flotation devices and other items may only be used in such a way that they do not interfere with other pool users.
19. Smoking is prohibited in the pool areas.

**In order to preserve the safety of all those who enjoy the pool facilities, the Master Association of Trilogy reserves the right to refuse access to any person creating a nuisance or who poses a danger to themselves or others. Please be responsible in all pool activities.**

Key  
**Bold = New/Change**  
(B)eginning  
(I)ntermediate  
(A)dvanced

TrilogyLiving

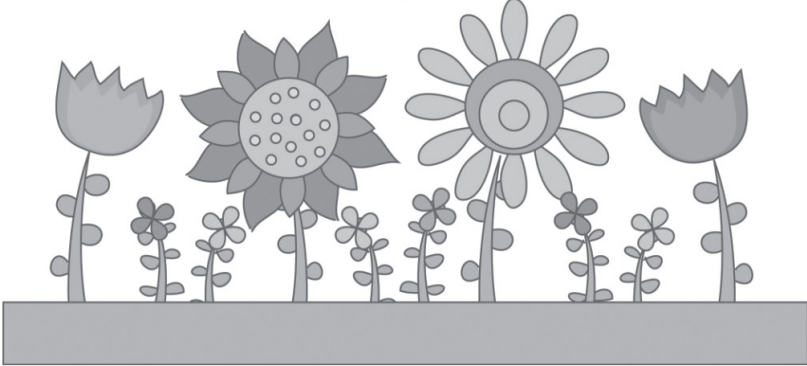
Fitness Class Schedule for May 2017

**CLASS LOCATIONS**  
(GX) Group Exercise Studio  
(DB) Diablo Ballroom  
(VP) Vista Pool  
(DP) Delta Pool  
(RV) Rio Vista Room–Delta  
(SR) Sonoma Room-Vista  
(FC) Fitness Center

Trilogy Fitness Punch Card Choices—All classes require one of three card choices: a blue 20-punch for \$70, a yellow 10-punch for \$35 or an Unlimited Monthly Punch Card for \$85 that is color coded differently each month so you can attend as many classes as you want. Get your cards at Member Services. Please call Fitness & Spa Director Kathy Erwin at 707-734-4205 if you have questions. All classes are held in the Vista Group Exercise Studio unless otherwise noted. Most AQUA Classes move outdoors to the Delta Pool beginning May 1, and continue through the end of October.

Last Month’s Punch Card Raffle Winner: **Carole Hart & Susan Prince**

**May Fitness Orientations: Sat., May 6 at 11 a.m., Wed., May 17 at 6 p.m., Sat., May 27 at 11 a.m.**  
**If you plan to make a (ROM) Range of Motion appointment for a later date, please bring a \$20 check with you to the orientation. Thank you!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> 8:30-9:30am WOW-TABATA-TABATA (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) <b>(DP)</b> Kathy 10-11am Aqua Fit (B) <b>(DP)</b> Denise 9:45-10:45am Wake-up and Move (B/I) (RV) /Pat 10-10:45am Core Balance and Standing Abs (B) (GX) Sharon 10-11am Meditation Breathing (B) (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sharon 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sharon 4-5pm Stretch and Flex (B/I) (GX) Tammy 6:30-7:30 Yoga/Pilates (B/I) (GX or DB) Deanna	<b>2</b> 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Myofascial Release Stretch (B) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 10-11am Beginning Pilates (B/I) (GX) Joele 11-12pm Sit & Get Fit (B) (GX) Joele 12-1pm Fitness Friends (B) (GX) Joele <b>3-4pm Advanced Aqua (B/I/A) (DP) Kathy</b>	<b>3</b> 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9:30-10:30am Aqua Fit (B) <b>(DP)</b> Denise <b>9:30-10am Dancercise (B/I) (GX) Joele</b> 10-11:30am Hot ZUMBA (I/A) (GX) <b>Sharon</b> 6:30-7:30pm Balance Ball (GX) Deanna	<b>4</b> 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Myofascial Release Stretch (B) (GX) Joele 9-10am Tai Chi (B/I) (GX) Lillian 9:30-10:30am Advanced Aqua (B/I/A) <b>(DP)</b> Kathy 11-12pm Sit & Get Fit (B) (GX) Joele 12-1pm Fitness Friends (B) (GX) Joele <b>3-4pm Aqua Fit (B/I) (DP) Denise</b>	<b>5</b> 7-8am Early Yoga (B) (DB) Tammy 8:30-9:30pm WOW-TABATA-BOOM (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna <b>9:30-10:30am</b> Advanced Aqua (B/I/A) <b>(DP)</b> Kathy 10-10:45am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Balance Ball (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie	<b>6</b> 8-9am Step Aerobics (GX) Pat 10:15am-11:45am ZUMBA Power (GX) <b>Sharon</b>
<b>8</b> 8:30-9:30am WOW-TABATA-TABATA (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) <b>(DP)</b> Kathy 10-11am Aqua Fit (B) <b>(DP)</b> Denise 9:45-10:45am Wake-up and Move (B/I) (RV) /Pat 10-10:45am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Meditation Breathing (B) (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie 4-5pm Stretch and Flex (B/I) (GX) Tammy 6:30-7:30 Yoga/Pilates (B/I) (GX or DB) Deanna	<b>9</b> 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Myofascial Release Stretch (B) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 10-11am Beginning Pilates (B/I) (GX) Joele 11-12pm Sit & Get Fit (B) (GX) Joele 12-1pm Fitness Friends (B) (GX) Joele <b>3-4pm Advanced Aqua (B/I/A) (DP) Kathy</b>	<b>10</b> 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9:30-10:30am Aqua Fit (B) (VP) Denise <b>9:30-10am Standing Stretch Flow (B/I) Joele (May 10 &amp; 24)</b> 10-11:30am Hot ZUMBA (I/A) (GX) <b>Sharon</b> 6:30-7:30pm Balance Ball (GX) Deanna	<b>11</b> 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Myofascial Release Stretch (B) (GX) Joele 9-10am Tai Chi (B/I) (GX) Lillian 9:30-10:30am Advanced Aqua (B/I/A) <b>(DP)</b> Kathy 11-12pm Sit & Get Fit (B) (GX) Joele 12-1pm Fitness Friends (B) (GX) Joele <b>3-4pm Aqua Fit (B/I) (DP) Denise</b>	<b>12</b> 7-8am Early Yoga (B) (DB) Tammy 8:30-9:30pm WOW-TABATA-BOOM (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna <b>9:30-10:30am</b> Advanced Aqua (B/I/A) <b>(DP)</b> Kathy 10-10:45am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Balance Ball (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie	<b>13</b> 8-9am Step Aerobics (GX) Pat <b>10:15am-11:45am ZUMBA Power (GX) Sophie</b>
<b>15</b> 8:30-9:30am WOW-TABATA-TABATA (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) <b>(DP)</b> Kathy 10-11am Aqua Fit (B) <b>(DP)</b> Denise 9:45-10:45am Wake-up and Move (B/I) (RV) /Pat 10-10:45am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Meditation Breathing (B) (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie 4-5pm Stretch and Flex (B/I) (GX) Tammy 6:30-7:30 Yoga/Pilates (B/I) (GX or DB) Deanna	<b>16</b> 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Myofascial Release Stretch (B) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 10-11am Beginning Pilates (B/I) (GX) Joele 11-12pm Sit & Get Fit (B) (GX) Joele 12-1pm Fitness Friends (B) (GX) Joele <b>3-4pm Advanced Aqua (B/I/A) (DP) Kathy</b>	<b>17</b> 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9:30-10:30am Aqua Fit (B) <b>(DP)</b> Denise <b>9:30-10am Dancercise (B/I) (GX) Joele</b> 10-11:30am Hot ZUMBA (I/A) (GX) Prescy 6:30-7:30pm Balance Ball (GX) Deanna	<b>18</b> 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Myofascial Release Stretch (B) (GX) Joele 9-10am Tai Chi (B/I) (GX) Lillian 9:30-10:30am Advanced Aqua (B/I/A) <b>(DP)</b> Kathy 11-12pm Sit & Get Fit (B) (GX) Joele 12-1pm Fitness Friends (B) (GX) Joele <b>3-4pm Aqua Fit (B/I) (DP) Denise</b>	<b>19</b> 7-8am Early Yoga (B) (DB) Tammy 8:30-9:30pm WOW-TABATA-BOOM (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna <b>9:30-10:30am</b> Advanced Aqua (B/I/A) <b>(DP)</b> Kathy 10-10:45am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Balance Ball (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie	<b>20</b> 8-9am Step Aerobics (GX) Pat 10:15am-11:45am ZUMBA Power (GX) <b>Sophie</b>
<b>22</b> 8:30-9:30am WOW-TABATA-TABATA (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) <b>(DP)</b> Kathy 9:45-10:45am Wake-up and Move (B/I) (RV) /Pat 10-10:45am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Meditation Breathing (B) (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie 4-5pm Stretch and Flex (B/I) (GX) Tammy 6:30-7:30 Yoga/Pilates (B/I) (GX or DB) Deanna	<b>23</b> 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Myofascial Release Stretch (B) (GX) Joele 10-11am Beginning Pilates (B/I) (GX) Joele 11-12pm Sit & Get Fit (B) (GX) Joele 12-1pm Fitness Friends (B) (GX) Joele <b>3-4pm Advanced Aqua (B/I/A) (DP) Kathy</b>	<b>24</b> 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) <b>9:30-10am Standing Stretch Flow (B/I) Joele</b> 10-11:30am Hot ZUMBA (I/A) (GX) Prescy 6:30-7:30pm Balance Ball (GX) Deanna	<b>25</b> 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Myofascial Release Stretch (B) (GX) Joele 9-10am Tai Chi (B/I) (GX) Lillian 9:30-10:30am Advanced Aqua (B/I/A) <b>(DP)</b> Kathy 11-12pm Sit & Get Fit (B) (GX) Joele 12-1pm Fitness Friends (B) (GX) Joele <b>3-4pm Aqua Fit (B/I) (DP) Denise</b>	<b>26</b> 7-8am Early Yoga (B) (DB) Tammy 8:30-9:30pm WOW-TABATA-BOOM (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna <b>9:30-10:30am</b> Advanced Aqua (B/I/A) <b>(DP)</b> Kathy 10-10:45am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Balance Ball (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie	<b>26</b> 8-9am Step Aerobics (GX) Pat 10:15am-11:45am ZUMBA Power (GX) <b>Sophie</b>
<b>29</b> 8:30-9:30am WOW-TABATA-TABATA (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) <b>(DP)</b> Kathy 9:45-10:45am Wake-up and Move (B/I) (RV) /Pat 10-10:45am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Meditation Breathing (B) (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie 4-5pm Stretch and Flex (B/I) (GX) Tammy 6:30-7:30 Yoga/Pilates (B/I) (GX or DB) Deanna	<b>30</b> 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Myofascial Release Stretch (B) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 10-11am Beginning Pilates (B/I) (GX) Joele 11-12pm Sit & Get Fit (B) (GX) Joele 12-1pm Fitness Friends (B) (GX) Joele <b>3-4pm Advanced Aqua (B/I/A) (DP) Kathy</b>	<b>31</b> 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9:30-10:30am Aqua Fit (B) <b>(DP)</b> Denise <b>9:30-10am Dancercise (B/I) (GX) Joele</b> 10-11:30am Hot ZUMBA (I/A) (GX) Prescy 6:30-7:30pm Balance Ball (GX) Deanna			

**Specialty Classes are not on the Fitness Calendar. Please look for their Flyers at both Clubhouses:**  
Aging Backwards • Continuation Intro to Yoga • Balance N Motion • The Practice of Meditation • Gentle Aqua

May 2017 Club and Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> 8am Social Tennis 9am Shibori Shirt Workshop (D) 9:30am Walk & Talk (V) 10am Saddle Rock ARC (V) 10:30am Garden Club Planning (D) 12pm Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) 12:30pm Mah Jongg (V) 1pm TAG Monthly (D) 2:30pm Pickleball (courts 1 & 2) 3pm Guitar Club (V) 3pm Oakmont Village RC Social Com (V) 5pm Whist Planning (V) 6pm Soul Line Dancing (D) 6pm Theater Group Rehearsals (V) 6pm Poker (D) 6:30pm Game Night (V)	<b>2</b> 8am Social Tennis 8:30am Radio Club (V) 9:30am Women's 9-Hole Golf 10am Coffeehouse Players (V) 10:30am Country Line Dancing (D) 11am Pickleball (courts 1 & 2) 11:30am TRVMEN Golf 12pm Watercolor Painting–Beg (D) 12:15pm Hand & Foot Canasta (V) 12:30pm Dominoes (D) 2:30pm Theater Group Acting Academy (V) 4pm Horseshoe Pit Play (Brockton Park) 4:15pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai-chi & Yuan-chi (V) 5:30pm Couples Canasta (D) 6pm–8pm Administrative Policy Committee (V) 6:30pm Religions of the World (D)	<b>3</b> 8am TOPS (D) 8am Social Tennis 8:30am Sr. Men's Golf 9:30am Bridge Lessons (V) 9:30am Men's Fellowship (D) 9:30am Walk & Talk (V) 10am Stained Glass (D) 11am Ukulele Club (V) 11am Horseshoes (Brockton Park) 11am Pickleball (courts 1 & 2) 12:30pm Fat Quarters Quilters (D) 1pm Village Riviera ARC (D) 1:30pm Jazz Band (V) 2pm Card Design Class (D) 2pm Saddle Rock RC Social Com (V) 4:30pm Table Tennis (D) 4:30pm Soul Line Dancing (V) 6pm Theater Group Rehearsals (V) 7pm Billiard Club Membership (V) 7pm Square Dance (D)	<b>4</b> 8am Social Tennis 8:30am Women's 18-Hole Golf <b>9am Eagle Point Village ARC (D)</b> 9:30am Ceramics (D) 9:30am Women's Fellowship (V) 11am Pickleball (courts 1 & 2) 12:15pm Ponytail Canasta (V) 1pm Good Samaritans (D) 2pm Genealogy Club (V) 2:30pm Theater Group Acting Academy (D) 5pm Tai-chi for Beginners (V) 5pm Table Tennis (D) 6pm Yuan-chi & Fan Dance (V) 6pm Pinochle (V) <b>6pm Village Riviera BOD (D)</b> <b>6:30pm Village Riviera HOA (D)</b> 7pm Photography Club (V) 7pm Ballroom Dance-Adv (V) 8pm Ballroom Dance-Beg (V)	<b>5</b> 8am Social Tennis 8:50am Cycling Club (Delta Parking Lot) 9am Model Club (V) 9:30am Walk & Talk (V) 10am Rubber Stamp Card Making (D) 10:30am Country Line Dancing (D) 11am Book Club: 66 Bible Books (V) 11am Pickleball (courts 1 & 2) 12pm Watercolor Painting–Adv (D) 12:15pm Friday Bridge (V) 1pm American-Asian Social Club (V) <b>6pm VORC-Cinco de Mayo Dinner (D)</b> 6pm Joy Luck Mah-Jongg (V)	<b>6</b> 8am Motorcycle Club (Off-site) <b>9am – 3pm Community Garage Sale</b> 9am Model Club–Garden Railway (V) 9am Table Tennis (D) 9:30am Hiking Club (V) 6pm Texas Hold'em/ Omaha Poker (D)
<b>7</b> <b>Mother's Day</b> 10pm Produce Market (D) 6pm Singles Club (D)	<b>8</b> 8am Social Tennis <b>9am Olympic Village ARC (V)</b> 9:30am Walk & Talk (V) 10am Village Oakmont ARC (V) 12pm Open Painting (D) 12pm Duplicate Bridge (V) 12:30pm Rip, Stitch & Bitch (V) <b>2pm TRVMA Executive Session (V)</b> 2:30pm Pickleball (courts 1 & 2) <b>3pm Club Improvement Committee (V)</b> 5pm Whist Planning (V) 6pm Soul Line Dancing (D) 6pm Poker (D) 6pm Theater Group Rehearsals (V) 6:30pm Game Night (V) 7pm Model Club-RC Aircraft (D)	<b>9</b> 8am Social Tennis 8:30am Radio Club (Offsite) 9:30am Women's 9-Hole Golf 10:30am Book Club (V) 10:30am Country Line Dancing (D) 11am Pickleball (courts 1 & 2) 11:30am TRVMEN Golf 12pm Cooking Club (D) 12pm Watercolor Painting–Beg (D) 12:15pm Hand & Foot Canasta (V) <b>2pm TRVMA Board Mtg (V)</b> 2:30pm Theater Group Acting Academy (V) 4:15pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai-chi & Yuan-chi (V) <b>7pm Emergency Action Com (D)</b>	<b>10</b> 8am Social Tennis 8am TOPS (D) 8:30am Sr. Men's Golf 9:30am Bridge Lessons (V) 9:30am Men's Fellowship (D) 9:30am Walk & Talk (V) <b>10am Computer Class-Computer Basics (V)</b> 10am Village Oakmont Kare Bears (D) 10am Stained Glass (D) 11am Horseshoes (Brockton Park) 11am Ukulele Club (V) 11am Pickelball (courts 1 & 2) 12:30pm Fat Quarters Quilters (D) <b>12:30pm Computer Class-Windows 10 (V)</b> 1:30pm Jazz Band (V) 2pm Card Design/Special iPhoneography Class (D) 4:30pm Table Tennis (D) 4:30pm Soul Line Dancing (V) 6pm Theater Group Rehearsals (V) 6:30pm Nature Club (V) 7pm Square Dance (D)	<b>11</b> 8am Social Tennis 8:30am Women's 18-Hole Golf 9am Blood Pressure Check (D) 9:30am Ceramics (D) 9:30am Women's Fellowship (V) 10am Council for the Arts (V) 11am Pickleball (courts 1 & 2) 12:15pm Ponytail Canasta (V) 1pm Garden Club (V) 1pm Good Samaritans (D) 2:30pm Theater Group Acting Academy (D) 3:30pm Village 1 BOD (D) <b>4pm Village I HOA (D)</b> 5pm Table Tennis (D) 5pm Tai-chi for Beginners (V) 6pm Pinochle (V) 6pm Yuan-chi & Fan Dance (V) <b>6pm Olympic Village BOD (D)</b> <b>6:30pm Olympic Village HOA (D)</b> 7pm Ballroom Dance-Adv (V) 8pm Ballroom Dance-Beg (V)	<b>12</b> 8am Social Tennis 8:50am Cycling Club (Delta Parking Lot) 9:30am Walk & Talk (V) 10am Rubber Stamp Card Making (D) 10:30am Country Line Dancing (D) 11am Book Club: 66 Bible Books (V) 11am Pickleball (courts 1 & 2) 12pm Watercolor Painting–Adv (D) 12:15pm Friday Bridge (V) 2pm Guitar Club Beg Workshop (V) 7pm Bunco (D)	<b>13</b> 8:30am Hiking Club (V) 9am Model Club–Garden Railway (V) 9am Table Tennis (D) <b>9am Shredding Service-Delta Overflow Parking Lot</b> 6pm Texas Hold'em/ Omaha Poker (D) <b>7pm Live in Concert: David Klinkenberg (V)</b>
<b>14</b>	<b>15</b> 8am Social Tennis 9:30am Walk & Talk (V) <b>10am HOA Joint ARC (V)</b> <b>10am Council of Village Presidents (D)</b> 12pm Open Painting (D) 12:30pm Mah Jongg (V) 12:30pm Rip, Stitch & Bitch (V) <b>2:30pm Amenities Com (V)</b> 2:30pm Pickleball (courts 1 & 2) 3pm Guitar Club (V) 5pm Whist Planning (V) 6pm Soul Line Dancing (D) 6pm Poker (D) 6pm Theater Group Rehearsals (V) 6:30pm Game Night (V) 7pm Fishing Club (D) 7pm Hiking Club (V)	<b>16</b> 8am Social Tennis 8:30am Radio Club (V) 9am Garden Club Workshop (D) 9:30am Women's 9-Hole Golf <b>10am Saddle Rock ARC (V)</b> 10:30am Country Line Dancing (D) 11am Pickleball (courts 1 & 2) 11:30am TRVMEN Golf 12pm Watercolor Painting–Beg (D) 12:15pm Hand & Foot Canasta (V) 12:30pm Dominoes (V) 4:15pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai-chi & Yuan-chi (V) 5:30pm Couples Canasta (V) 6pm–8pm Administrative Policy Committee (V)	<b>17</b> 8am Social Tennis 8am TOPS (D) 8:30am Sr. Men's Golf 9:30am Bridge Lessons (V) 9:30am Men's Fellowship (D) 9:30am Walk & Talk (V) 10am Stained Glass (D) <b>10am Computer Class-Windows 10 (V)</b> <b>10am Village Riviera ARC (D)</b> <b>11am Ask a Board Member (V)</b> 11am Horseshoes (Brockton Park) 11am Ukulele Club (V) 11am Pickleball (courts 1 & 2) <b>12:30 pm Computer Class-Pictures Workshop (V)</b> 12:30pm Fat Quarters Quilters (D) 1:30pm Jazz Band (V) 2pm Card Design/Special iPhoneography Class (D) 4:30pm Table Tennis (D) 4:30pm Soul Line Dancing (V) 6pm Theater Group Rehearsals (V) <b>6pm Saddle Rock Village BOD (D)</b> <b>6:30pm Saddle Rock Village HOA (D)</b> 6:30pm Soul Line Dancing (D) 7pm Square Dance (V) 7:30pm Saddle Rock Village RC (D)	<b>18</b> 8am Social Tennis 8:30am Women's 18-Hole Golf <b>9am Eagle Point ARC (D)</b> 9:30am Ceramics (D) 9:30am Women's Fellowship (V) 10:30am Eagle Point RC, Social & Helping Hands (V) 11am Pickleball (courts 1 & 2) 12:15pm Ponytail Canasta (V) 1pm Good Samaritans (D) 2pm Genealogy Workshop (V) 2:30pm Theater Group Acting Academy (D) 4pm Village Riviera RC (V) 5pm Table Tennis (D) 5pm Tai-chi for Beginners (V) 6pm Yuan-chi & Fan Dance (V) 6pm Pinochle (V) <b>6pm Village Oakmont BOD (D)</b> <b>6:30pm Village Oakmont HOA (D)</b> <b>7pm Computer Class-Creat, Find &amp; Work with Files (V)</b> 7pm Ballroom Dance-Adv (V) 8pm Ballroom Dance-Beg (V)	<b>19</b> 8am Social Tennis 8:50am Cycling Club (D) 9:30am Walk & Talk (V) 10am Rubber Stamp Card Making (D) 10:30am Country Line Dance (D) 11am Book Club: 66 Bible Books (V) 11am Pickleball (courts 1 & 2) 12pm Watercolor Painting–Adv (D) 12:15pm Friday Bridge (V) 2pm Writers Club (V) 6pm Joy Luck Mah-Jongg (V) 7pm Whist Club (D) <b>7pm Karaoke – Spontaneous Fun (V)</b>	<b>20</b> 8 am – 11am Trilogy Team Tennis 8:30am Hiking Club (V) 9am Model Club–Garden Railway (V) 9am Table Tennis (D) 4pm Community Connection, Meet & Greet (D) 6pm Texas Hold'em/ Omaha Poker (D)
<b>21</b> 10am Produce Market (D) 6pm Singles Club (D) 7pm Dance Club-Boogie Aces (V)	<b>22</b> 8am Social Tennis 9am Olympic Village ARC (V) 9:30am Walk & Talk (V) <b>10am Village Oakmont ARC (V)</b> 10am EPRC Board Meeting (V) 12pm Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) <b>1pm Access Com (D)</b> 2:30pm Pickleball (courts 1 & 2) <b>3pm Clubhouse Improvements Committee (V)</b> 5pm Whist Planning (V) 6pm Poker (D) 6pm Soul Line Dancing (D) 6pm Theater Group Rehearsals (V) 6:30pm Game Night (V) 7pm Havurah Friends (V)	<b>23</b> 8am Social Tennis 8:30am Radio Club (V) 9:30am Women's 9-Hole Golf 10:30am Country Line Dancing (D) 11am Pickleball (courts 1 & 2) 11:30am TRVMEN Golf 12pm Watercolor Painting–Beg (D) 12:15pm Hand & Foot Canasta (V) 12:30pm Dog Club (D) 4:15pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai-chi & Yuan-chi (V) 7pm Drama Play Rehearsal (D) <b>7pm Emergency Action Com (D)</b>	<b>24</b> 8am Social Tennis 8am TOPS (D) 8:30am Sr. Men's Golf 9:30am Bridge Lessons (V) 9:30am Men's Fellowship (D) 9:30am Walk & Talk (V) 10am Stained Glass (D) 11am Ukulele Club (V) 11am Horseshoes (Brockton Park) 11am Pickleball (courts 1 & 2) 12:30pm Fat Quarters Quilters (D) 1:30pm Jazz Band (V) 2pm Card Design/Special iPhoneography Class (D) 4:30pm Table Tennis (D) 4:30pm Soul Line Dance (V) 6pm Singles Club (V) 6pm Theater Group Rehearsals (V) 7pm Square Dance (D)	<b>25</b> 8am Social Tennis 8:30am Women's 18-Hole Golf 9:30am Ceramics (D) 10am Women's Fellowship (V) 11am Pickleball (courts 1 & 2) 12:15pm Ponytail Canasta (V) <b>1pm Com Adv Com (D)</b> 1pm Good Samaritans (D) 2pm Community Connections (V) 2:30pm Theater Group 5pm Table Tennis (D) 5pm Tai-chi for Beginners (V) 6pm Yuan-chi & Fan Dance (V) 6pm Eagle Point Village BOD (D) <b>6:30pm Eagle Point Village HOA (D)</b> 6pm Pinochle (V) 7pm Theater Group (D) 7pm Ballroom Dance-Adv (V) 7:30pm Eagle Point RC (D) 8pm Ballroom Dance-Beg (V)	<b>26</b> 8am – 11am Trilogy Team Tennis 8:50am Cycling Club (D) 9:30am Walk & Talk (V) 10am Rubber Stamp Card Making (D) 10:30am Country Line Dance (D) 11am Pickleball (courts 1 & 2) 11am Book Club: 66 Bible Books (V) 12pm Watercolor Painting–Adv (D) 12:15pm Friday Bridge (V) 2pm Guitar Club-Beginners Workshop (V) 3:30pm Shibori Workshop Prep (D) <b>7pm Concert on the Patio-Decades (V)</b>	<b>27</b> 8:30am Hiking Club (V) 8:30am – 4pm Shibori Shirt Workshop (D) 9am Model Club–Garden Railway (V) 9am Table Tennis (D) 6pm Texas Hold'em / Omaha Poker (D) 6:30 pm Bingo (D)
<b>28</b> 8:30am – 4pm Shibori Shirt Workshop (D) 10am Produce Market (D) 6pm Theater Group Rehearsals (V)	<b>29</b> 8am Social Tennis 9:30am Walk & Talk (V) 12:30pm Rip, Stitch & Bitch (V) 12:30pm Mah Jongg (V) 2:30pm Pickleball (courts 1 & 2) 6pm Poker (D) 6:30pm Game Night (V) 6pm Soul Line Dancing (D) 6pm Theater Group Rehearsals (V)	<b>30</b> 8am Social Tennis 8:30am Radio Club (V) 9:30am Women's 9-Hole Golf 10:30am Country Line Dancing (D) 11am Pickleball (courts 1 & 2) 11:30am TRVMEN Golf 12pm Watercolor Painting–Beg (D) 12:15pm Hand & Foot Canasta (V) 4:15pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai-chi & Yuan-chi (V) 6pm Theater Group Rehearsals (V) 7pm Drama Club Rehearsal/ Membership (D)	<b>31</b> 8am Social Tennis 8am TOPS (D) 8:30am Sr. Men's Golf 9:30am Bridge Lessons (V) 9:30am Men's Fellowship (D) 9:30am Walk & Talk (V) 10am Stained Glass (D) 11am Ukulele Club (V) 11am Horseshoes (Brockton Park) 11am Pickleball (courts 1 & 2) 12:30pm Fat Quarters Quilters (D) 1:30pm Jazz Band (V) 2pm Card Design Class/ Open Painting (D) 4:30pm Table Tennis (D) 6pm Theater Group Rehearsals (V) 7pm Square Dance (D)			

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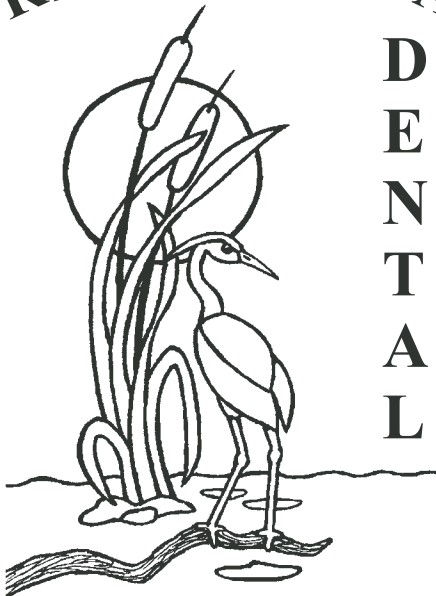


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## Billiards



The next Billiards Club meeting is Wednesday, May 3 at 7 p.m. in the Monterey Room at the Vista Club. Tournaments are every Tuesday at 5 p.m. We play 8-ball or

9-ball, depending on the week of the month. We hosted the Pinole Senior Center group on March 25. They were playing a little better than us and won 39 games to 21 games. We had a good time playing with our friends. Club Officers: President Al Bergoust, VP Mike Quihuiz, Treasure Jack Clark, Secretary Victoria Munoz, Membership chair Dave Stewart. Recent winners:

### March 7, 8-Ball

1<sup>st</sup> Richard Gutierrez  
2<sup>nd</sup> Geno Tascano  
3<sup>rd</sup> Lee Durham

### March 14, 9-Ball

1<sup>st</sup> Mike Quihuiz  
2<sup>nd</sup> Gene Ivy  
3<sup>rd</sup> Al Bergoust

### March 21, 8-Ball

1<sup>st</sup> Geno Tascano  
2<sup>nd</sup> Al Bergoust  
3<sup>rd</sup> Al Banga

### March 28, 8-Ball Partners

1<sup>st</sup> Al Bergoust-Diego Cassone  
2<sup>nd</sup> Geno Tascano-Jim Rosteck  
3<sup>rd</sup> Gene Ivy- Al Banga

For information regarding the Billiards Club, contact Al Bergoust at 707-374-2436 or alhelenb@aol.com.

## Bocce

Spring time and bocce time have arrived. The club has set another milestone with 51 teams playing league bocce, April into September. There are 29 teams, with 290 residents playing in the morning, and 22 teams with 230 residents playing at night. A few residents pay to play in both leagues. The morning league plays Tuesday through Friday at 9 a.m., and the night league plays Monday through Thursday at 5 p.m. You can see the full schedule posted on the club bulletin boards, plus other information related to the league and club. The Bocce board thanks the 25-plus members who worked on the oyster flour project in late March. We also extend a special thank you to the HOA maintenance staff for their involvement. We incorporated oyster flour into the courts to improve the quality of the court surface. We ask that all teams follow the posted court grooming protocol to ensure the integrity of the surface. Remember to roll often, throw straight, and have fun. That's what it's all about. For more information, contact Joe Downes 707-374-7520.

## Book



The Book Club meets the second Tuesday of each month at 10:30 a.m. in the Sonoma Room at the Vista Club. The next meeting is May 9. The book selection is *When Breath Becomes Air* by Paul Kalanithi. June's book selection is *The Liberty Club* by local author Marianne Aleck. There is no requirement to have read the selected book. Everyone is welcome to

join in. Feel free to stop by. For more information, contact Adrienne at 707-374-5576.

## Book – 66 Bible Books

The 66 Bible Books Club is currently studying Deuteronomy. This is the fifth book of the Old Testament we have studied, and we find it very rewarding.

We would love for everyone to experience the joy that the members of the 66 Bible Books Club experience. We meet Fridays from 11 a.m. – 12:15 p.m. in the Monterey Room of the Vista Club. We welcome all who want to study the Bible to our 66 Bible Books Club.

Our meeting format is quite simple, with a worksheet handed out for each week's planned chapters to be studied. The worksheet contains a space to record a scripture and/or point that stands out to you from the assigned chapter, how it may relate to the New Testament, and how it can be applied in our daily lives. In referring to the Old and New Testaments, Augustine of Hippo once wrote, "The new is in the old concealed, the old is in the new revealed." We find this to be very true.

We encourage and look forward to having anyone who would like to attend our club meetings join us. It is never too late to join the fellowship our attendees enjoy. Please contact either Gary or Deb Dunham at 707-374-5324 or gmdunham1@hotmail.com, debduham@hotmail.com for additional information.

## Bridge – Duplicate

Duplicate Bridge meets the second Monday of each month at 12:15 p.m. in the Sonoma Room in the Vista Club. Mark your calendars for our game on Monday, May 8. All Trilogy residents who are interested in playing duplicate bridge are welcome. If you need a partner; we'll find one for you. Please contact Sue at 707-374-6136.

**February's winners:** Regular players: 1st: Tammy Woodworth and Molly Woodworth; 2nd: Nan Lowenstein and Bruce Morrison; 3rd: Cyndy Schroeder and Jack Krebs

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**Novice players:** 1st: Terry Kelly and Ruth Almgren; 2nd: Woody Woodard and Judit Havadtoy

**March's winners:** Regular players: 1st: Jack Krebs and John Fashing; 2nd: Sue Vogtlin and Lois Brusen

**Novice players:** 1st: Terry Kelly and Diane Malecki; 2nd: Mike Chang and Angie Jones

## Bridge – Friday

Friday Bridge Club meets every Friday at 12:15 p.m. in the Sonoma Room at the Vista Club. All levels of players are welcome. Please let us know you're coming by noon on the Wednesday of that week. The signup book is in the Sonoma Room in the middle top drawer of the credenza at the left side of the room. There will be duplicate bridge on the first Friday, and we welcome all levels. Use the same signup book. For more information, call Larry Epner at 707-374-3511.

## Bunco

Time for some Friday fun. Come with some friends, or by yourself—all are welcome to play Bunco. We meet the second Friday of the month at the Delta Club at 7 p.m. Bunco is an easy game to learn—just a roll of the dice. We sit at tables of four players at each table, make introductions, and when the room is ready, we start. At the end of each round, two people from each table move to another table, then we play again. It's that easy. We have refreshments on the break. Get ready to have fun. We look forward to seeing you there. For more information, please call Anna Hoerz at 707-374-2239.

## Ceramics



*Jan Day's dolphins.  
Photo by Linda Robinette*

The merry month of May brings happy dolphins jumping for joy. When Jan Day first painted this figurine, she was not pleased with the results. She glazed it again, and the dolphins reached a much richer hue. Jan chose to use colors on the reef parts, which really enhance the dolphins. There are many intricate details in the shells and sea life, and it is fun to study the whole sculpture up close. One of the interesting things about our club is that each member is working on something different. From dragons to sunflowers, and bunnies to snowmen, it makes for quite a diverse art group. Not only are the clay projects compel-

ling, you should hear the conversation! We welcome you to join us and we keep some small items in the cupboard so new people can jump right in with either greenware or bisque. We meet every Thursday from 9:30 a.m. - 12 p.m. in the Marina Room at the Delta Club. For more information, please contact Ann at 707-374-5122.

## Community Connections

Community Connections is looking for new ideas and plans. Please join us on Saturday, May 13, 4 - 8 p.m., for our first Meet & Greet. There will be light refreshments served and an opportunity for you to meet some of our regular members.

Our monthly meeting is Thursday, May 25, at 2 p.m. in the Monterey Room of the Vista Club. We will review responses from the Meet & Greet and solidify plans for the coming months. We hope you join us to share your ideas. Light refreshments will be provided. Please feel free to bring a sweet or savory to share. We look forward to meeting you. For more information, contact Robie at 650-454-4299 or robiejw@hotmail.com.

## Cooking

Greetings from the Trilogy Cooking Club. We are a group of cooking enthusiasts who meet monthly to taste dishes prepared by our members, share recipes, and learn new techniques and trends. The dishes are based on a theme the members find interesting, and want to explore new and interesting versions.

Congratulations to Cooking Club member Roger Kohn, who won the King of The Kitchen competition on March 25. Way to go, Roger!

For our May 9 meeting, we will sample spring salads. Club members Mingo, Sheila, Gail, and Susan will bring their salads to sample, while other members bring a recipe for a favorite salad or preparation they have made to let us know what they like about it and share the experience with the group.

We are all home cooks, welcome other home cooks to join us, whether you are an experienced chef or a budding novice. We encourage you to come by and share your passion. We meet the second Tuesday of each month at noon in the River Room of the Delta Club.

Whether you're a novice cook or "well-seasoned," please join us. Saddleback, Eagle Point and other new Trilogy residents—that means you! Bring your suggestions for dishes/styles to try or outside trips to take. We are also considering some upcoming in home meetings to teach, demonstrate, and learn. We are looking at pie dough and cake frosting demonstrations coming up. See you in May. If you have questions, please contact Gary Swieso at 707-374-5859.



## Council for the Arts



Our production of *Las Vegas Nights* was a rousing success, playing to a full house all four nights. The Council for the Arts uses the funds raised by this annual production of *Music of the Night* to advocate and offer financial grants to organizations and clubs involved in the many aspects of the arts in Trilogy.

During the next few months, we will explore ideas for next year's *Music of the Night*. If you would like to suggest a theme or submit a grant request, please attend one of our meetings. We meet on the second Thursday of the month at 10 a.m. in the Monterey Room at the Vista Club. For information about Council for the Arts, call Judy Calpo at 707-374-2924.

## Cycling



Riders (and trailblazers, left to right) are Ralph Dorsey, Al Morrison, Sam Ekenstam, and Ken Lanham.

Exercise and fitness are the main goals of our club, plus friendship, fun, and adventure. Expect the unexpected when riding around the Delta. On one of our rides around Ryer Island, a broken down thresher took up the whole road. We had to do some cyclo-cross, get off our bikes, and walk down in the ditch to get around it. A picture is worth a thousand words, as you can see. The club meets at 8:50 a.m. in front of the Delta Club. Rides are around

25 miles. No rider is left behind, as we have plenty of re-groups. Bring money for a possible coffee stop. Helmets are required. Contact Al or Marcia Morrison at 707-374-5177 or [marcialsj@netscape.net](mailto:marcialsj@netscape.net).

Wednesday Casual Ride: Meet in front of the Delta Club at 9 a.m., ready to go with helmets on. All types of bicycles are okay. Ride easy Summerset loops within Trilogy. Ride as far as you wish at your own pace. Contact Michael Gaertner at 808-281-7540 or [gaertnersr@aol.com](mailto:gaertnersr@aol.com) for more information.

## Dog



"Hi! My name is Cody. I have lived in Trilogy since September 17, 2016, when Sue and Jim McCracken adopted me from the Northern California German Shepherd Rescue. Before that I had wandered the streets of Palo Alto before being caught by the dog catcher. Then I lived in the shelter for a while. I have been told that I am about 20 months

old, but don't know for sure. Living on the streets, I grew up fast and as you can see I am a big boy, but I am very gentle for my size. I enjoy socializing with most dogs—but not cats and rabbits. I chase them from my yard. Best of all, I love being around people. I may look intimidating but I have a heart of gold."

Doggie play days have become so popular, especially for small dogs—29 of whom showed up one morning—that as of April 1, the times for those 25 pounds and under have been changed: 11:15 for dogs with owners' names beginning A to L and 11:15 to 12:00 for dogs with owners' names starting M to Z. So far, hours for large dogs remain the same: 9 to 10. But watch your emails and posts for play day updates. Changes may be made due to weather and the increasing number of large dogs that join in. Changes like these won't be required once the dog park is finished.

In March, the nominating committee presented their slate of officers for 2017-2018. However, members could still self-nominate until our April 25 meeting. Contact Karen Katzman ([grammy5942@gmail.com](mailto:grammy5942@gmail.com) or Maribeth Redman ([gpredman28@me.com](mailto:gpredman28@me.com)). For more information about the dog club, contact Sharon at [sl5prim@yahoo.com](mailto:sl5prim@yahoo.com).

## Dominoes

We are still having fun with the Mexican Train dominoes game, and invite you to join in the fun. We play on the first and third Tuesdays monthly at the Delta Club at 12:30 p.m. Don't miss out. For further information, please call Shirley at 707-374-9984.

## Drama

Our Annual Pasta Feed on April 22 was well attended, with the spaghetti heaped with sauce on everyone's plate. The delightful Roger Kohn provided his homespun music during dinner. Thank you to all who attended – you made our Pasta Feed an awesome success. A special thank you to our volunteers for all their hard work in making this a lip-smacking winner.

Member profile this month is Wilma "Willie" Stapp: "I have been interested in the theater, plays, and music since I was a child. When we moved to Trilogy, we were invited to meet some friends for dinner who introduced us to another couple in Trilogy. I asked if anyone knew anything about the Drama Club. Ida May Wagner said she was a member, and invited me to attend the next meeting with her. I joined immediately. Later, I played the part of a teenage volunteer in a hospital. What a perfect part for me—I have never grown up! When not on stage, I enjoy putting makeup on the cast, especially when the character is dastardly or injured! I am also involved with doing makeup for the students who are involved with "Every 15 Minutes" at Rio Vista High School."

Discover your own "inner child" and try a bit of acting with others just like you and me! Come to our next membership meeting on Tuesday, May 30, at 7 p.m. at the Delta Club. Please contact Judy Calpo for more information at 374-2924.

## Fat Quarter Quilters

We are a group getting together to work on our own quilting and sewing projects. Join us, meet new friends, and share the love of sewing. We meet every Wednesday from 12:30 – 4 p.m. at the Delta Club. There are no dues or fees. For more information, contact Esther Young at 707-374-2639.

## Fishing

Our next meeting will be Monday, May 15 at 7 p.m. in the River Room at the Delta Club. Our guest speaker will be a game warden from the California Department of Fish and Wildlife. We will discuss our charter in May on the California Dawn out of the Berkeley Marina. We will fish with live bait for halibut and stripers in San Francisco Bay. We're also planning a trip to Comanche Lake, including caravanning there as a group. The May meeting agenda

also includes discussions and detailed planning for other future trips. We will also discuss our August 26 club picnic, including the menu, cost, and details. The event will be on the patio at the Rio Vista Marina—the same location we have had the picnic for the past nine years.

Our May meeting also will feature a raffle for a number of prizes, including a new fishing rod. We will hold our 50/50 drawing, and enjoy coffee, tea, and cookies. Everyone is welcome to join the Fishing Club. We have great events throughout the year.

For more information, contact Ed Moreland at 707-330-0358 or John at 408-931-0857.

## Garden



*Photo by Robie Williams*

April was a wonderful month! We enjoyed a field trip to Jasper Prairie to view the wildflowers. Then Solano County Master Gardener Gene Eckenstam taught us all about soil—how to test it, amend it, and plant in it.

Join us for our monthly meeting, featuring Master Gardener Teresa Lavell, on May 13 at 1 p.m. in the Diablo Ballroom of the Vista Club. Teresa's presentation will be about raised bed vegetable gardening and will include tips on soil, getting the most from your garden, and growing organically. A question-and-answer period will follow the presentation. Remember, we serve wonderful refreshments and hold a door prize raffle.

Our May workshop will be May 16, from 9 to 11:30 a.m. in the Marina Room at the Delta Club. Come learn how to create a succulent wreath using grapevine wreaths as your foundation. Seating is limited, so sign up early! Details are above Box C at the Delta Club.

The Trilogy Garden Club meets the second Thursday each month in the Diablo Ballroom at the Vista Club at 1 p.m. We meet every other month from 9 a.m. to noon in the Marina Room at the Delta Club. The cost of membership is \$15 per family per year. Contact [trilogygardenclub@gmail.com](mailto:trilogygardenclub@gmail.com) for additional information or to ask questions.



## Genealogy



Carolyn Bridges, left, shares experiences with author Marianne Aleck.

As genealogists and family historians, we research our families, find wonderful stories, and aspire to one day put pen to paper and write the great American novel with a chosen few relatives.

In our March workshop, we welcomed Marianne Aleck, a Trilogy resident, who has written a book of the family history of her parents and grandparents. The Liberty Club covers her Greek ancestry, their coming to American at the turn of the 20th century, and settling in Oroville, CA. They created a successful life while maintaining their Greek heritage, including the arranged marriage of her grandparents. She also told of her French grandparents, who accumulated great wealth in France, then sadly lost it all. Her French grandfather was released from incarceration by joining the military and fighting in World War II. It's also the story of the great love between her parents, who met during the Great War, the battles her father fought, and the love letters her mother so lovingly kept. Club members enjoyed learning about the historical content, research techniques, and characters, as well as processes and organization layout—all valuable hints for someday writing your own book! The Liberty Club is available on Amazon. See Marianne's website, [TheLibertyClubbook.com](http://TheLibertyClubbook.com), for further information.

Monthly meetings are the first Thursday in the Monterey Room, Vista Club at 2 p.m. The Workshop is the third Thursday of the month in the Learning Center, Vista Club at 2 p.m. All are welcome to join us. For further information, contact Carolyn Bridges at 510-334-0912 or email [wncbridges@comcast.net](mailto:wncbridges@comcast.net).

## Good Samaritans

On May 4th at 1 p.m. the Good Samaritans will participate in the 66th Annual National Day of Prayer. This year's theme – "For Your Great Name's Sake! Hear Us...Forgive Us...Heal Us!" – is taken from Daniel 9:19.

For this crucial time for our nation, we can do nothing more important than pray. National Day of Prayer calls on all people of faiths in the United States to pray for the nation and its leaders. It is held on the first Thursday of May each year. The United States Congress designated the annual day, which President Harry S. Truman signed into law in 1952.

On May 11th, the Good Samaritans will honor mothers, grandmothers, great-grandmothers and all women with a Mother's Day Prayer. In 1914, Woodrow Wilson signed a proclamation designating Mother's Day as the second Sunday in May, as a national holiday to honor mothers. The beauty of a Mother comes in many different ways and doesn't mean giving birth to a child. As women in our community, we can reach out to children, grandchildren, great-grandchildren, friends, family and all in need of love and encouragement.

On May 25th, the Good Samaritans will honor American's who died as heroes for the profound contributions they have made to secure our nation's freedom. We will have a special prayer for all Americans who served in past wars and those serving in the military now for Memorial Day observance.

The Good Samaritans Bible Study Group meets every Thursday at 1 p.m. at the Delta Club/ Marina Room or you could email your prayer request to [9fellowship@gmail.com](mailto:9fellowship@gmail.com).

**Scripture of the Month: 2 Chronicles 7:14**

## Guitar

Last November, coffeehouse performers played half-hour sets in the Grand Living Room from late morning to mid-afternoon. On May 2, we again will fill the room with the music we love. The program will start at about 10 a.m. and continue to around 2:30 p.m. A poster in the Vista Club will list the artists and their performance times. Our next This 'n That Coffeehouse is June 25.

The Guitar Club meets in the Diablo Ballroom in the Vista Club the first Monday each month from 3 to 5 p.m. and meets in the Monterey Room in the Delta Club on the third Monday, also from 3 p.m. to 5 p.m. During those two hours, we play, sing, talk, and have a good time. We always welcome beginners and non-players.

The Beginners Workshops will not be held in May, but will resume on June 9. If you have questions about the club or events, contact Roger Kohn at 707-374-2737, email Rich Victor at [thatsrich@gmail.com](mailto:thatsrich@gmail.com) or email us at [guitarclubTRV@gmail.com](mailto:guitarclubTRV@gmail.com).

## Havurah Friends

Havurah Friends is a social and educational club, open to all who are interested in exploring Jewish history and culture through discussion, books, special events, and traditional holiday gatherings.

We will not have our regular scheduled meeting in May, but will instead have a Friday Shabbat dinner. Members please watch for emails on the specific date and details. Newcomers call Pam at 707-374-3161 or Joanne at 623-692-6614 for more information. As always, we welcome new members as we expand our group of friends.

## Hiking Club

The Trilogy Hiking Club is one of the oldest and largest clubs in Trilogy, formed 13 years ago with a current membership of more than 250 members.

The club offers a wide variety of hiking, special interest and social events. Membership and most hikes are free. A nominal fee is charged for our special events.

**Hiking:** The club's mainstay activity is our Saturday Hikes. In the past 13 years, we have conducted nearly 500 hikes and events. We offer an assortment of trips, ranging from short hikes on paved surfaces, to long, single-trail hikes for those more adventurous. A monthly member newsletter describes each hike in detail in advance of the hike date. All hikes depart at 8:30 a.m. from the Vista Club, where we hold a pre-trip meeting and make carpooling arrangements.

**Special Interest Events:** These range from day trips to places such as the Mines at Black Diamond, Sacramento's Underground, Vasco Caves to multi-night trips to Pt. Reyes, Lassen or Yosemite. (This year's Yosemite trip is May 23-26.)

**Social Events:** Club members gather monthly at a member's home for a Pot Luck, followed by an evening of socializing and playing card or board games.

### May Saturday trips are:

- May 6 – Round Valley - Brentwood - Moderate
- May 13 – Black Diamond Mines - Antioch - Moderate
- May 20 – Sibley Volcanic Regional Preserves – Oakland - Easy
- May 23-26 – Some of us will be in Yosemite
- May 27 – No hike, due to holiday weekend

If you have questions or would like to be put on the mailing list, contact Vic Thiry [vic@thiry.us](mailto:vic@thiry.us) or 707-374-3749.

## Trilogy Labyrinth Walkers



The labyrinth at the Episcopal Church of Saint Martin, 640 Hawthorn Lane, in Davis provides contemplative outdoor spaces, with seating and shade provided by mature redwoods. The labyrinth, modeled after the labyrinth in Chartres Cathedral, was built in November 2009 by a team of parish volunteers under the direction of labyrinth designer and artist Robert Ferré. The labyrinth is accessible to the public, dawn to dusk, from the street by a decomposed granite path that invites relaxation.

Join us as we revisit this beautifully located labyrinth on May 10. We will assemble at the Vista waterfall at 9:15 a.m. for our 9:30 departure to Davis. We will walk this wonderful labyrinth and dine in downtown Davis. Feel free to visit the shops in downtown Davis before a leisurely drive back to Rio Vista. Please let Elaine Wisz 707-374-4310 or Gerry Swan 510-507-4080 know if you will join us and if you will drive or need to carpool.

## Men's Executive Nine

The Rio Vista Men's Executive Nine golf club is comprised of members who enjoy playing nine holes of golf and then socializing after the game. We play each Tuesday mid-morning. The format varies each week, with individual "straight" golf play two Tuesdays of the month, and individual and team tournament events on the alternate Tuesdays. We welcome new members Joel Goodin and Rick Machado to the Club. If you would like to join us, pick up an application form in the Pro Shop Club Room or contact Membership Chairman Mike Warr by phone at 253-312-8371 or email at [mwarr48@gmail.com](mailto:mwarr48@gmail.com).

There were two Tuesday Tournament events in March. On March 14, the RV Women's Nine Club hosted our club for a mixed-team Scramble tournament, followed by a luncheon for the participants. The day's winning foursome were Sharon David, Al Petteruti, Larry Nelson, and Steve Strom. The winning foursome members of the "Four Ball" tournament on March 28 were Dave D'Arche, Chuck Doubleday, Robert Jeanmard, and Robert Frable.

We look forward to a full schedule of tournament and non-tournament golf in May. The first tournament of the month will be a "Scramble" on May 9. The month will end with a tournament on May 30 that will use a "Shamble" format. We invite you to come out and join us for a good time with a great group of guys.

## Model

Model Club members presented our room request to the Amenities Committee and conducted a Q-and-A session. We recognize that the Master Board made the final decisions for the community, and we were glad we had the opportunity to explain our request. We are working diligently for the Spring growing season, damaged building repair, and re-ballasting the track. We are also discussing a 2017 Steam-Up, a field trip to Beale Air Force Base, and other worthwhile endeavors. The Beale field trips in the past gave us access to U-2 high-altitude aircraft, the Air Force High Altitude training Center, the world War II internment camp grounds, a tour of the Airport Control Tower, and a static display of an SR-71 reconnaissance aircraft, which are still operational by several agencies



or countries. We find the day very interesting and educational day. Our tentative tour date is July 14.

The garden railroad, weather permitting, will be operational from 9 to 11 a.m. Saturdays until further notice. We welcome visitors and train operators to join us. Model Club members appreciate your thoughts, suggestions, and encouragement. Stay tuned for further developments. Contact our Club President Ted Tome at 925-691-4676 if you have questions, and join us at our monthly meeting the first Friday each month in the Monterey room at the Vista Club at 9 a.m.

## Motorcycle



*L to R: Bob Pasterino, Bob Azbell, Bob Sparks, Wil Bridges*

The Trilogy Motorcycle Club riders meet the first Saturday each month for an all-day ride. The April 1 ride was a "find the snow" and "is there really a Mt. Aukum?" pursuit. For various reasons, only six riders showed up and only four could ride. But a small group is quite the fun! We departed Rio Vista across both Delta ferries and headed to Martell for a stretch and coffee. Weather was wonderfully clear and warming quickly. Highway 49 took us to Plymouth and northeast on Shenandoah Road and Mt. Aukum road. Encountering a one-lane, private road, not county maintained, with a no-trespassing sign, but, with the caveat of wine tasting invited, gave us license to travel the road. Some 1.5 miles steadily upward brought to us to a wonderfully scenic view some 2,500 feet elevation looking all the way to snow-capped Sierra mountains and to the Mt. Aukum Winery perched atop Mt Aukum.

Back down the mountain, over to Omo Ranch Road and to Highway 88 and Cooks Station for lunch. A quick run further west satisfied our urge for finding 6-foot snow drifts. The temps were 65-75, the roads dry, the sun was bright, lunch was good. About a 220-mile trip and our customary stretch stop on the return leg. Note, if a full day is too much, it is perfectly okay to ride half a day and pick an earlier turn-around point.

We invite other motorcycle riders in Trilogy to join us on any of the monthly rides. The next ride will meet at McDonald's in Rio Vista at 8 a.m. May 6, the destination TBD based on weather. For more info, contact Bob Pastorino at 707-374-6556 or Larry Nelson at 707-374-2967.

## Nature

Please join us traveling the Delta Loop, Tuesday, May 12, to view the busy nesting herons, egrets, and more. We will meet at 9 a.m. in the Vista Club parking lot to carpool or caravan. We plan to have lunch on the Loop or in Isleton. We will return about 1 p.m. This is an easy walk, with stops to get out and view wildlife.

An in-Trilogy bird walk will be announced. Our next meeting is May 10 at 6:30 p.m. in the Monterey Room of the Vista Club, where we will discuss plans for outings for June and next fall. Please call Gail, 707-374-2718, if you have questions.

## Photography



*Photo by Diane King*

The Photography Club welcomes everyone who loves to take pictures, regardless of their skill level, so we can share knowledge and improve our skills.

We car pooled recently to Locke on a weekday to avoid the weekend crowds and took pictures up and down the streets of all the interesting buildings, flowers, artifacts, and local felines. It was a beautiful morning so we traveled to Bogle Vineyards in Clarksburg, where we enjoyed photographing beautiful spring flowers and the vintage vehicle on display. The group had a great time, and we will share some of the photos at the next meeting.

We enjoyed our April guest speaker and will share his highlights next month. We're planning future field trips, weather permitting. We will consider all suggestions for

excellent photo opportunities within an hour's drive. The Delta area has so much to offer photographers, and the scenery is "ever changing" with the numerous waterways and weather.

We meet the first Thursday each month at 7 p.m. in the Learning Center at the Vista Club. To share your photos, arrive at 6:45 p.m. and bring your labeled USB drive with four to six pictures on it. We have a list of suggested "assignments" for each month, and copies will be available at every meeting. We are looking for black and white photos to include in our monthly newsletter, so please email them to Diane King at [erasewrinkles@att.net](mailto:erasewrinkles@att.net) or Yvonne Camper at [yvonnecamper@att.net](mailto:yvonnecamper@att.net).

The next Club meeting is May 4. For more information and to be added to our email notification list, please contact Yvonne Camper at 408-690-4524 or [yvonnecamper@att.net](mailto:yvonnecamper@att.net).

## Pickleball

The Pickleball Club in Rio Vista had its beginnings in the spring of 2015. With the show of interest by the community, it soon became an official club and currently has a membership approaching 50. The court is a combination of a badminton and tennis court, with a 34-inch net. Lightweight paddles and a plastic, perforated ball (a Wiffle ball) are all the equipment you need. Pickleball is very successful in retirement communities but recently has crossed the boundary to all age groups. It is not uncommon to see a 10-year-old child playing a 70-year-old grandparent in a very competitive game for each. Pickleball is easy to learn, easy to set up, inexpensive to play, and provides a vigorous workout.

To participate, go to our website for playing location and times. The club has racquets and balls. All you need are non-marking court shoes, water, and sun protection. The web address is [www.trvpc.com](http://www.trvpc.com). For more information, contact Pickleball Club President Linda Pagliaroli at 916- 835-3801.

## Radio

The Radio Club meets most Tuesdays in the Monterey Room at the Vista Club at 9 a.m. for demonstrations and technical discussions. We offer practical advice on radio equipment selection, antenna restrictions, and placement, including design choices, communications protocols, area coverage, repeater locations, and frequencies. We also offer details on Federal Communications Commission (FCC) license procurement and test preparation. We are glad to speak to you about any aspect of amateur and/or emergency radio communication. We also conduct an on-the-air radio network, using the Solano County ACS repeater most Mondays at 7 p.m. Join us at our meetings to learn how to participate. Questions? Call Club President Dean Lattman for more information at 707-374-3967.

## Religions of the World



Our May meeting will be on Tuesday, May 2, at 6:30 p.m. in the River Room at the Delta Club. Dr Jim Haslip, who has given more than 20 lecture/dis-

cussions on religions in recent years, including two at past Religions of the World (ROW) meetings, will present the topic, Women in Religious History.

Many women have shaped religious history, its beliefs, and its collective actions. Most have gone largely unnoticed. Did you know that a woman may have been the first believer of Islam? Are you aware that a woman may have been the most significant believer in Jesus? Are you aware of the four women who helped shape Christian theology and practice? We will discuss about a dozen women who had noteworthy influence on religious thought and practice.

The ROW Club is a diverse group of Trilogy residents interested in learning about the religions of the world, their history, beliefs, and practices. We normally meet the first Tuesday of the month at 6:30 p.m. Our club is not a forum for recruiting members to any belief system. All residents are welcome. For more information, contact Don Cooper 510-909-5049 or Dave Bellamy 707-374-6670.

## Rio Vista Senior Men's Golf

Finally, a break in the rainy weather and the course is starting to come around. The mowers are going non-stop. The Skins Game plus Stroke-Play, Net-Flighted Tournament was held on March 29. Flight One winner was Ron Chalmers with a 66 (tie breaker), second, Allen Reed, Flight Two winner, Dale Shafer, with a net 64, and Flight 3 Champion was Fred Butler, with a net 67. Get in on the fun. Go to eClubhouse and sign up for April Tournaments.

Looking ahead, Joe Freeman and others have lined up a busy May golf schedule. The local Rotary Tournament is May 10, our Armed Forces Tournament is May 23, and the Hiddenbrooke Golf Course Away Tournament is May 24. Our Bi-Monthly Meeting Tournament is May 31. A special NCGA Senior 4-Ball, (2-man best ball) Qualifier Match Play is scheduled for June 14, but signups on eClubhouse begin June 1. To access the website, go to [ghin.com/eClub/ncgarvsmgc](http://ghin.com/eClub/ncgarvsmgc).

The RVSMGC welcomes all Rio Vista men 50 and older to join our club. If you are not playing with us currently, come and be part of the fun. You can find membership forms in the club room of the Pro Shop. For information concerning membership and activities, contact Membership Director Eric Bromell, at 925-685-7237 or [ebmixer@yahoo.com](mailto:ebmixer@yahoo.com).



## Rio Vista Roamers

Our club had its first weekend outing in March. We hoped that would enable new roamers to join us at Leguna Seca Raceway campgrounds in Salinas. Perhaps that was too ambitious for so early in the year, but four rigs joined us and we enjoyed the beautiful Monterey valley from our rigs on the hilltop. We got some rain and wind on Friday, but we switched our schedule, all went shopping, and later to dinner. Saturday was beautiful again, so we had our potluck that night.

Watch for dates of future outings. Do we sound interesting? Come join us and give us a try. Call any hosts or Richard Larsen 707-580-8122 or check our website at [rvroamers.net](http://rvroamers.net).

## Singles



New Faces and New Friends in this New Place! We'd love to meet you, whether you just moved here two weeks ago or have been here 10 years. We welcome singles to join the esprit

de corps of this growing group of active and fun-loving participants. Our gatherings offer lively conversation, punctuated by bursts of laughter.

We get together for cards and games on the second and fourth Wednesdays from 7 to 9 p.m. in the Sonoma Room at the Vista Club. Remember to bring your favorite beverage to quench your thirst. Bring a sweet or savory to share if you can, but it's not required. We look forward to meeting you at the next event.

The Singles Club also enjoys meeting new friends at our Meet & Greet Potlucks. Please join us the first and third Sunday each month at 6 p.m. in the Marina Room at the Delta Club. Bring something to grill or a main dish, a side dish to share, something to drink, and get ready to enjoy an evening of great conversation and laughs. For those who are daring, bring your swimsuit and take a dip in the hot tub.

Also, check out the local community website Nextdoor, where singles post spontaneous, impromptu activities. If you have any questions or require additional information, contact Robie Williams at [robiejw@hotmail.com](mailto:robiejw@hotmail.com) or Doug Littrell at [littrelldouglas66@gmail.com](mailto:littrelldouglas66@gmail.com).

## Square Dance

The Rio Vista Grand Squares (aka The Square Dance Club) now has its own website—[www.riovistagrandsquares.com](http://www.riovistagrandsquares.com). The site shows our class schedule and current call status, and includes links to other instructional sites. We dance at the beginner to mainstream levels. If you are an experienced square dancer, come join us on any Wednes-

day. Sessions start at 6:30 p.m. in the Rio Vista room at the Delta Club. The club has hired Scot Byars, a nationally-known professional caller and teacher, at a cost of \$5 per dancer per session. We are also considering offering "round dance" classes, which are simplified versions of ballroom dancing. If you are interested in either square or round dancing, please stop by our Wednesday session. We are gathering names of interested dancers and will open a new beginner class when enough people sign up. We welcome groups, couples, and singles. Dress is casual. For further information on our sessions or the club, call Judy Lentz 707-374-6506 or Ron Kott 650-464-2071. Be there and be square.

## Table Tennis



Trilogy captured double victories recently when Table Tennis players from Rossmoor and Trilogy recently competed in singles and doubles tournaments in Rio Vista.

Victory is sweet! But regardless of the outcome, participation in Table Tennis tournaments provides opportunities for exercise, recreation, socializing, and fun. On March 11, we hosted Rossmoor's club for the first of two annual tournaments, a ritual now in its seventh year. A group of 50 senior athletes, equally divided between the two clubs, happily spent more than six hours inside the Delta Club, where five tables were set up for the tournament, and ample snacks and refreshments were laid out for breakfast. Players from each team were assigned to five categories of skill levels. Following singles matches, won by Trilogy, 59 to 21, the group enjoyed an international potluck luncheon. The afternoon session featured doubles matches, also won by Trilogy, 23 to 13.

Our club recently instituted weekly practice sessions, including Round Robin matches intended to develop playing skills and the mental attitude to withstand the pressure normally encountered in tournaments. Results of this tournament affirm the value of our training program. Special thanks go to Tom Barnes and Glenn Hom for organizing the tournament, Kathy McKelvy and her many helpers for providing the food and refreshments, Teresa Fraser, Abaan Shumays and Jim Breen for coordinating play sequences and score keeping, and Kim Rus-

sell for capturing the event on a stunning video.

To learn more, please visit <http://trvtt.wordpress.com> or contact: Tom Barnes, President 707-812-7112; Sherry Jasara, Vice President 916-758-7674; Ruth Barnes, Treasurer 707-812-7112; Hans Puppig, Secretary 858-735-5108; or Glenn Hom, Tournament Director 925-915-9249.

## Tennis

Spring is under way and summer is coming fast. With the newly resurfaced courts, there is a good reason to start playing tennis and "netting" all those health benefits promised by the USPTA. With that in mind, the tennis club invites any interested Trilogy residents to our Tennis Court Grand Reopening Party on Saturday, May 13, 11 a.m. – 2 p.m. There will be free food and fun activities for all.

Blast from the past: The winners of the Daylight Tournasocial were: Ladies First Place, Tommoye, Second, Lupita and Third, Jackie Evans. Men's First Place, Peter Evans, and a tie for Second, Soc and Jimmy Wong. Into the Future: Set aside May 20 for the first Inter-Community Tournament with Rossmoor, and July 15 for our first Intra-Community Tournament. For more information, please contact Bill Kienzel [bk4849@gmail.com](mailto:bk4849@gmail.com).

As always, daily Social Tennis is Monday-Friday from 8 – 10:30 a.m., and we welcome anyone, member of the club or not, to join us. Just be sure that your shoes are "court" shoes that do not leave marks on the court surfaces. For more information about our club, attend our next meeting at 10 a.m. on Friday, May 26, at the Delta Club or contact Claude Trottier at [crtrottier92@gmail.com](mailto:crtrottier92@gmail.com). You can also visit our website [www.frontiernet.net/~courtjesters](http://www.frontiernet.net/~courtjesters).

Remember: "Love means nothing in tennis, but it's everything in life."

## Trilogy Art Guild

TAG members meet the first Monday each month at 1 p.m. in the Marina Room at the Delta Club. This month, following our business meeting, guest demonstrator Sherry Cummings, an artist and teacher from Brentwood, will discuss cubism. TAG presents iPhoneography classes to learn editing, pictures, etc. on your smartphone and/or tablet on May 10, 17 & 24 in the Marina room at 2 to 4 p.m. We welcome new members. For more information about TAG, please contact Maren Waddill at 707-374-3954 or Richard Laswell at 559-359-1248.

We invite all Trilogy residents to attend classes taught by some of our talented TAG members. You don't need experience, and we welcome beginners. Please contact the instructor if you are interested in signing up for their class. Classes are held in the Marina Room in the Delta Club:

### iPhoneography

Wednesdays May 10, 17 & 24, 2 – 4 p.m.

### Mixed Media

Fourth Monday at 1 – 4 p.m. Contact Ann at 707-374-2768

### Beginning Watercolor

Tuesdays at 12 p.m. Contact Anna at 707-374-3560

### Card Design with Wilda

Wednesdays 2 – 4 p.m.

Contact Alma at 707-374-3064

### Cardmaking with Shari

Fridays at 10 a.m. Contact Shari at 707-363-9752

### Advanced Watercolor

Fridays, at 12 p.m. Contact Anna at 707-374-3560

### Next Shibori Workshop

May 27 - 28. Contact Lori at 707-374-6196

## Ukulele

Have you been looking for a fun way to keep those neurons firing briskly? Looking for a friendly group of music lovers who enjoy singing together to the bright, cheery sound of the beloved little ukulele? Then put it on your calendar. We meet every Wednesday in the Diablo Ballroom at the Vista Club. Beginners' class starts at 11 a.m., followed by the performance group at noon. All interested Trilogy residents are welcome to drop in, listen, play, and sing along with us. Bring your ukulele if you have one. You don't need to know how to read music or have any prior musical experience. For more information, please contact club coordinator Claire McKean 510-301-0479.

## Women's 9-holers



*PWGA rules directors held a rules seminar for members of the 9-holers Club.*

March has been another interesting month for golf. We have seen spring weather, rain, and cold. On one of the good days, 9-hole Captain Betty Bowley and 18-Hole

Captain Chris Saybe arranged for PWGA rules directors to hold an informative presentation on the rules of golf. They covered many of those things you say, "Ok, is it this or that?" Everyone has an opinion. We all came away with very useful information. Thank you Dana Carrigan, Nancy Boggs (PWGA President) and Pat Keys. A great BBQ Lunch at Sir Flairs followed the seminar.



## clubs + groups

We have been getting ready for our Play Day on April 4. Results will be in next month's issue. We are maxed out at 72 players coming, and we're excited about the event.

The membership for the 9-Holers is now at 51 players, but we always welcome more to join. If you're interested in seeing what we are all about, check in with our membership Chairperson Debi Petteruti at nsdme2012@gmail.com or call 707-374-5797. We meet Tuesdays at 9 a.m. The Women's 18-Holers meet Thursdays.

If you already have a GHIN number and handicap, you may be able to join right away, or join us as a guest. See how you like it. If you are new to golfing, check out the Sweetees and ParTee girls on Fridays and Mondays. We would love to have you join us.

### Women's 18-holers

March was a great month to play golf. We had beautiful weather and were able to play every week, although the Rio Vista wind joined us for our last Thursday of the month. On Wednesday March 29, we attended an on-course Rules of Golf Seminar presented by the PWGA Rules Committee. The group sessions were followed by lunch.

**March 2:** Our Ace of the Month: Karenann Evans, net 74. Congratulations, Karenann! Birdies: Linda Barlesi. No chip ins. Closest to the Pin: Pam Fashing. Broke 100: Linda Barlesi 91. Low Putts Winners: Flight A: First: Tie Barlesi, Berry 33 Flight B: First: Carroll 34 Flight C: First: Evans, J 35 Flight D: First: Tie McCarthy, Renner 36. **March 9:** Odd Holes Only. Birdies: Clark and Traver. Closest to the Pin: Gingrass. Chip ins: Clark, Kistler, Bard, Eremian, Rowe, Sabye, Weaver. Marion Bard and Nancy Weaver both had their first chip ins with our club. Broke 100: Barlesi 90. **March 16:** Gross Less Putts. Birdies: Traver. Closest to the Pin: Sargent-Natour. Chip ins: Jackie Evans, Sargent-Natour, Davis, Rexford, Carroll. Broke 100: Fashing 98, Berry 96, Barlesi 92. **March 23:** Pick Your Best Nine. No Birdies. Closest to the Pin: Linda Barlesi. Chip in: Pat Kistler. Broke 100: Pam Fashing 98. Broke 90: Linda Barlesi 86. **March 30:** No Birdies. Closest to the Pin: Teixeira. Chip Ins: Ballard and Traver. Broke 100: Linda Barlesi 94, Pam Fashing 98.

If you are interested in joining our group, please contact Sharon David at 925-518-8511.

### Women's Fellowship

Happy Mother's Day! It is already May and the Women's Fellowship is in full swing. We meet every Thursday from 9:30-11:30 a.m. in the Sonoma Room at the Vista Club. We continue to study from the Book of Acts and provide

all lessons. However, we ask that you please bring your personal bibles. Also, after bible study, some members meet for an informal lunch of fellowship at the Vista Cafe. We look forward to meeting you, and encourage all lady residents to join us at any time.

#### Proverbs 31:25-26

### Woodcarving

The Trilogy Woodcarving Club will be on hiatus during the month of May, due to club members' vacations and schedules. The club will be back in action on Monday, June 5, in the Marina Room at the Delta Club from 8:30-11 a.m. We welcome novice and experienced wood carvers. For more information, contact Judy Taylor 707-374-4036.

### Writers



Everyone has at least one mother by biology, surrogacy, foster care or adoption. Anna Jarvis honored her mom by advocating for an annual Mother's Day. Christina Crawford chose

to expose hers in her book *Mommie Dearest*. James McNeill Whistler painted his mom's portrait. Candy Lightner is the founder of Mothers Against Drunk Driving (MADD). Mother Goose gave us "The Old Woman Who Lived in a Shoe," about a frazzled mom. Television presented us with June Cleaver (*Leave It To Beaver*), Marion Cunningham (*Happy Days*) and Olivia Walton (*The Waltons*). Whether you refer to your mother as Mom, Madre, Ama, Mommy, Mutter or any other name, she had an influence on your life. Whether revered as Mother Teresa or notorious like Ma Barker, each had a story.

Share with us your essay, poem or song about the mother you had or imagined. Realizing that not everyone is comfortable writing about this subject, we invite you to write about anything you wish. Just write! Then join the Trilogy Writers' Club in the Monterey Room of the Vista Club on Friday, May 19 at 2 p.m. This is a safe place to exchange stories, thoughts, and experiences. We don't repeat anything we share in our meetings.

For further information, contact Suzi 925-231-5213, Judy 707-374-3973 or Zoe 707-374-3676.

# David Klinkenberg



International  
Touring Violinist  
and  
Entertaining  
Artist  
to perform at  
Trilogy!

Saturday, May 13, 2017

Vista Club Diablo Ballroom

7:00 - 9:00 p.m. ~ \$20 per person

*Sign up at Member Services*

Bring your favorite provisions to enjoy  
for this memorable performance!

## R&D Termite and Pest Control

**TRILOGY OWNER/RESIDENT**

**Recent Merger with Graybill Pest Solutions**

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**RON YOCUM OWNER/RESIDENT**

cell: 925 323 5211

home office: 707 320 1277

reyocum@yahoo.com

*\*Trilogy references on request*

*\*Committed to our community-Competitive Pricing*

# Shafer Real Estate

Your Trilogy Resale and Rental Experts....

Nobody Knows Trilogy Homes Better!

shaferrealestate@frontiernet.net

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**Diane Shafer**  
Owner / Broker  
707-328-5277  
Lic: 01390213



**Debbie Werter**  
Realtor Associate  
707-673-7667  
Lic: 01125366



**Drew Haisley**  
Realtor Associate  
925-482-4556  
Lic: 00997350



**Charlene Fowler**  
Realtor Associate  
707-372-0203  
Lic: 01988913

121 Montezuma Street, Rio Vista, CA 94571

View listings, search for properties, get Trilogy maps and more at:

*www.ShaferRealEstate.net*



## Rio Vista Food Pantry Needs Volunteers!

- Receptionist M-F, 9 a.m.-1 p.m.
- Pick up from Fairfield Food Bank weekly (Wed) 8 a.m.-11 a.m.
- Sort/date check donations Wed or Fri

For more information, go to [RioVistaFoodPantry.org](http://RioVistaFoodPantry.org) or call 374-5706. For donations, please designate Rio Vista Food Pantry, 1105A Airport Blvd., Rio Vista, CA 94571. Thank you

## Alzheimer's / Dementias Caregivers' Support Meeting

Alzheimer Services and the Greater Bay Area Alzheimer's Association sponsor the caregivers support group to offer information, speakers and videos, as well as open discussion and social interaction for caregivers of love ones with Alzheimer's or other dementias. The group meets the third Friday of each month from 9:30 to 11 a.m. at the Senior Center located at 25 Main St. in Rio Vista. Contact meeting facilitator Nat Marcoccio at [RVALZSG@yahoo.com](mailto:RVALZSG@yahoo.com) for more information.

## Trilogy Resident Golf Tournament

Our Resident Tournament for May will include a little Mother's Day mixed with a Mexican theme. We will have a taco bar with all the fixings. Plus, a special surprise dessert for all our ladies and their other halves. Come see to believe and have a lot of fun.

The Resident Golf Tournaments provide a social, fun event and a place for new residents to come meet some of our current residents. We're planning seven tournaments from April through October, and they generally fall on the third Sunday each (except for April, due to Easter, and June, due to Father's Day).

The Resident Tournament is open to all golfers with a Ghin number and handicap. All Trilogy golf clubs recognize and support our group. We will also have a Pairing Party on the Friday before, at 4 p.m. in Sir Flairs, to see with whom you are playing. Come enjoy the festivities and then stay for dinner.

Look for the flyers in the pro shop. Cutoff for the May tournament is May 14. Come as a single or couple, have your spouse join you for the dinner or ride with you on the course.

Future Tournaments are: June 25, July 16, August 20, September 17, and October 15. Flyers come out approximately a month before the cutoff.


For more information, call Linda Rowe 925-286-1555 or Harold Rowe 925-818-1124.

## Family Support Group



The Family Support Group is available to organize a memorial service for any family member who incurs the loss of a Trilogy resident. For more information, please call

Chairperson Claudette Gartner at 707-439-6116, or email her at [xbirdlady@myifp.com](mailto:xbirdlady@myifp.com), or call Barbara Sherison at 707-374-6845, or call Betty Bowley at 707-374-5613.



**Trilogy's Concert on the Patio Featuring**  
**Jim Anderson and The Rebels**

A magnificent show for Elvis, Rockabilly, Country and old fashion Boogie Woogie!

Concert on the Patio, Vista Club  
Saturday ~ June 24, 2017  
7:00 - 9:30 P.M. ~ \$15 pp

Sign up at Member Services  
*Bring your favorite refreshments & dance shoes!*



**THEY ARE BACK!** Incredible pitch-perfect renditions of hits from Chuck Berry to Katy Perry!

Amazingly entertaining these recording artists perform at casinos, corporate and private venues.

Decades is ready to rock Trilogy! Let's Dance!

Visit their web site at [www.musicfromthedecades.com](http://www.musicfromthedecades.com)

**"FRIDAY" ~ MAY 26, 2017**  
**FIRST CONCERT ON THE PATIO OF THE SEASON**  
**7:00 - 9:30 p.m.**

*Sign up at Member Services ~ \$20 per person*

Bring family, friends, and your favorite provisions for this spectacular performance

# Trilogy Community GARAGE SALES!

**Saturday, May 6, 2017**

**9 a.m. to 3 p.m.**

*Open to the  
public!*



*Gate opens 9*

**Want to sell? Want to be on the community map so buyers can find you? Call Member Services 707-374-4200 by APRIL 28. Maps will be emailed to residents by MAY 5. Then Maps will be available Saturday for the general public entering the Welcome Center Gate. There is no requirement to be on map to sell items.**

## To participate:

1. Obtain a garage sale \$1 permit from Member Services at the Vista Club through Friday MAY 5  
The \$1 permit is a city requirement.
2. Tie an inflated balloon to your mailbox or tree.
3. Open your garage door

## Computer Class 90-Minute Opportunities

**Sign Up At Vista Club Member Services - Pay by Check or Credit Card**

**May 2017 ALL CLASSES ARE ON WEDNESDAY (\*Except Thursday May 18 Evening Class)**

<b>Computer Basics</b> \$7 ea.	<b>May 10, Class 10 a.m. to 11:30 a.m.</b> Introduction for new computer users to learn their way around a Windows computer. <i><b>This class is mandatory or equivalent knowledge for all other classes.</b></i>
<b>Windows 10</b> \$7 ea.	<b>May 10, Class 12:30 p.m. to 2 p.m.</b> <b>Microsoft Windows 10 Operating System.</b> Introduction to basic features of Windows 10. You may have upgraded to Windows 10 or bought a new computer that comes with it already installed. It looks different! What are those "tiles" that pop up? Help! Learn to navigate in Windows 10 (and maybe even like it!).
<b>Windows 10</b> \$7 ea.	<b>May 17, Class 10 a.m. to 11:30 a.m.</b> <b>Microsoft Windows 10 Operating System. SEE MAY 10 ABOVE.</b>
<b>Pictures Workshop - \$10 ea.</b>	<b>May 17, Class 12:30 p.m. to 2 p.m. (Class is limited to 6 students.)</b> <b>Transfer Pictures from Your Phone or Camera.</b> We will work with you individually (not instructor-led.) <u>Bring your digital device</u> (phone, camera, tablet, etc.) that contains your pictures, and related connecting cables. Also <u>bring your own</u> flash drive or laptop to transfer the pictures onto.
<b>Create, Find &amp; Work with Files</b> \$7 ea.	<b>*THURSDAY May 18, Class 7 p.m. to 8:30 p.m. ***EVENING CLASS***</b> Understanding Microsoft File Explorer is fundamental! Learn to create an organized filing system on your computer. Save files in your custom filing system so you can find them more easily. Move one file or groups of files from one location or device to another.

**If using your own computer, public wireless network cautions apply!**

*Computer Basics class is mandatory, or equivalent knowledge, for all other classes.*

*Limited Class Size--sign up early. Repeating classes is recommended. Class subject suggestion list available!*

Interested in training or helping others during class? Email Debbie Dorn at [ddorn@actionlife.com](mailto:ddorn@actionlife.com).



## Trilogy at Rio Vista HOME BASED BUSINESS DIRECTORY

### **All Occasion Travel**

Full Service Travel Agency  
Joan Greene, CLIA, ARTA, 707-374-2440  
Certified Travel Specialist  
www.alloccasiontravel.net

### **All Windows Cleaning**

Inside, Outside—It's Spring!  
707-372-3818

### **Epiphany Skincare**

911 Skin Help!  
Discolored, Over oily/dry, Lifeless, Brown spots  
Leanne Durham-Arrivas 916-840-6377  
skinimprovementcoach@yahoo.com

### **Mary Kay**

Independent Beauty Consultant  
Sueann Novotny 707-374-5624  
E-mail: snovotny@citlink.net

### **Mary Kay Cosmetics**

Independent Beauty Consultant  
Sharon McDougall 435-669-5137  
Marykay.com/smcdougall1

### **Nuskin & Pharmanex Products**

New innovative anti-aging skin-care system  
Uniquely blends ingredients customized for you.  
Diane King Independent Consultant US8301618  
erasewrinkles@att.net or 925-324-1062

### **Rodan & Fields Skin Care Products**

Anti-Aging Products for Wrinkles & Brown Spots  
Call for FREE mini facial  
Lupe Finch, Independent Consultant  
707-374-2466 or LupeandMarcy@gmail.com

### **Trilogy Uber & Lyft Drivers**

Free price quote & help with  
Uber & Lyft Smart Phone Apps  
Need a ride? Call Nita 707-315-6670  
Or Richard 925-918-1374

### **Two Angels Housecleaning**

Best service--Best Price--References  
Call now 707-372-3818

## FOR RENT

### **Room to Rent**

In Trilogy home, \$700 monthly.  
Includes all utilities. Possible  
additional use of office space.  
Call Maureen at 925-337-7201

## SERVICES

### **Aaardvark House Cleaning**

Perfect service every time.  
Guaranteed. Call now for  
quote 707-673-6608.

### **AAA+ Quality Cleaning**

Weekly, biweekly, monthly or  
once. Move in/out services.  
Call Carmen Martinez,  
Trilogy resident at 707-398-  
8345 for a free estimate.

## SERVICES

### **Airport Transportation**

In my Mustang convertible I  
will take ONE PERSON ONLY  
to airports, BART, medical  
appointments. Top up/down  
your choice. PS, Can take two  
to airports with basic luggage.  
Serving Trilogy residents since  
2005. Call Ralph 707-374-3941.

### **All Transportation**

Need a ride, call Nita 707-  
315-6670. Long time Trilogy  
resident—13 years Trilogy driver:  
one-way, round trip, out of town  
or local pick-ups and drop-offs  
24-7. Up to 4 riders welcome.

### **Alterations**

And mending for adults, pets  
and children. Won first place  
at State Fair for sewing and  
baking. Non-smoker and pet-  
free environment. Bus. #9452.  
Call Carol 559-314-5039.

## SERVICES

### **Bicycle Repair**

Gary's Bicycle Repair in Trilogy:  
(tire changes, wheel changes, flats  
fixed). Assembles, adjustments,  
tune-ups. Appointments  
only. Call 510-912-1640.

### **Cleaning**

Complete housecleaning! Quality  
cleaning at affordable prices.  
Weekly, bi-weekly, or once.  
Rental cleans. Call Dawn, "Jerry  
the Sprinkler Guy's" daughter at  
707-628-4235 or 707-374-5239.

### **Computer A+ Assistance**

PC, Laptop, iPhone, iPad  
troubleshooting. Install networks,  
software. Virus removal. Wireless  
connections to printer, computer,  
home theater, Netflix. Technical  
expert—Robert 707-374-5129.



## SERVICES

### Computer Aid

I can fix your PC, including viruses and malware. New PC setup with file transfers and tutoring on Windows 10, wireless printers and Netflix connections. Kathy Barker 707-374-6850.

### Early dog Walking

Non-aggressive doggies \$5/day. I love dogs! Leanne 916-840-6377 newlifeforward@gmail.com

### Handyman

Trilogy resident has over 40 years of home maintenance experience, MOEN faucet specialist, ceiling fan and chandelier installations, electrical trouble-shooting and GFCI problems, plumbing leaks, disposals, toilet maint., and more. Free estimates. City bus. license #1654. Bob Bailey 707-374-3391.

### Handyman

A Trilogy resident to help with those handyman jobs you can't or don't want to do. Plumbing, electrical, window treatments, assembly, etc. Call Scott 707-374-6013.

## Want to Run a Classified Ad?

Pick up an ad application form at Member Services. Turn in your completed form by the fifth of the month preceding the month you wish the ad to run. Cost is \$10 for 25 words. Additional words are \$.25 per word. Checks only. Late ads will run in the next issue. All classified advertisers must be current Trilogy residents or current Trilogy homeowners.

## SERVICES

### Handyman & Paint

Rio Vista Paint & Handyman: \$125 for standard size room. FREE ESTIMATES. Call Randy 707-374-5699. Over 35 years experience. Guaranteed you will like my work. Lic. # 1334

### Hauling

Ed & Bill's Hauling: Clean-ups, Dump runs, Move furniture, Load and unload trucks, Rain gutters cleaned, Trim bushes. References available. Free estimates. 707-330-0358.

### Helping Hands

At your service: Helping you with your daily needs. Affordable prices, weekly, bi-weekly, monthly or occasional services. Call Karen, a Trilogy resident, 707-656-8639.

### Home for the Elderly

Goldenstar Home for the Elderly 707-374-4087 or 707-631-0016: Staff are background checked, TB tested, and CPR trained. Care in the facility or in your own home.

### Impeccable Improvements & Repair

Established retired general contractor. .tile and wood floors, bath & kitchen remodels, water leak repairs, drywall damage, privacy walls, iron fences, French doors, indoor/outdoor Jacuzzi tubs, storm doors, cat/dog doors, fireplaces, mantels. 12 year resident. Big or small, I do them all! References available. Your one stop shop in Trilogy. Dominic 707-322-9476.

### Jewelry

Bob and Sandra's Jewelry Depot: Specializing in Artisan-crafted jewelry, expert cleaning and polishing. 45 years jewelry experience. 707-386-3803.

## SERVICES

### Moving?

Let us do the heavy lifting for you. We are local, strong, reliable, careful and affordable. 10-plus years' experience. Call Taylor 925-262-6827.

### Notary

My home or yours. Servicing Trilogy for the past 14 years. Please call Eileen Griffin at 707-374-2684. Thank you.

### Notary Public

Certified Notary, fast, professional and reliable service. \$8 per signature. Please call Jeffrey 707-374-7541. Thank you.

### Notary to Go

Only \$10 per notarization in Trilogy. Loan documents signing no additional charge. Since 1984. Call Warren at 707-374-3477.

### Notary Services

\$15 per signature per page/ discounts for multiple pages. Trilogy resident Elaine Wisz 707-374-4310.

### Paint

Free estimates. \$125 standard size room. Over 35 years experience. All work guaranteed. Call Randy 707-374-5699. Lic. #1334

### Painting & Drywall

Repaint exterior & interior. Color and texture our specialty. Free estimates. 40 years experience. R. P. Painting, Trilogy Resident CA St. lic. #422737. Call today 707-374-5954.

### Peace of Mind Pet Sitting

Need to take a break & travel? I got you covered! No worries! I'll stay with them in your own home. Leanne 916-840-6377. newlifeforward@gmail.com

The Trilogy Board of Directors is not responsible for expressed opinions or for the authenticity of all presented facts in advertisements. The Board of Directors recommends verifying authenticity of advertisers by requesting contractor license numbers and references, and checking with the California Contractors State License Board and Better Business Bureau (BBB) prior to using the services listed herein.



## SERVICES

### **Pest & Termite Services**

Trilogy resident and owner operated. General pest control services include monthly or bi-monthly services to meet your needs. Termite inspections. Specializing in real estate and refinance. Recent merger with Graybill Pest Solutions. Please call Ron Yocum—owner, R & D Termite and Pest Control 925-323-5211 or home office 707-320-1277. reyocum@yahoo.com. Goal: to serve our Trilogy neighbors and adjacent neighborhoods.

### **Pet Care**

Loving Pet Care Services since 2007. Cats: 1-2, two visits \$15. Dogs: 1-2 (or combos of dogs/cats), five visits \$20 a day. Meds etc. negotiable. Advance vacation reservations, short notice welcomed. Includes: feed, scoop, play and brush. Mimi 707-374-4343.

### **Pet Care**

Happy Home Pet Sitting Services Cathy Vickers: Free estimates. Dog walking available. Trilogy resident, dog owner, loves animals. 707-416-8394 or jsv.cav@gmail.com.

### **Pet Care**

I will take care of your dog or cat while you are away. I will care for your pet four times a day at \$25 a day. Ken 707-374-3842 or email kenatkins7@aol.com.

### **Photo-Statuettes**

Full-Color Photo "Statuettes" of pets, Bocce players, Tennis & Pickle Ball players, grandchildren, etc. Have camera & will travel. . . or made from your email and/or existing photos. Call Harlan @ 707-438-5759.

### **Ron the Painter**

Fences, mailboxes., interior home. Trilogy resident. Good work, good price. Call Ron 707-430-3135.

## SERVICES

### **Rain Gutters Cleaned**

Also pressure wash driveway, walkway, patio and outside of house. Trilogy resident Danny 209-570-0302.

### **Reliable Transportation**

Local and all airport transportation, serving all East Bay cities for appointments. Safe and reasonable rates. Call Harvey Evans 602-510-2121.

### **Sprinkler Repair**

Tune-up and repair of irrigation systems. Will tune your sprinklers for optimum operating efficiency. Free analysis by a Trilogy resident. Dennis 707-374-5816.

### **Transportation**

Husband and wife team will drive Trilogy residents to and from area airports, trains, ships and BART. Safe and reliable. Call Betty or James 707-374-3221.

### **Transportation**

Dave's Transportation since 2009. I will take Trilogy residents to planes, boats and trains. Very dependable. Call 707-374-3192 or cell 949-412-8452.

## SERVICES

### **Transportation**

Retired peace officer will provide safe and comfortable transport to travel terminals, destinations and medical appointments within 200 miles. Sandra 707-249-1567

### **Weed Pulling**

Weed Pulling: Don't break your back; keep your yard tidy. Trimming, weeding, general cleanup, plant new plants. Laurie 707-374-6305 or 925-301-7389.

## WANTED

### **Golf Carts**

Cash paid on the spot. Carts can be working or not. Call 707-374-3338 or cell 707-208-9096. Also call regarding rebuilt golf carts.

### **Sporting Goods**

And equipment, especially fishing rods, reels, lures and other paraphernalia. Cash paid on the spot. Free appraisals. Call Ed 707-374-1349 or 925-216-6300.

## Delta Club Pool Tuesday Nights Potluck

Beginning May 2, 5:30 p.m. ~ weather permitting

Meet at the Delta Pool each Tuesday during the summer about 5:30 PM, dinner starts about 6 PM. The grill is available if you'd like to bring something to cook for yourself. Bring a dish to share, your beverage of choice, and table service. NO GLASS CONTAINERS of any kind are permitted in the pool area. You'll meet old friends and make new ones. Everyone is welcome. Please lower umbrellas and leave the patio neat and clean for others to enjoy. Questions, call Claudette Gartner 707-439-6116.

## THINKING OF SELLING? HERE'S YOUR COMPETITIVE EDGE....

- Alain Pinel Realtors is ranked 5th largest independent real estate broker in the nation, for the 5th consecutive year.
- Over 30 offices to serve YOU, throughout the area including Sonoma, Napa, Tahoe & San Francisco.
- Offering personalized marketing plans for each home, including Professional Photography, Virtual Tours, Custom Marketing Materials, Staging and more.
- On-Line Marketing includes Property Websites, Domestic & International.

## HOME PRICES CONTINUE TO RISE!!! CALL TODAY FOR A MARKET ANALYSIS OF YOUR HOME.

- Truly a real estate expert with 35 years EXPERIENCE, I have earned Real Estate Designations including the GRI, CRS, CRB, as well as Manager, Broker, Trainer, President's Council Member and Top Producer. I can help you.
- As a Trilogy and Saddlerock Village resident for almost 5 years, I am fully committed to our community.
- For every closed sale, I donate \$100.00 to the Rio Vista Food Pantry.



Kathie Bleier  
925.683.7084  
KBLEIER@APR.COM  
BRE 01063281



*If you, or anyone you know is thinking about moving, please call me. I LOVE referrals!*

## ADVERTISING INFORMATION

**DEADLINE:** All final ads and checks are due by the fifth of the month prior to the month of publication. For example: June 2017 ads and checks are due by May 5, 2016. All late submissions will run in the July 2017 issue of *Trilogy Living*.

### REGULAR SIZES AND RATES:

- |   |                        |             |
|---|------------------------|-------------|
| • 1/8 page ad   | 3 1/2" wide X 2" tall  | \$90/month  |
| <i>Scan your horizontal business card at 300 dpi, and e-mail it as a pdf, jpg or tiff file to Tania Fardella at indigodesign@att.net.</i> |                        |             |
| • 1/4 page ad   | 3.6" wide X 4.5" tall  | \$140/month |
| • 1/2 page ad   | 7.5" wide X 4.5" tall  | \$220/month |
| • Full page ad  | 7.5" wide X 9.25" tall | \$345/month |

### PREMIUM SIZES AND RATES:

- |  |                      |             |
|--|----------------------|-------------|
| • 1/4 page ad Inside Front or Back Cover | \$185/month          |             |
| • 1/2 page ad Inside Front or Back Cover | \$285/month          |             |
| • INSIDE FRONT COVER                     | 7.5" wide X 10" tall | \$445/month |
| • INSIDE BACK COVER                      | 7.5" wide X 10" tall | \$445/month |
| • OUTSIDE BACK COVER                     | 7.5" wide X 10" tall | \$500/month |

### DISCOUNTS:

- 5% off pre-paid ads for 3 months or more
- 5% off for businesses owned by residents of Trilogy at Rio Vista

*To place an ad, contact Joan Azlant at joanazlant@comcast.net or 707.374.2620. If you need ad design, contact Tania Fardella at indigodesign@att.net or 925.324.9988. Additional fees will apply for design, scanning, and edits.*



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