

PUBLISHED BY THE TRILOGY AT RIO VISTA MASTER ASSOCIATION

April 2017

TrilogyLiving

Spring Fever!



The Ukulele Club builds its repertoire from many genres, including pop, folk, rock and roll, blues, and island. Cure that spring fever and get into the island vibe. Learn more about them on page. 4.

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From the Master Association

Patty Kohn

President

There was a huge crowd at our March 14 meeting—standing room only. The topics that garnered this interest were: drilling of water well #16; the inquiry from Warrior Golf regarding purchasing the golf course; and (sigh) the farewell to Don Love, who is leaving our community.

Rob Hickey, Rio Vista City Manager, spoke about the need to drill the new water well and answered questions, particularly about the need to drill 24 hours a day/five days a week. If you have concerns, particularly as the drilling began on March 20, please direct them to Mr. Hickey at 707-374-6451 X 1101 or rhipkey@ci.rio-vista.ca.us.

Attendees received a copy of the letter from Warrior Golf and the response written at the direction of the Board. We have suggested that Warrior apprise us of their sale efforts and have requested two years of audited financial reports. There is no offer at this time for the Board to reject or approve. If at some time the Association considers purchase of the golf course, there will be a member vote.

Executive Session: The Executive Session was held March 13. The following items were discussed:

Legal/Litigation

- Negotiating Team/LOI: The Board reviewed possible costs and funding options for the fourth clubhouse and agreed to seek legal counsel regarding the Development Fund and the duty of the delegates.
- We will notify a member that common-area tree trimming is prohibited.
- We have two options for placing a stop sign on Silver Ridge and will contact a member to determine which option is preferred.
- Melissa Coleman will represent the Board in our efforts to ensure all common area has been properly deeded and recorded to the Association. Melissa initiated this effort several months ago.

Formation of Contracts

- The Board will interview an architect who has been asked to consider design options for the Delta Club.
- The domain name for our new website is mytrv.org. Contract review continues with the vendor.

Personnel

- Three job descriptions were approved for new positions in the Administrative Office.
- Teresa Fraser was appointed to the Negotiating Team.
- Standing committees of the Board generally have a Board liaison. The following were approved: Don Seyk - Amenities; Patty Kohn - Community Advisory; Patty Kohn - Village Governing Documents; Melissa Coleman - Administrative

(continued on p. 14)

TRILOGY AT RIO VISTA

D I R E C T O R Y

Master Association Board of Directors

Patty Kohn, President 707-374-2737
Donald Seyk, Vice President 707-374-6407
Teresa Fraser, CFO 415-407-8563
Joel Auslen, Secretary 707-374-5808
Melissa Coleman, Director at Large 707-374-6874

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Village Oakmont - Lee Puryear 707-374-3510
Village Riviera - Ida May Wagner 707-374-6714
Olympic Village - Richard Pettijohn 707-374-3065
Saddle Rock Village - Joe Perpetuo 510-387-4517
Eagle Point - Mark Weiss 925-980-7249

Committee Chairs

Community Advisory - Bill de Manincor 707-374-6404
Administrative Policies - Arthur Fox 707-374-0068
Village Document Revision - TBD
Clubhouse Improvements - Marlene Percivalle 203-828-8229
Emergency Action - Barry Fraser 415-407-8529
Access - Art Darden 707-374-3455
Amenities - Joe Downes 707-374-7520

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From the Editor



Andrea Stuart

It is with a heavy heart that I bid adieu to Trilogy at Rio Vista. The last seven years have provided me with many fond memories, and for that I am so very grateful. I have enjoyed receiving your messages, learning from you, and getting to know you. Thank you for trusting in me to share your stories and passions. Thank you for sharing your enthusiasm for life, and for your kind and heartwarming words each month. I will miss your smiles, cheeky anecdotes, quirky jokes, and creativity. Thank you for making me feel like a part of this community! It is truly a gift to be embraced by a village with such warmth and appreciation. Starting with the May 2017 issue, please send future articles to Jay Coleman at ColemanTRV2@gmail.com.

But before I go, allow me to introduce you to the Ukulele Club, our feature this month!

In 2014, Claire McKean, lead vocalist with Solid Gold and member of The Delta Divas, learned how to play the ukulele after recalling fond childhood memories of enjoying ukulele music. She collaborated with musician Loren Iversen to form a club for Trilogy residents who share her enthusiasm. Starting with six members, the Ukulele Club has grown to about 30 members. The club meets every Wednesday in the Diablo Ballroom. Beginners quickly master their first songs with no prior musical training or experience.

Members of the club perform in several Trilogy music events as well as at off-campus venues, including monthly jam sessions at The Point restaurant in Rio Vista. The club's purpose is all about having fun, making new friends, and learning firsthand about the enduring popularity of this beloved little instrument. Learn more about the club on page 38.

"We must let go of the life we have planned, so as to accept the one that is waiting for us." ~ Joseph Campbell

With Gratitude,

Priority List for Emergencies

If you or someone you know has special needs (oxygen, electricity for dialysis, etc.) and wants to be placed on a priority list for assistance in the case of an emergency, please contact Member Services Coordinator Cheryl Lucas at (707) 374-4203 or clucas@actionlife.com. Please provide your name, address, phone number, and describe your special needs.

From the Board of Directors: The publisher retains the right to edit articles and advertising to conform to content and space requirements. The Trilogy Board of Directors is not responsible for expressed opinions or for the authenticity of all presented facts in articles and advertisements. Viewpoints contained in this newsletter are not necessarily the opinions of the Trilogy at Rio Vista Master Association, the Board of Directors, its officers, or management.

From the Activities Director



Debbie Dorn

Hello Trilogy, a dance favorite, Matt Applin & the Midnite Band, returns this month. And we have snagged Comedian Mickey Joseph for a first-time performance in Rio Vista! Then, by special arrangement, we are excited to announce the international touring violinist and entertaining artist David Klinkenberg, performing here at Trilogy May 13. Sign up soon to save your place. Bring your favorite refreshments to enjoy during these events.

Looking for computer classes? See page 43 for new twists with some popular classes. Class trainers are in demand, so please call me! We are also gearing up for the Community Garage Sales next month. The \$1 city required garage sale permits are available for your convenience at Vista Club Member Services.

Whatever your pleasure, you are likely to find the experience in your community any month and any season. Here's the lineup on a few upcoming events for your calendar:

- 4/02 & 4/23 Trilogy Produce Market
- 4/08 Gift, Craft, Art Faire
- 4/08 Jewelry Show
- 4/08 Denny James Performs in GLR
- 4/09 Solid Gold ~ Dance Club
- 4/12 Computer Classes:
iPhone 1 & MS Word Multi-Page Docs
- 4/16 This 'n That Coffee House ~ Guitar Club
- 4/19 Computer Classes:
iPhone 2 & MS Word Templates
- 4/21 Comedy Night Featuring Mickey Joseph
- 4/23 Trilogy Jazz Band Tea Dance
- 4/28 Bingo
- 4/29 Dance Concert: Matt Applin & Midnite Band

Get Ready...

- May 6 Trilogy's Community Garage Sales
- May 13 World Touring David Klinkenberg
in Concert at Trilogy!

Be sure to check into what is happening in the club section of this issue for more activities! You'll find there is something for everyone! Your comments and suggestions are always valued. Send an email anytime ddorn@actionlife.com. My mailbox is always open!

**For non-delivery of Trilogy Living, contact
Member Services at 707-374-4200.**



ANNOUNCEMENTS:

Start Thinking "Parade!"



Gather friends and family for a brainstorming party to enter the Fourth of July decorated golf cart contest. Or enter just for fun on another type of decorated mobile vehicle, bicycle, scooter, tricycle, or walk. Clubs, this is your chance to show off for the community! Details and entry forms will be in June's *Trilogy Living*. In the meantime, get ready. It's quite a celebration hosted by Trilogy and all villages. Contact Debbie Dorn 707-374-4204 for general information.

EVENTS:

Computer Classes - Wednesdays

Wednesday, April 12 & 19, Learning Center Vista Club

NEW CLASSES! Don't miss iPhone - Level 1 Wednesday, April 12. Then follow-up with iPhone - Level 2 on April 19. Bring your fully-charged iPhone to both classes. There's a new twist coming for the Microsoft Word classes. Learn to work with multi-page documents on April 12 and use templates on April 19. See page 43 for important details. Contact Debbie Dorn ddorn@actionlife.com.

Trilogy Produce Market

Sunday, April 2 & 23, 10 a.m.-3 p.m., Delta Club



Experience Trilogy's market place! Trilogy's Produce Market provides wonderful produce and other specialties. Bring your neighbors and stock up! It's easy to keep a fresh supply of fruits, vegetables, and specialties on hand without leaving Trilogy.

Spring Gift, Craft, & Art Faire Including Jewelry Show

Entertainment by Denny James 11-2pm

Saturday, April 8, 10 a.m.-3 p.m., Vista Club ~ Free

Don't miss out on this convenient and unique spring shopping experience at Trilogy! Denny James will entertain from 11 a.m.-2 p.m. and Café Vista will be open until 3 p.m. Raffle sales and drawings are held throughout the event. Each merchant table will donate a prize for the raffle to benefit Meals on Wheels. NEW: registered sellers at this show will have a chance to register for the fall show scheduled for November 18, 2017. The invitations for other sellers to register in the fall will be mailed later in the year. For those who are new to this event, if you want to receive the seller registration notice next fall for the November Faire, ask Member Services at the Vista Club front desk to put you on the e-mail list. Questions? Contact Member Services 707-374-4200 or Debbie Dorn at ddorn@actionlife.com.



~ Dance Concert ~

Matt Applin and the Midnite Band

Saturday, April 29, 7-9:30 p.m.
Diablo Ballroom, Vista Club ~ \$15

Matt is a charismatic singer and entertainer with interactive audience appeal.

The Midnite Band provides beautiful music that complements Matt's vocals.

These amazing musicians of R&B, Motown, and Standards have the chemistry that comes only from years of performing together. They never miss a beat!

Visit their website at www.mattapplin.com.

Bring your favorite refreshments and friends and family for an evening of dance and entertainment! Sign up at Member Services.



~ International Touring Artist ~

David Klinkenberg in Concert

Saturday, May 13, 7–9 p.m.

Vista Club, Diablo Ballroom ~ \$20

David's concerts span the musical spectrum. From the classical to the kooky, his fiddle (as he likes to call it) generates a melodic mixed of inspiration, with a healthy dose of levity. David has been developing his artistry as a violin player since age four and is one of the best selling instrumentalists in America. He has performed with such acts as Jim Brickman and Celtic Women. Recently, he became one of only a few violinists in history to be featured on PBS international. Sign up at Member Services at the Vista. Contact Debbie Dorn for questions ddorn@actionlife.com.

Blood Pressure Check ~ Free

Thursday, April 13, 9–10 a.m., Library Delta Club

Have your blood pressure checked the second Thursday of every month at the Delta Club Library between 9–10 a.m. Stop by and keep that blood pressure in check!

Comedy Night Featuring Mickey Joseph

Friday April 21, 7– 8 p.m.

Diablo Ballroom Vista Club ~ \$15 pp

Seen on ABC's America's funniest people and NBC's Friday night videos, Mickey Joseph is a finalist in the San Francisco standup comedy competition. He opened for Ellen DeGeneres, George Lopez, Huey Lewis, and many more. He has performed over 1,753 times as Joey Bishop in the Las Vegas hit show, "The Rat Pack is Back!" Bring refreshments to enjoy during the show. Sign up at Vista Club Member Services.

Clubs and Groups, Help Us Help You!

Remember...

- Update Club Applications with club contact and event organizer changes.
- Submit completed room reservation forms for special events at least one month in advance.
- Effective 2017 tablecloth and skirt fees are due prior to event. Make checks payable to TRVMA and drop off with reservation form or copy at front desk for Debbie Dorn.
- Communicate meeting or event reservation changes as soon as possible, help prevent unnecessary setup and unused blocked rooms.
- Reservation requests: rooms are available more often Friday through Monday.

The most preferred times and days requested are afternoons, Tuesday through Wednesday. Try looking at the other four days of the week, mornings and evenings. Questions, contact Debbie Dorn ddorn@actionlife.com or 707-374-4204. Thank you.

SHOWCASE YOUR CLUB!

Portions of the Vista Club display case are available for clubs to showcase activity, projects, and promote participation to join your group! Let others know what your group's purpose is about, display items that will tell the story and invite others to join the fun! Include a sign with the club name and contact information on display for those inquiring minds. Displays are rotated on a comfortable schedule to share your story with Trilogy! Those interested in showcasing their club can have the authorized representative sign up at Vista Club Member Services desk. For more information contact Debbie Dorn at email address ddorn@actionlife.com



Bingo and Concert Switch Nights - May Only!

Friday, May 26: Concert on the Patio

Saturday, May 27: Bingo

Have you ever wished for Bingo on Saturday, or the concert on Friday? Here's your chance for one month only! In conjunction with the Bingo Club, we are flipping nights, which was prompted by return of the amazing group Decades. These performers are going national but are scheduling a special return performance for Trilogy before leaving. With appreciation for the Bingo enthusiasts, we hope this arrangement may offer new opportunities for your enjoyment!

Trilogy Community Garage Sale ~ Open to the Public

Saturday, May 6, 9 a.m.–3 p.m.

Get ready for Trilogy's semi-annual garage sale! Seller-marked maps will be emailed to residents by May 5, and available to visiting buyers at the Welcome Center the day of the sale. You do not have to be included on the map to sell. There are three steps for sellers:

1. Obtain a garage sale permit for \$1 from Member Services at the Vista Club prior to May 6. Purchase prior to April 28 to place your sale on the map. Permits are a city requirement.
2. Tie an inflated balloon to your mailbox or tree.
3. Open your garage door.

The sale is open to the public and advertised in the local papers. Outside buyers will not be allowed through the gates until 9 a.m., and residents are asked to postpone their shopping until 9 a.m. in consideration of sellers setting up for the sale. Questions, contact Member Services (4200) or email Debbie Dorn at ddorn@actionlife.com.

Karaoke with Stefan!

Friday May 19, 7-8:30 p.m.,

Diablo Ballroom Vista Club ~ Free

Here's a new twist on a familiar event. Professional entertainer Stefan Barboza will bring you Karaoke fun mixed with open dancing. You are still likely to find story tellers, special dancers, folk singers and other spontaneous entertainment. Bring your favorite snacks and beverages as you prepare for an evening of good times. No signups required.

Mark the date...

Free Shredding Service

Saturday, May 13, 9–12 p.m. (Or Until Truck Fills)

The shredding truck will be parked in the Delta Club overflow parking lot near the tennis courts. Limited to five boxes per member. Remember to remove all paper clips, binding materials and similar objects other than staples. This service is provided compliments of Rio Vista Sanitation.

Concert on the Patio Featuring Decades

Friday, May 26, 7–9:30 p.m., Patio, Vista Club ~ \$20

This is the first Concert on the Patio of the season featuring a group who left us wanting more when they last performed! Incredible pitch-perfect renditions of hits from Chuck Berry to Katy Perry! Amazingly entertaining these recording artists perform at casinos, corporate and private venues. Decades is ready to rock Trilogy! Let's Dance! Visit their web site at www.musicfromthedecades.com. Bring your own refreshments to enjoy during this talent-filled show and dance! Remember to bring your favorite lawn chair and warm clothing for the cool evening after sunset. Sign up at Member Services at the Vista. Contact Debbie Dorn for questions ddorn@actionlife.

Computer Class Instructors Needed!

Can you share your computing know-how with others?

Do you have experience using some of the common computing programs like internet browsing, word processing, spreadsheets, or email? Consider sharing your how-tos with others in an informal setting at the Vista Club's Learning Center. Guru status is not necessary! If you may be interested, please contact Debbie Dorn 707-374-4204 or share your thoughts or questions by email ddorn@actionlife.com.

Assessment Notice

Association Assessments are published monthly on this page of *Trilogy Living*. This is an additional vehicle for checking your current assessment. Coupons will reflect the monthly assessment for those receiving them. Those on automatic withdrawal (ACH) may check their bank statements after the 5th of the month to see the amount taken out and all members may register at www.actionlife.com to monitor their accounts 24/7. If you have questions or need help registering online, please call the Administrative Office 707-374-4843.

Assessments for the Month:

Master Association \$128.84, effective April 1st, plus the appropriate Village Assessment below:

Village I	\$5.25
Village Oakmont	\$5.20
Olympic Village	\$5.10
Village Riviera	\$5.25
Saddle Rock Village	\$6.00
Eagle Point	\$0

(None until dormancy ends)

Note assessment changes above and contact your auto-payment provider.

Amenities Committee

The Amenities Committee continues its effort to formalize plans for the final build-out of the community amenities. Outreach, in the form of survey work, is ongoing. General concept plans, for the Design Center and the new building, have been forwarded to the Master Board for review. More to follow. The Amenities Committee is scheduled to meet on the third Monday of each month 2:30 to 4 p.m. in the Diablo Ballroom. The next meeting is scheduled for April 17. All residents are invited to attend, listen and share your thoughts as the process moves forward. If you have an interest in becoming a member of the Amenities Committee, visit the Administrative Office at the Delta Club, fill out and submit a formal committee application form. Committee members are appointed by the Master Board. For more information, contact Joe Downes for the committee josephdownes@citlink.net.

Emergency Action Committee



Emergency Action Committee in action during April 2016 mock exercise.

Spring is finally here! We have been fortunate to make it through a very heavy winter storm season this year, and your Emergency Action Committee continues to prepare to help ourselves and our neighbors in Trilogy in the case of an emergency.

A big part of this preparation is our annual "mock emergency" exercise, scheduled for April 22 from 10 a.m.-12 p.m. at the Delta Club. We will conduct a hands-on drill with our volunteers responding to a stated emergency the same as they would in an actual incident. We will have volunteer "victims" from the Trilogy Theater Group, and Dog Club volunteers will help set-up an emergency care area for pets of Trilogy residents. We also have invited the Rio Vista Fire Department to make the exercise more realistic. Everyone is welcome to come by and watch your Emergency Action Committee in action!

The Emergency Action Committee is a committee of the Master Association Board. We are all volunteers who live in Trilogy and care about our neighbors. We meet at 6 p.m. on the second Tuesday of each month at the Delta Club in the River Room. We are always looking for new volunteers to join this fun and worthwhile group. If you have any questions, you can contact our Chairperson, Barry Fraser, at 415-407-8529.

Eagle Point Village Residents' Club

Our Welcome Committee has been intensely working on creating a welcome bag to be personally delivered door to door to the newly arriving residents of Eagle Point. These bags will contain great local information and other small gifts, certain to help new residents get familiar with Rio Vista and the opportunities offered in Trilogy.



Association Meeting Calendar April 2017

Master Association Board Meeting

Tuesday, April 11, 2 p.m.
Diablo Ballroom, Vista Club

Council of Village Presidents

Monday, April 17, 10 a.m.
River Room, Delta Club

Access Committee

Monday, April 24, 1 p.m.
River Room, Delta Club

Administrative Policy Review Committee

TBD

Amenities Committee

Monday, April 17, 2:30 p.m.
Diablo Room, Vista Club

Community Advisory Committee

Thursday, April 27, 1 p.m.
Rio Vista Room, Delta Club

Emergency Action Committee

Tuesday, April 11 and 25, 6 p.m.
River Room, Delta Club

Clubhouse Improvement Committee

Monday, April 10, 3 p.m.
River Room, Delta Club
April 24, 3 p.m.
Monterey Room, Vista Club

Celebrate National USPS Mailbox Week in Trilogy!

Our 1st Annual Spring Mailbox Campaign May 15 through 21



Join in and beautify your neighborhood by maintaining your mailbox and stand. Let us know at the Delta Club administrative office that your mailbox/stand has been painted or replaced and be entered into a drawing for a \$25 café gift certificate. If you have any questions, please call the Compliance Coordinator at 707-374-4843, extension 151. Need to replace your mailbox or want help - let us assist you with a handyman referral. Don't be left out with a shabby mailbox or a leaning, lack luster mailbox stand!

Going forward, please save the following dates. On Sunday, April 23 in the Delta Club we will host our Annual Meet and Greet Potluck. This is a wonderful opportunity to meet other Eagle Point resident's and participate in raffle gift drawings, including a 50/50 cash drawing. Contact Bonnie Weiss at 707-374-4715 for details.

On May 6, all Villages in Trilogy will hold the first semi-annual Garage Sale of 2017. We are asking that anyone wishing to donate unwanted household items but not wanting to participate in selling those items contact Marlene Swieso at 714-317-9688. The proceeds of all gifted items will go to our Residents' Club as a donation, and will be greatly appreciated. Watch your mail tubes for details.

On Thursday, June 8, we have arranged for a Day at the Races in San Francisco at Golden Gate Fields Turf Club for \$65 per person. It includes bus transportation, which is great fun with games and prizes, a day of horse racing, and a fabulous lunch at the Turf Club Restaurant, not to mention hours of fun analyzing the horses, jockeys, and crowd! Flyers have already been sent out, so get your reservations turned in to Box #7 at the Delta Club. Seating is limited.

Saddle Rock Village Residents' Club



The winning chef at the Chili Cook off was Pete Percivalle; second place Jenan Afaneh O'Brien; third place Jody Sullivan. Monte Wilson won the 50-50 raffle;

Joyce Talbert won the second chance prize, which is a ticket to another SRV event. Harlan Dalluge won the contest for counting the raisins in a glass decanter.

On Tuesday, April 25, SRV is hosting its Second Annual Spring Tea from 2 p.m.-5 p.m. in the Diablo Ballroom, Vista Club. There are 14 tables with seating for eight with a hostess for each table. The menu includes quiche, tea sandwiches, scones and desserts. Pianist Lee Mueller provides music and Dorothy Tate is the guest speaker. The cost is \$20 per person. Contact Jorun Hansen at 925-437-7827 for registration information.



All SRV residents are welcome to participate on the Activities Committee which meets on the first Wednesday of each month at 2 p.m. in the Monterey Room, Vista Club. Bring your ideas and become involved in our village social activities. Our next SRV meeting will be Wednesday, May 17 in the Rio Vista Room, Delta Club. The Executive Board meets at 6:30 p.m. and Residents' Club meets at 7:30 p.m. followed by our social time. Learn what's happening in SRV and Trilogy.

Upcoming Events: SRV Block Party on Saturday, September 23 in the Delta Club; SRV Holiday Party on Sunday, December 3 in the Vista Club – note the change of date. Your Residents' Club Executive Board needs SRV residents to serve on the new board starting July 1. Contact Rayno Niemi, Vice President, for information at 585-313-6532 or raynoniemi@yahoo.com.

Village I Residents' Club

After such a rainy winter, we are all looking forward to Spring! Celebrate by coming to a Village I Residents Club Potluck on Wednesday, April 12 at 6 p.m. in the Marina Room of the Delta Club. Bring your own drink and table service and a dish to share. Enjoy complimentary wine and cheese at the meeting to follow, at which time we will discuss plans for the upcoming Cinco de Mayo celebration in May. For more information, contact Don Cooper at 510-909-5049 or email VillageOneRC@gmail.com.

Oakmont Village Residents' Club

Hello Oakmont Village Residents! Spring is in the air and to celebrate we are planning to welcome our new members at a Meet and Greet event where New Members can meet their Oakmont Village neighbors and existing residents can make new friends and renew old friendships. Mark your calendars! This event is scheduled for April 30 at the Delta Club patio from 4-6 p.m. All Oakmont Residents' are welcome!

We want to thank Linda Bingham for her outstanding job as event chairperson for Oscar Night (February 26)! Linda transformed the Diablo Ballroom into a wonderful movie theatre where guests were escorted to their seats by ushers and treated to popcorn, theatre size boxes of candy, and prizes for Oscar-related trivia games during the intermissions. Each table was dedicated to a particular movie, Oscar nominee, and guest (many in star costumes) and loudly cheered for their table's movie each time it was mentioned. Thank you, Linda, for your enthusiasm and creativity! Thank you to the amazing people who helped! Most especially, thank you to everyone who came!

Again, I want to encourage Oakmont Village Residents to please take the time to fill out our survey. It is located at the Delta Club above the Village Oakmont mailbox. Even if you have already filled out the survey in previous years, please let us know that you are still interested in helping. We deeply appreciate your suggestions and willingness to volunteer! Thank you in advance for your support!

Our next meeting is April 3 at 3 p.m. in the Monterey Room of the Vista Club. We are counting on your help to make this year exciting and successful. Anyone who has suggestions or wants to volunteer, call Ginny Glover at 707-334-1966 or ginnyg235@gmail.com.

Village Oakmont Kare Bears

The Oakmont Kare Bears continue to be busy making plans for future fund-raising, new member recruitment, and finding ways and means of better neighborhood interaction and communication. Watch your tube for more information on new projects!

We are also looking for volunteers to be street/neighborhood representatives to help us share Kare Bear information with possible neighbors in need of our help. If interested in being a -street rep or to find out exactly what it might entail, call Nancy Griffin at 707-320-1329 or Annelie Voit 707-374-4968.

If you know of a neighbor in need due to medical or health problems, please call the above numbers. This help can include transportation to medical appointments, help with meals, etc.

We would love to see some new faces at our meetings. So, come join us and see what we're all about! The next Oakmont Kare Bear meeting is Wednesday, April 12, in the Delta Club. Come early and enjoy goodies and coffee. Hope to see you there!

Village Riviera HOA

This is the time of year when the days are longer and Summer is just around the corner. It is the perfect time to look through *Trilogy Living* to see if there is an exercise class, club, or other activity you would like to check out. Also, if you didn't change your smoke detectors batteries, now is the time to do it.

Congratulations, Don, on being elected to the Master Association Board of Directors. Because the Village Board president is now the Village delegate, Don Seyk could no longer be our village president or vice president, but could hold the position of treasurer, secretary, or director. The board voted and the Village Riviera Board positions now are: Ida May Wagner, president; Martin Plavin, vice president; Carolyn Azbell, treasurer; Don Seyk, secretary;

and Ron Waite, director. The budget was discussed and it was decided that the village assessment portion will remain at \$5.25.

Our next meeting is May 4 at 6:30 p.m. in the Marina Room at the Delta Club. We value your opinion and would like to invite you to join us at our next meeting. If you have any questions, call Don at 707 374-6407.

Village Riviera Residents' Club

The "mystery event" is no longer a mystery. It is called Evening at the Races and we have a fun rhyme to tell you about it. Put on your rhyming sing-song glasses and go for it.

*Another new event by Riviera;
Evening at the Races, and we want to invite ya!
There will be prizes and games
and you'll learn some new names.
You will all have some fun watching your horses run.
You will bet on a honey with tickets, not money!
It's luck more than skill, so come if you will.
If you come and wear your favorite hat,
You just might win a prize for that.
Don't forget there's a drawing
with no fighting or clawing.
Just buy a raffle ticket and hope that we pick it.
Bring cans for the Pantry, each good for one entry
For a prize that's super - maybe super duper.
Want to know how to be a winner?
You will enjoy a delicious dinner! < rousing applause>*

The flyer will come right to you next month in your May *Trilogy Living* magazine, with more details about this event. Save the date for June 10. Adults from all villages are welcome. You must sign up in advance once you get your flyer, as there will be no tickets sold at the door. We hope some of the many new residents moving in to Riviera will join the Residents' Club planning fun social events. We meet the third Thursday of every month, 4 p.m., in the Monterey Room of the Vista Club. Contact Myra at 707-374-3660.

Village Riviera Kare Bears

We bid a fond farewell to past president Valerie Krummer at a good-bye party, which was attended by over 100 friends. Valerie has moved to Elk Grove to be closer to family. Our guest at the February meeting was Reverend Fuetes of Faith in Action. He shared information about their "Ride with Pride" program, which offers transportation for seniors to medical appointments and



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other local destinations. Call 707-469-6675 or visit www.faithinactionsolano.org.

At the April meeting, we hope to have as our guests representatives from other Kare Bear and similar groups share and exchange ideas. Christine from Lira's Market will also speak to us about Lira's food delivery service and other services that might be useful to home bound seniors.

Judy and Jan Kirkley are organizing our bake sale on April 8. Please contact them if you can bake and/or volunteer the day of the sale, 707-374-6878. Place your labeled items in plastic bags or on disposable plates. We will price them the morning of the sale. Favorite items in the past were peanut brittle, old-fashioned peanut butter cookies, fudge and lemon bars. Please bring your baked items to the side entrance of the Vista Club between 8:30 a.m. and 9:30 a.m. on Saturday, April 8.

If you would like to become more involved in Kare Bears or learn more about us, be sure to come to our next meeting on April 10 at 10 a.m. at the Delta Club. Or, join us for coffee and goodies at 9:30 a.m. Remember, if you or a neighbor needs assistance because of illness or surgery, please contact your street coordinator or call Gerry at 510-507-4080.



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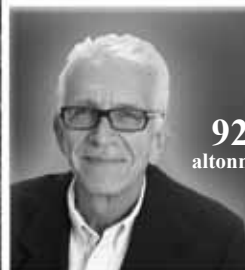
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Raymond Donovan, M.D., is a General Practice physician with more than 40 years of experience in the Bay Area. In the privacy and convenience of your own home, Dr. Donovan will be your medical advocate by listening to your concerns, and assisting you in understanding your medical options.

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- **Vital signs**
- **Medications**
- **Imaging and lab test results**
- **Nutritional status**
- **Physician-to-physician communication**
- **Skilled Nursing referral when needed**



TRILOGY OWNER/RESIDENT

Recent Merger with Graybill Pest Solutions

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reyocum@yahoo.com

**Trilogy references on request*

**Committed to our community-Competitive Pricing*

COMEDY NIGHT



Mickey Joseph

Delivering
his uplifting
comic genius
performance
while keeping
his show
corporate clean!

**Friday April 21, 2017
Vista Club Diablo Ballroom
7:00 p.m. - 8:00 p.m.**

*Bring your favorite refreshments
to enjoy during the show.*

Sign up at Vista Club Member Services ~ \$15

COMING IN JUNE !!!!!



BY SPECIAL ARRANGEMENT WITH DRAMATISTS PLAY SERVICE, INC.
WRITTEN BY JESSIE JONES, NICHOLAS HOPE, JAMIE WOODEN
DIRECTED BY KEVIN KENNEDY

**THURSDAY, FRIDAY, SATURDAY
JUNE 1, 2, 3 - 6:30PM
SUNDAY JUNE 4 - 2:00PM
DIABLO BALLROOM - VISTA CLUB**

RESERVATIONS OPEN APRIL 28
WATCH FOR ANNOUNCEMENTS ON NEXT-DOOR; RESERVATION
FORMS WILL BE AVAILABLE IN THE MAY TRILOGY LIVING MAGAZINE
AND ON CLUBHOUSE LOBBY BILLBOARDS AT THE END OF APRIL.
IF QUESTIONS, CONTACT KEVIN KENNEDY (408)921-2607

THIS HILARIOUS AND TOUCHING COMEDY
CELEBRATES THE 55+ YEAR FRIENDSHIP BETWEEN FIVE
MEMORABLE AND DISTINCTLY DIFFERENT SOUTHERN WOMEN
WHO MEET EVERY AUGUST IN NORTH CAROLINA'S OUTER
BANKS TO SHARE THEIR LIFE STORIES AND REKINDLE THE
BOND FORMED ON THEIR COLLEGE SWIM TEAM.

(notes from the Master Association, continued from p. 3)

Policy Review; Teresa Fraser - Clubhouse Improvements. Patty Kohn will continue to work with the Web Evaluation Team; Teresa Fraser will continue on the Collections Team.

- Melissa Coleman was appointed to serve as liaison to the consultant working on the property management RFP.

General Session

Unfinished Business

There was no Unfinished Business

New Business

- Joel Auslen was appointed to the Board to fill the vacancy created by Don Love's resignation. His term was effective at the conclusion of the Board meeting.
- The Board voted in favor of using oyster flour as a binding agent on the bocce ball courts. CFO Fraser indicated that the General Fund has \$800 earmarked for bocce maintenance, which can be used for this purpose, reducing the amount the club will provide.
- Revisions to the transponder policy (gate-entry clickers) were recommended by the Access Committee. Of special interest is the suggestion that owners can receive a transponder for each vehicle they own and vendors may purchase transponders. Details of the policy will be reviewed by Melissa Coleman, liaison to the Administrative Policies Committee, and members of the Access Committee in preparation for a first reading.
- The Board voted in favor of allocating \$8,512.50 for the purchase of 500 transponders.
- The Board voted in favor of having the Access Committee begin work on the following projects: investigating controlling common-area access using electronic means; conducting resident training on Dwelling Live.

After the meeting, Don Love was recognized for his service to the Association. Don is a man of vision, and we will miss his many contributions.

Organizational Meeting

Joel Auslen became our new Board member, replacing the position vacated by Don Love. As Don Love was the Vice President, an election was held and Don Seyk was elected Vice President. As Don Seyk had

been the Secretary, an election was held and Joel Auslen was elected Secretary.

Please contact me with any question or concerns regarding this report or any other board business at pfkohn@gmail.com or 707-374-2737. Please attend our next board meeting, April 11 at 2 p.m. in the Diablo Balloom at the Vista Club.

Storing Your Trash & Recycle Bins



According to our Village Handbooks: Trash containers and recyclings bins may be out the night before pick-up and must be stored in the garage or trash enclosure. If you have any questions, please call the Architectural Coordinator at 707-374-4843, extension 156. She can assist you with an easy and affordable solution!

Trilogy's Spring Gift, Craft & Art Faire and Jewelry Show

Saturday, April 8, 2017

Vista Club 10 a.m. — 3 p.m.

No Entry Fee & Public Welcome

***A unique shopping experience with
family, friends and neighbors!***

- * **Raffled Prizes** (Proceeds to benefit Meals on Wheels)
- * **Featuring Denny James 11 - 2 p.m.**
- * **Café Vista open till 3 p.m.**

Interested in Selling Your Own Treasures?

Merchant table registration begins 2/27/17 8:30 a.m. at the Vista Club. Hand-crafted items are preferred, and all jewelry. Each seller donates a prize for the raffle to benefit Meals on Wheels. This event is advertised open to the public. Sellers can request to be listed to receive registration details in time for the November Fall Faire.

Call 707-374-4200 for more information.

**“MONTEREY & SONOMA”
ROOMS**

VISTA CLUB

JEWELRY SHOW

ALONG WITH THE GIFT, CRAFT & ART FAIRE

MERCHANT TABLE SIGN UP BEGINS 8:30 A.M. FEB. 27

SATURDAY

APRIL 8, 2017

10:00 A.M. - 3:00 P.M.

**DENNY JAMES IN THE
GRAND LIVING ROOM
11 A.M. - 2 P.M.**

CAFÉ VISTA OPEN TILL 3:00

CONTACT MEMBER SERVICES FOR MORE INFORMATION (4200)

Trilogy Community GARAGE SALES!

Saturday, May 6, 2017

9 a.m. to 3 p.m.

Open to the
public!



Gate opens 9

Want to sell? Want to be on the community map so buyers can find you? Call Member Services 707-374-4200 by APRIL 28. Maps will be emailed to residents by MAY 5. Then Maps will be available Saturday for the general public entering the Welcome Center Gate. There is no requirement to be on map to sell items.

To participate:

1. Obtain a garage sale \$1 permit from Member Services at the Vista Club through Friday MAY 5
The \$1 permit is a city requirement.
2. Tie an inflated balloon to your mailbox or tree.
3. Open your garage door

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RE-COMMIT TO BE FIT this spring

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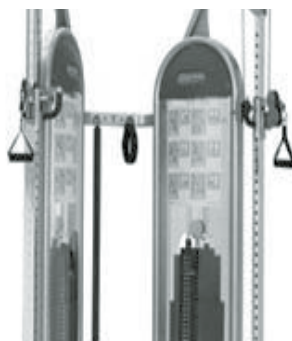
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(FORGET/BEEN GONE FOR AWHILE?)

ONLY \$20

INTRO 1 HR SESSION WITH TRAINER

\$50

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DUAL ADJUSTABLE PULLEY
One-on-One Training
One Hour Session
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Three PT
One Hour Sessions
\$135

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appointments
today @
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- Personal Support
- Sport Specific
- Stay Motivated
- Cardio Training
- Resistance Training

"IF YOU ARE ALWAYS
TRYING TO BE
NORMAL
YOU WILL NEVER
KNOW
HOW AMAZING
YOU CAN BE."

Maya Angelou

Our Agency is Proud to Announce...

Our Services are Available at

Trilogy of Rio Vista!

Your Care Managed by an RN!



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Kathy Erwin
Fitness & Spa Director

April New Member Fitness Orientations

All new members are required to attend one of our fitness orientations: an informative overview of the fitness facility, its safety rules and to answer any questions you may have. This is also an opportunity to make an appointment for your ROM (range of motion) to get started in the right direction.

Next Orientation Dates:

Saturday, April 8 at 11 a.m.

Tuesday, April 11 at 6 p.m.

Saturday, April 29 at 11 a.m.

Start your fitness program with a personalized ROM (Range of Motion) appointment with one of our Personal Trainers to make sure you are properly set up for an effective and safe workout. A Range of Motion is a one-time \$20 fee, you'll have one on one with your trainer and once you are set up the strength training machines will remember your settings and track your workouts.

FITNESS SPOTLIGHT **DORIS NORIEGA**



Doris and her husband, Tino, moved to Trilogy 12 years ago, from Southern California. Doris enjoyed a career as a science teacher and Tino as a Superintendent. They have four daughters: Rebecca, Lisa, and twins, Vanessa and Tessa. Each of them lives with their families in San Jose and have seven grandchildren between them.

Roughly eight years ago, Doris started taking Group Ex classes at Trilogy. Her first class was Work out with Weights with Pat. She said Anna's meditation classes have been wonderful helping her with stress and pain. After a bad fall five years ago, she shattered her arm and shoulder, and has a metal plate and eight pins. She felt Aqua Fit with Denise would be a good decision. To this day, she enjoys attending Denise's class, having gained much strength, mobility and range of motion (90 degrees, in fact). Doris' workout regimen also includes swimming laps, walking, and morning stretching.

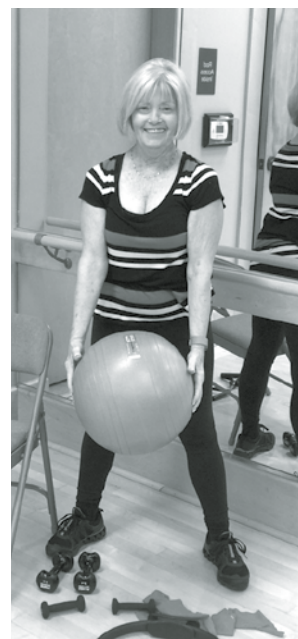
When Doris isn't exercising, she participates in the Book Club, Nature Club, Hiking Club, Photography Club, Trilogy Art Guild and volunteers for Rio Vista Care and Discover Rio Vista Magazine. She enjoys photography, literature, and writing stories and Haikus. Having a black belt in Tae Kwon Do, she can easily keep up with her grandchildren's sports and activities. Doris says she loves to stretch herself and do things she normally does not do.

AGING BACKWARDS

Aging Backwards is perfect for beginners, seniors, or anyone needing a softer approach to exercise. This one-hour class offers gentle movement both sitting and standing. No floor workout.

Instructor Pat Puryear works on core activation, balance, alignment, muscle strength, flexibility, and light cardio. Class uses an array of balls, weights, bands, tubing, and bars.

Every Thursday 10-11 a.m. for 8 weeks
Session dates: April 27-June 15, 2017 (8 classes)
Fee: \$35





Beverly Shilich Retires From Trilogy After 10 Years!



Trilogy congratulates Bev on her retirement from Trilogy. We have enjoyed working with her and consider her a valuable asset to our Health and Wellness Department. She has an enjoyable presence and embedded herself in numerous fitness activities, from Sit and Get Fit, Aqua Post Rehab Therapy, and Personal Training to special events like the Triathlon, Walktober, and the Fitness Potlucks.

While she will be missed, she has earned her retirement. Her hard work and diligence have greatly benefited the fitness department. She has been a valuable member of the Trilogy family and will be deeply missed.

"It has always been my pleasure to work with you and get to know you, Beverly. While I am saddened to see you go, I wish you the best in your future endeavors. Retirement will surely offer you many new opportunities, which I know you will embrace wholeheartedly, just as you did here at Trilogy for the last 10 years."

Best wishes, Kathy Erwin

Biggest Mover Contest Beginning this month!

12 weeks of the Biggest Mover -
Let's Move Contest

For all you fitness enthusiasts
in all Group Ex classes
on land & water

Contest runs April 1- June 16, 2017

Watch for the flyers and
register for this free contest
at Members Services
to get your cards

5 Lucky Winners will be drawn at the
Fitness BBQ Potluck in June!

**Please find registration form
on page 22**

Save the Date!

SATURDAY, JUNE 17, 2017

TRILOGY TRIATHLON

3 full laps of swimming

2 full laps of biking
around summerset

1 full lap of walk/run/jog
around summerset

Participate:

Individually

2-person team

3-person team

Personal Trainer on Floor

Every WEDNESDAY from 10-11 a.m.

Meet Personal Trainer Joele Swift



Do you have a question about how to work out or use the fitness equipment at the Vista Club Fitness Center? Do you have health goals? Do you have injuries? Would you like to know where to start? Ask our Certified Personal Trainer on Duty and get tips from a trained professional at no extra cost to you! You can find our Personal Trainer on Duty in the Fitness Center at certain peak times. Every month, a different trainer is available on the floor at varying days and times. Personal trainers work with you to set appointments that fit your schedule. Package rates also are available.

**To schedule an appointment
contact Kathy Erwin at 707-374-4200
or kerwin@actionlife.com**

April



Spa Specials

Relax, Rejuvenate & Enjoy!

Customized spa packages uniquely created to relax your body, renew your spirit, and restore your sense of well-being. Whether you're looking for rejuvenation for yourself or seeking the perfect gift for that special someone, you'll find just the right package here.

Spring Rejuvenator

Anti-Aging facial that emphasizes exfoliation and hydration.

Normally 75 minutes for \$75

Spring Special price: \$65



Spring Retreat

Your choice of either a 25-minute

Head Neck & Back Massage

OR 25-minute Swedish Massage.

Normally 25 minutes for \$30

Spring Special price: \$25

Schedule appointments with

Member Services Vista Club 707-374-4200

Good for Purchase April 1 – 30, 2017 (May be redeemed anytime)

Trilogy Spa Image Products Spring Special

Purchase 2 products at full price and receive your choice of the following:

50% off ageless anti-aging serum

OR

A FREE Image products sampler box
(\$25 value)

Offer good now thru April 30, 2017



Naturopathy

Kimberly Gilmore, ND



Dr. Gilmore, a Rio Vista Naturopathic Doctor, will be at the Vista Club on Wednesday, April 19 from 10 a.m.-4 p.m. To make an appointment, call Member Services at 707-374-4200

Initial Visit (75 min.) \$175

Follow Up Visit (50 min.) \$125

Follow-Up Visit (25 min.) \$65

CST (Craniosacral Therapy) \$125

**To add on an existing visit only
Vitamin B Injection \$30**

Acupuncture

Charles Peri, Doctor of Oriental Medicine



Initial Visit: \$120

Acupuncture Follow-up \$90

**6 Acupuncture
Treatments (\$80 each) \$480**

**12 Acupuncture Treatments
(\$70) \$840**

Initial Visits up to 60 minutes

Follow-up visits up to 45 minutes

Packages must be paid in full

No initial visit fee if package is purchased
(\$40 to \$50 savings)

Deanna's Yoga Series



Reducing Back Pain - Memory Improvement – Better Breathing – Muscle Tone - Mental Flexibility – Pain Prevention – Body Awareness – Focusing on Back & Shoulder Pain – Strength - Calmness

INSTRUCTOR: DEANNA ARAYA

When: Saturdays 9:00-10:00am

Date: April 8 – May 13, 2017

Where: Diablo Ballroom Vista or Group Ex Studio

Fee: \$35 (Must Pre-Register Member Services Desk)

**Save
the Date:**

**Thursday
June 22, 2017**

**Summer Fitness
BBQ Potluck**

BIGGEST MOVER!

It's back! Take any class! Up to 12 chances to win!
Lets Move Contest!
Begins April 1

Registration

Name: _____

Phone: _____

Each participant will receive **12 Biggest Mover Cards** with 5 punches on each.

By participating you are committing to take as many classes as you wish within a 12 week period.

For every Group X class you participate in (all classes are included in the contest including Specialty Classes) you earn 1 punch.

When your card is full, drop it off in the bowl at the Member Services desk. You may enter as many **full cards** as you wish throughout the 12 weeks (12 card maximum) No replacement cards for lost cards. At the end of 12 weeks, you could be crowned **The Biggest Mover!**

First Prize (\$100 value package):

Fitness Punch Card(s), Trilogy Spa Gift Certificate(s) & Favorite Restaurant Gift Certificate

Second Prize (\$75 value package):

Fitness Punch Card and/or Spa Gift Certificate

Third prize: (\$65 value package):

\$70 Fitness Punch Card or \$35 punch card and Head Neck Back or Deep Tissue Massage (30 minute)

Fourth Prize (\$50 value):

\$35 Punch Card or 50 minute Swedish Massage

Fifth Prize (\$35 value):

\$35 Punch Card or \$30 minute HNB or DT Massage

Contest runs April 1st – June 21st 2017

Contact Kathy Erwin 374-4205 for more information!

Summer Fitness Potluck Thursday June 22 @ 12 noon
Vista Patio or Diablo Ballroom (weather permitting)

Key

Bold = New/Change
(B)eginning
(I)ntermediate
(A)dvanced

TrilogyLiving

Fitness Class Schedule for April 2017


Fitness Punch Card Choices - All classes require one of three card choices: a blue 20-punch for \$70, a yellow 10-punch for \$35 or an Unlimited Monthly Punch Card for \$85 that will be color coded differently each month so you can attend as many classes as you want. Get cards at Member Services. Call Fitness & Spa Director Kathy Erwin at 707-374-4205 if you have questions. All classes are held in the Vista Group Exercise Studio unless otherwise noted.

Last Month’s Punch Card Raffle Winner: **Christie Newman**

April Fitness Orientations: Sat. Apr. 8 at 11 a.m., Tues. Apr. 11 at 6 p.m., Sat. Apr. 29 at 11 a.m.

If you plan to make a (ROM) Range of Motion appointment for a later date, please bring a \$20 check with you to the orientation. Thank you!

- CLASS LOCATIONS**
(GX) Group Exercise Studio
(DB) Diablo Ballroom
(VP) Vista Pool
(DP) Delta Pool
(RV) Rio Vista Room–Delta
(SR) Sonoma Room–Vista
(FC) Fitness Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 8-9am Step Aerobics (GX) Pat 10:15am-11:45am ZUMBA Power (GX) Sophie
3 8:30-9:30am WOW-TABATA-TABATA (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (VP) Kathy 10-11am Aqua Fit (B) (VP) Denise 9:45-10:45am Wake-up and Move (B/I) (RV) /Pat 10-10:45am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Meditation Breathing (B) (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie 4-5pm Stretch and Flex (B/I) (GX) Tammy 6:30-7:30 Yoga/Pilates (B/I) (GX or DB) Deanna	4 8-9am Body Works (B/I/A) (GX) Kathy 9:30-10:30am Aqua Fit (B) (VP) Denise	5 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9:30-10:30am Aqua Fit (B) (VP) Denise 9:30-10am Dancercise (B/I) (GX) Joele 10-11:30am Hot ZUMBA (I/A) (GX) Prescy 6:30-7:30pm Balance Ball (GX) Deanna	6 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Tai Chi (B/I) (GX) Lillian 9:30-10:30am Advanced Aqua (B/I/A) (VP) Kathy	7 7-8am Early Yoga (B) (DB) Tammy 8:30-9:30pm WOW-TABATA-BOOM (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (VP) Kathy 10-11am Aqua Fit (B) (VP) Denise 10-10:45am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Balance Ball (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie	8 8-9am Step Aerobics (GX) Pat 10:15am-11:45am ZUMBA Power (GX) Prescy
10 8:30-9:30am WOW-TABATA-TABATA (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (VP) Kathy 10-11am Aqua Fit (B) (VP) Denise 9:45-10:45am Wake-up and Move (B/I) (RV) /Pat 10-10:45am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Meditation Breathing (B) (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie 4-5pm Stretch and Flex (B/I) (GX) Tammy 6:30-7:30 Yoga/Pilates (B/I) (GX or DB) Deanna	11 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Myofascial Release Stretch (B) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 10-11am Beginning Pilates (B/I) (GX) Joele 11-12pm Sit & Get Fit (B) (GX) Joele 12-1pm Fitness Friends (B) (GX) Joele	12 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9:30-10:30am Aqua Fit (B) (VP) Denise 9:30-10am Stretch (B/I) Joele 10-11:30am Hot ZUMBA (I/A) (GX) Prescy 6:30-7:30pm Balance Ball (GX) Deanna	13 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Core/Stretch (B) (GX) Joele 9-10am Tai Chi (B/I) (GX) Lillian 9:30-10:30am Advanced Aqua (B/I/A) (VP) Kathy 11-12pm Sit & Get Fit (B) (GX) Joele 12-1pm Fitness Friends (B/I) Joele	14 7-8am Early Yoga (B) (DB) Tammy 8:30-9:30pm WOW-TABATA-BOOM (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (VP) Kathy 10-11am Aqua Fit (B) (VP) Denise 10-10:45am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Balance Ball (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie	15 8-9am Step Aerobics (GX) Pat 10:15am-11:45am ZUMBA Power (GX) Sophie
17 8:30-9:30am WOW-TABATA-TABATA (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (VP) Kathy 10-11am Aqua Fit (B) (VP) Denise 9:45-10:45am Wake-up and Move (B/I) (RV) /Pat 10-10:45am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Meditation Breathing (B) (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie 4-5pm Stretch and Flex (B/I) (GX) Tammy 6:30-7:30 Yoga/Pilates (B/I) (GX or DB) Deanna	18 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Myofascial Release Stretch (B) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 10-11am Beginning Pilates (B/I) (GX) Joele 11-12pm Sit & Get Fit (B) (GX) Joele 12-1pm Fitness Friends (B) (GX) Joele	19 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9:30-10:30am Aqua Fit (B) (VP) Denise 9:30-10am Dancercise (B/I) (GX) Joele 10-11:30am Hot ZUMBA (I/A) (GX) Prescy 6:30-7:30pm Balance Ball (GX) Deanna	20 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Core/Stretch (B) (GX) Joele 9-10am Tai Chi (B/I) (GX) Lillian 9:30-10:30am Advanced Aqua (B/I/A) (VP) Kathy 11-12pm Sit & Get Fit (B) (GX) Joele 12-1pm Fitness Friends (B/I) Joele	21 7-8am Early Yoga (B) (DB) Tammy 8:30-9:30pm WOW-TABATA-BOOM (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (VP) Kathy 10-11am Aqua Fit (B) (VP) Denise 10-10:45am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Balance Ball (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie	22 8-9am Step Aerobics (GX) Pat 10:15am-11:45am ZUMBA Power (GX) Prescy
24 8:30-9:30am WOW-TABATA-TABATA (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (VP) Kathy 10-11am Aqua Fit (B) (VP) Denise 9:45-10:45am Wake-up and Move (B/I) (RV) /Pat 10-10:45am Core Balance and Standing Abs (B) (GX) Sophie 10-11am Meditation Breathing (B) (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Sophie 11:30-12:15pm ZUMBA Dance (B/I) (GX) Sophie 4-5pm Stretch and Flex (B/I) (GX) Tammy 6:30-7:30 Yoga/Pilates (B/I) (GX or DB) Deanna	25 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Myofascial Release Stretch (B) (GX) Joele 9:30-10:30am Aqua Fit (B) (VP) Denise 10-11am Beginning Pilates (B/I) (GX) Joele 11-12pm Sit & Get Fit (B) (GX) Joele 12-1pm Fitness Friends (B) (GX) Joele	26 7-8am Early Yoga (B) (DB) Tammy 8-9am Back To Basics Yoga (B/I) (DB) Tammy 8:30-9:30am WOW – TABATA – BOOM (B/I) (GX) (Pat) 9:30-10:30am Aqua Fit (B) (VP) Denise 9:30-10am Stretch (B/I) Joele 10-11:30am Hot ZUMBA (I/A) (GX) Prescy 6:30-7:30pm Balance Ball (GX) Deanna	27 8-9am Body Works (B/I/A) (GX) Kathy 9-10am Core/Stretch (B) (GX) Joele 9-10am Tai Chi (B/I) (GX) Lillian 9:30-10:30am Advanced Aqua (B/I/A) (VP) Kathy 11-12pm Sit & Get Fit (B) (GX) Joele 12-1pm Fitness Friends (B/I) Joele	28 7-8am Early Yoga (B) (DB) Tammy 8:30-9:30pm WOW-TABATA-BOOM (B/I) (GX) Pat 9-10am Yoga/Pilates (B) (DB) Deanna 9-10am Advanced Aqua (B/I/A) (VP) Kathy 10-11am Aqua Fit (B) (VP) Denise 10-10:45am Core Balance and Standing Abs (B) (GX) Prescy 10-11am Balance Ball (DB) Deanna 10:45-11:30am ZUMBA Toning (B/I) (GX) Prescy 11:30-12:15pm ZUMBA Dance (B/I) (GX) Prescy	29 8-9am Step Aerobics (GX) Pat 10:15am-11:45am ZUMBA Power (GX) Prescy

Specialty Classes are not on the Fitness Calendar. Please look for their Flyers at both Clubhouses:
Aging Backwards • Continuation Intro to Yoga • Balance N Motion • The Practice of Meditation

April 2017 Club and Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 8am Motorcycle Club (Off-site) 9am Model Club – Garden Railway (V) 9am Table Tennis (D) 9:30am Hiking Club (V) 6pm Texas Hold'em / Omaha Poker (D) 7pm Music of the Night Performance (V)
2 10am – 3pm Trilogy Produce Market (D) 6pm Singles Club (D)	3 8am Social Tennis 8:30am Woodcarving (D) 9:30am Walk & Talk (V) 10am Saddle Rock Village ARC (V) 10:30am Garden Club Planning Com (D) 12pm Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) 12:30pm Mah Jongg (V) 1pm TAG Monthly Mtg (D) 2:30pm Pickelball (Tennis Courts 1 & 2) 3pm Guitar Club (V) 3pm Oakmont Village RC (V) 5pm Whist Planning (V) 6pm Soul Line Dancing (D) 6pm Poker (D) 6pm Theater Group Rehearsal (V) 6:30pm Game Night (V)	4 8am Social Tennis 8:30am Radio Club (V) 9:30am Women's 9-Hole Golf 10:30am Country Line Dancing (D) 11am Pickleball (Tennis Courts 1 & 2) 11:30am TRVMEN Golf 12pm Beg Watercolor (D) 12:15pm Hand & Foot Canasta (V) 12:30pm Dominoes (D) 2:30pm Theater Group Acting Academy (V) 4:15pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai-chi & Yuan-chi (V) 5:30pm Couples Canasta (D) 6:30pm Religions of the World (D)	5 8am Social Tennis 8am TOPS (D) 8:30am Sr Men's Golf 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 9:30am Men's Fellowship (D) 10am Village Riviera ARC (D) 10am Stained Glass (D) 10am Billiards Club, Ladies (V) 11am Horseshoes (Brockton Park) 11am Ukulele Club (V) 11am Pickleball (Tennis Courts 1 & 2) 12:30pm Fat Quarters Quilters (D) 1:30pm Jazz Band (V) 2pm Card Design & Open Painting (D) 2pm Saddle Rock RC Social Com (V) 4:30pm Soul Line Dancing (V) 4:30pm Table Tennis (D) 6pm Theater Group Rehearsals (V) 7pm Billiard Club Membership (V) 7pm Singles Club (V) 7pm Square Dance (D)	6 8am Social Tennis 8:30am Women's 18-Hole Golf 9am Eagle Point Village ARC (D) 9:30am Ceramics (D) 9:30am Women's Fellowship (V) 11am Pickleball (Tennis Courts 1 & 2) 12:15pm Ponytail Canasta (V) 1pm Good Samaritans (D) 2pm Genealogy Club (V) 5pm Table Tennis (D) 5pm Tai-chi for Beginners (V) 6pm Yuan-chi & Fan Dance (V) 6pm Pinochle (V) 7pm Photography Club (V) 7pm Ballroom Dance - Adv (V) 8pm Ballroom Dance - Beg (V)	7 8am Social Tennis 8:50am Cycling Club (Delta Parking Lot) 9am Model Club (V) 9:30am Walk & Talk (V) 10am Rubber Stamp Card Making (D) 10:30 Country Line Dance (D) 11am Book Club: 66 Bible Books (V) 12pm Adv Watercolor (D) 12:15pm Friday Duplicate Bridge (V) 6pm Joy Luck Mah Jongg (V)	8 8am Motorcycle Club (Off-site) 9am Model Club - Garden Railway (V) 9am Table Tennis (D) 9:30am Hiking Club (V) 10am – 3pm Gift, Craft, & Art Faire (V) 10am - 3pm Jewelry Show (V) 11am – 2pm Music in GLR (V) 6pm Texas Hold'em / Omaha Poker (D)
9 7pm Dance Club, music by Solid Gold (V)	10 8am Social Tennis 8:30am Woodcarving (D) 9am Olympic Village ARC (V) 9:30am Walk & Talk (V) 9:30am Riviera Village Kare Bears 10am Village Oakmont ARC (V) 11:30am Rip, Stitch & Bitch (V) 12pm Open Painting (D) 12pm Duplicate Bridge (V) 2pm TRVMA Executive Session (V) 3pm Clubhouse Improvements Com (D) 5pm Whist Planning (V) 6pm Soul Line Dancing (D) 6pm Poker (D) 6pm Theater Group Rehearsal (V) 6:30pm Game Night (V) 7pm Model Club RC Aircraft (V)	11 8am Social Tennis 8:30am Radio Club (Offsite: RV Firehouse) 9:30am Women's 9-Holers Golf 10:30am Country Line Dancing (D) 10:30am Book Club (V) 11:30am TRVMEN Golf 12pm Cooking Club (D) 12pm Beg Watercolor (D) 12:15pm Hand & Foot Canasta (V) 1:30pm Women's 9-Holers Golf 2pm TRVMA Board (V) 2:30pm Theater Group Acting Academy (V) 4:15pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai-chi & Yuan-chi (V) 6pm Emergency Action Com (D)	12 8am Social Tennis 8am TOPS (D) 8:30am Sr. Men's Golf 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 9:30am Men's Fellowship (D) 10am Computer Class – iPhone, Level 1 (V) 10am Stained Glass (D) 10am Kare Bears – Village Oakmont (D) 10am Billiards-Ladies (V) 11am Horseshoes (Brockton Park) 11am Ukulele Club (V) 11am Pickleball (Tennis Courts 1 & 2) 12pm Computer Class – MS Word, Working with Multi-page Docs (V) 12:30pm Fat Quarters Quilters (D) 1:30pm Jazz Band (V) 2pm Card Design & Open Painting (D) 3:30pm Sr Men's Golf Board (V) 4:30pm Soul Line Dancing (V) 4:30pm Table Tennis (D) 5pm Admin Policies Com (V) 6pm Theater Group Rehearsal (V) 6:30pm Nature Club (V) 7pm Singles Club (V) 7pm Square Dance (D)	13 8am Social Tennis 8:30am Women's 18-Hole Golf 9am Blood Pressure Check (D) 9:30am Ceramics (D) 9:30am Women's Fellowship (V) 10am Council for the Arts (V) 11am Pickleball (Tennis Courts 1 & 2) 12:15pm Ponytail Canasta (V) 1pm Good Samaritans (D) 1pm Garden Club (V) 5pm Table Tennis (D) 5pm Tai-chi for Beginners (V) 6pm Yuan-chi & Fan Dance (V) 6pm Pinochle (V) 7pm Ballroom Dance - Adv (V) 8pm Ballroom Dance - Beg (V)	14 8am Social Tennis 8:50am Cycling Club (D) 9am Village 1 ARC (V) 9:30am Walk & Talk (V) 10am Rubber Stamp Card Making (D) 10:30am Country Line Dance (D) 11am Book Club: 66 Bible Books (V) 11am Pickleball (courts 1& 2) 12pm Adv Watercolor (D) 12:15pm Friday Bridge (V) 2pm Guitar Club Beg Workshop (V) 7pm Bunco (D) 7pm Theater Group Read Aloud (V)	15 9am Model Club – Garden Railway (V) 9am Table Tennis (D) 9:30am Hiking Club (V) 6pm Texas Hold'em / Omaha Poker (D)
16 6pm This N That Coffee House (V) 6pm Singles Club (D)	17 8am Social Tennis 8:30am Woodcarving (D) 9:30am Walk & Talk (V) 10am Council of Village Presidents (D) 10:30am Saddle Rock Village ARC (V) 12pm Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) 12:30pm Mah Jongg (V) 2:30pm Amenities Com (V) 2:30pm Pickleball (Tennis Courts 1 & 2) 3pm Guitar Club (V) 5pm Whist Planning (V) 6pm Poker (D) 6pm Soul Line Dancing (D) 6pm Theater Group Rehearsal (V) 6:30pm Game Night (V) 7pm Fishing Club (D) 7pm Hiking Club (V)	18 8am Social Tennis 8:30am Radio Club (V) 9am Garden Club Workshop (D) 9:30am Women's 9-Hole Golf 10:30am Country Line Dancing (D) 11am Pickleball (courts 1 & 2) 11:30am TRVMEN Golf 12pm Watercolor Painting – Beg (D) 12:15pm Hand & Foot Canasta (V) 12:30pm Dominoes (V) 2:30 pm Theater Group Acting Academy (V) 4:15pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai-chi & Yuan-chi (V) 5pm Trilogy Experience (V) 5:30pm Couples Canasta (V)	19 8am Social Tennis 8am TOPS (D) 8:30am Sr. Men's Golf 9:30am Men's Fellowship (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 10am Village Riviera ARC (D) 10am Computer Class - iPhone, Level 1 10am Stained Glass (D) 10am Ukulele Club (V) 11am Pickleball (courts 1 & 2) 11 am Horseshoes-Brockton Park 12:30pm Fat Quarters Quilting (D) 12:30pm Computer Class - MS Word, Using Templates (V) 1:30pm Jazz Band (D) 2pm Card Design & Open Painting (D) 4:30pm Soul Line Dancing (V) 4:30pm Table Tennis (D) 6pm Theater Group Rehearsals (D) 7pm Square Dance (D) 7pm Singles Club (V)	20 8am Social Tennis 8:30am Women's 18-Hole Golf 9am Eagle Point ARC (D) 9:30am Ceramics (D) 9:30am Women's Fellowship (V) 10:30am Eagle Point RC Social Com/Helping Hands (V) 11am Pickleball (courts 1 & 2) 12:15pm Ponytail Canasta (V) 1pm Good Samaritans (D) 2pm Genealogy Workshop (V) 4pm Village Riviera RC (V) 5pm Table Tennis (D) 5pm Tai-chi for Beginners (V) 6pm Yuan-chi & Fan Dance (V) 6pm Pinochle (V) 7pm Ballroom Dance - Adv (V) 7pm Theater Group Read Aloud (V) 8pm Ballroom Dance - Beg (V)	21 8am Social Tennis 8:50am Cycling Club (D) 9:30am Walk & Talk (V) 10am Rubber Stamp Card Making (D) 10:30am Country Line Dance (D) 11am Pickleball (courts 1 & 2) 11am Book Club: 66 Bible Books (V) 12pm Watercolor Painting – Adv (D) 12:15pm Friday Bridge (V) 2pm Writers Club (V) 6pm Mah Jongg-Joy Luck (V) 7pm Whist Club (D) 7pm Comedy Night – Mickey Joseph (V)	22 9am Model Club – Garden Railway (V) 9am Table Tennis (D) 9:30am Hiking Club (V) 6pm Texas Hold'em / Omaha Poker (V) 7pm Drama Club Pasta Feed (D)
23 10am Produce Market (D) 2pm Jazz Band Tea Dance (V) 5pm EPVRC-Meet & Greet Potluck (D)	24 8am Social Tennis 8:30am Woodcarving (D) 9am Olympic Village ARC (V) 9:30am Walk & Talk (V) 10am Village Oakmont ARC (V) 10am ERVPC-Board Meeting (D) 12pm Open Painting (D) 12:30pm Rip, Stitch & Bitch (V) 12:30pm Mah Jongg (V) 1pm Access Com (D) 2:30pm Pickleball (courts 1 & 2) 3pm Clubhouse Improvements Com (V) 5pm Whist Planning (V) 6pm Poker (D) 6pm Soul Line Dancing (D) 6pm Theater Group Rehearsal (V) 6:30pm Game Night (V) 7pm Havarah Friends (V)	25 8am Social Tennis 8:30am Radio Club (V) 9:30am Women's 9-Hole Golf 10:30am Country Line Dancing (D) 11am Pickleball (Tennis Courts 1 & 2) 11:30am TRVMEN Golf 12pm Beg Watercolor (D) 12:15pm Hand & Foot Canasta (V) 12:30pm Dog Club (D) 2pm Saddle Rock Village Spring Tea (V) 2:30pm Theater Group Acting Academy (V) 4:15pm Table Tennis (D) 5pm Billiards Club Tournament (V) 5pm Tai-chi & Yuan-chi (V) 6pm Emergency Action Com (D) 7pm Drama Club Membership (V)	26 8am Social Tennis 8am TOPS (D) 9:30am Bridge Lessons (V) 9:30am Walk & Talk (V) 9:30am Men's Fellowship (D) 10am Stained Glass (D) 11am Horseshoes (Brockton Park) 11am Ukulele Club (V) 11am Pickleball (Tennis Courts 1 & 2) 12:30pm Fat Quarters Quilting (D) 1:30pm Jazz Band (V) 2pm Card Design & Open Painting (D) 4:30pm Soul Line Dancing (V) 4:30pm Table Tennis (D) 6pm Theater Group Rehearsal (V) 7pm Singles Club (V) 7pm Square Dance (D)	27 8am Social Tennis 8:30am Women's 18-Hole Golf 9:30am Ceramics (D) 9:30am Women's Fellowship (V) 11am Pickleball (Tennis Courts 1 & 2) 12:15pm Ponytail Canasta (V) 1pm Good Samaritans (D) 1pm Community Advisory Committee (D) 2pm Community Connections (V) 5pm Table Tennis (D) 5pm Tai-chi for Beginners (V) 6pm Yuan-chi & Fan Dance (V) 6pm Pinochle (V) 7pm Theater Group (D) 7pm Ballroom Dance - Adv (V) 8pm Ballroom Dance - Beg (V)	28 8am Social Tennis 8:50am Cycling Club (D) 9am Village 1 ARC (V) 9:30am Walk & Talk (V) 10am Tennis Club Meeting (D) 10am Rubber Stamp Card Making (D) 10:30am Country Line Dance (D) 11am Pickleball (Tennis Courts 1 & 2) 11am Book Club: 66 Bible Books (V) 12pm Adv Watercolor (D) 12:15pm Friday Bridge (V) 2pm Guitar Club Beg Workshop (V) 7pm Bingo (D)	29 8:30am Shibori Shirt Workshop (D) 9am Model Club – Garden Railway (V) 9am Table Tennis (D) 9:30am Hiking Club (V) 6pm Texas Hold'em / Omaha Poker (D) 7pm Concert-Matt Applin & the Midnite Band (V)
30 8:30am Shibori Shirt Workshop (D) 4pm Village Oakmont-Meet & Greet(D)						



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Billiards

The next Billiards Club meeting is Wednesday, April 5 at 7 p.m. in the Monterey Room at the Vista Club. Tournaments are every Tuesday starting at 5 p.m. We play 8-ball or 9-ball depending on the week of the month. We hosted a tournament with the Fairfield Senior Center group on February 25; both teams had 17 players. They were shooting better than we were and won 39 games to our 29. We had lunch at Al's and everyone had a fun day.

The club is sponsoring the MS Walk at the Waterfront in Suisun City on Saturday, April 29 at 9 a.m. Our Secretary, Victoria Munoz, has MS and leads a team called The Victorians in this event. Our members will wear the Victorians team shirt and take a group photo to help spread the word. Check out the MS information in the community section on page 42.

Club Officers: President Al Bergoust, VP Mike Quihuiz, Treasurer Jack Clark, Secretary Victoria Munoz, Membership Chair Dave Stewart. Recent winners:

Feb. 7, 8-Ball

1st Al Bergoust
2nd Jim Rosteck
3rd Luciano Fraga

Feb. 14, 9-Ball

1st Roy Aquino
2nd Richard Gutierrez
3rd Billy Kemp

Feb. 21, 8-Ball

1st Luciano Fraga
2nd Al Bergoust
3rd Jim Rosteck

Feb. 28, 8-Ball Partners

1st Al Bergoust-John Faustini
2nd Mike Quihuiz-Roy Aquino
3rd Lee Durham-Sandy McCaslin

For information regarding the Billiards Club, contact Al Bergoust at 707-374-2436 or alhelenb@aol.com.

Bingo

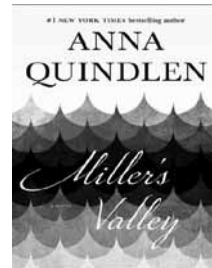
Bunny Money is back. Bring friends and enjoy Bingo games with a special bunny money giveaway. Mark your calendar for the fourth Friday of the month (April 28) for Bingo at the Delta Club. Games begin promptly at 7 p.m. Buy-in for each person is \$10 for 12 games. We have one early-bird special: one card for \$1. The prize money for each game is \$50 and the blackout prize is \$250. For more information, call Irene at 707-374-6999.

Bocce

The 2017 bocce season will soon be up and rolling. A training session has been scheduled for new players on Saturday, April 8 at the Summerset courts from 9 a.m. to noon. This is a free session and is open to all new players. Come take a lesson, roll some balls, and ask any questions you may have. The same playing rules apply to both the morning and night leagues. The only difference is that the night league hosts a champion play-off at the end

of the season and the morning league does not have a formal play-off. Both leagues are planning mid-season and end-of-season social gatherings. More to follow, next month. Remember to roll often, throw straight and have fun. That's what it's all about. Contact Joe Downes, for the board, at 707-374-7520.

Book



The Book Club meets the second Tuesday of each month at 10:30 a.m. in the Sonoma Room at the Vista Club. The next meeting is April 11. The book selection is *Miller's Valley* by Anna Quindlen. May's book selection is *When Breath Becomes Air* by Paul Kalanithi. There is no requirement to have read the selected book. Everyone

is welcome to join in. Feel free to stop by. For more information, contact Adrienne at 707-374-5576. Happy Springtime!

Bridge – Friday

Friday Bridge Club meets every Friday at 12:15 p.m. in the Vista Club, Sonoma room. All levels of players are welcome. Please let us know you are coming by at noon on the Wednesday of that week. The sign-up book is in the Sonoma room in the middle top drawer of the credenza on the left. On the first Friday, there will be duplicate bridge. Same sign-in book. For more information, call Larry Epner at 707-374-3511. Winners of Friday Duplicate were Bruce Morrison and Nan Lowenstein. Second place was Cyndy Schroeder and Tammy Woodworth.

Bunco

Thank you to everyone for the wonderful turnout we had at Bunco last month. It was a fun crowd. Come join us for Bunco. We meet the second Friday of the month at the Delta Club at 7 p.m. Bunco is an easy game to learn; just a roll of the dice. We sit at tables with four players at each table; we make introductions, and when the room is ready, we start. At the end of each round, two people from each table move to another table, then we play again. We will have refreshments during the break. We look forward to seeing you there. For further information, call Anna Hoerz at 707-374-2239.

Ceramics

When we glaze items in the Ceramic Club, sometimes we choose colors to "fill-in-the-blanks." Other times, we do freehand art. In the picture, the plain bowl was painted with different glazes to make a bamboo pattern. It is an example of how you can use your creativity to customize



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Orientations

Orientations are presented at the Delta Club
every Wednesday at 3:30.

To learn more about Trilogy, please call
707-374-4843 to reserve a space.

You will be provided with a packet of information,
including a Village Handbook and a brief slide
presentation. Join us for a refresher!

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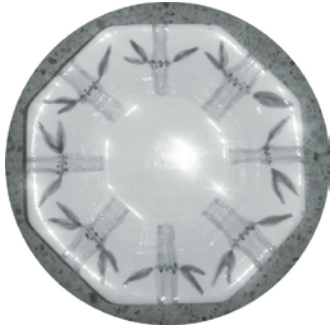


Photo: Linda Robinette

your ceramic object. There are so many decisions to make: what kind of paint, which color to use, underglaze or overglaze, paint the tiny details or glaze everything the same color. We have several books to give people ideas on different techniques and we always help each other. We also have some small clay

pieces for new people to finish however they choose. Come to our meeting, pick an item, and get started! We meet every Thursday from 9:30 a.m. - 12 p.m. in the Marina Room at the Delta Club. For more information, contact Ann at 707-374-5122.

Community Connections



Community Connections is looking for some new ideas and plans. We hope you will join us on April 27 at 2 p.m. in the Monterey Room of the Vista Club to share your ideas and

thoughts for the upcoming year. Light refreshments will be provided. If you would like to bring a sweet or savory snack to share, please feel free to do so. We look forward to meeting you! For more information, contact Robie at 650-454-4299 or robiejw@hotmail.com.

Cooking

Greetings from the members of the Trilogy Cooking Club. We meet once a month to sample examples of the month's previously agreed upon theme ingredient or style of cooking—as decided by the group—and share our own take on the theme. It's a fun way to gain exposure to new dishes or techniques and pick up a tip or two at the same time. Our April meeting will look at savory meat dishes. Molly, Pam, Nancy, Don, and Joann will be bringing their dishes to sample, while the other members will bring a recipe for a savory meat style dish or preparation they have made to let us know what they like about it and share the experience with the group. The next meeting is April 11.

We are all home cooks, and all other home cooks are welcome to join us whether you are an experienced Chef or a budding novice. We encourage you to come by and share your passion, suggestions for dishes and styles of cooking, and trip ideas. If you have questions, contact Gary Swieso at 707-374-5859. We meet the second Tuesday of each month at Noon (12 p.m.) in the River Room at the Delta Club. Whether you're a novice cook

or "well-seasoned," please join us. All village residents are welcome! We are also considering some upcoming in-home meetings to teach, demonstrate, and learn.

Council for the Arts

The last performance of "Las Vegas Nights" was April 1. The musicians and the cast heard the applause and cheers, but there are so many others behind the scenes that contribute their time and services. Thank you to everyone who helped! We really could not have done it without you.

The Council for the Arts advocates for and offers financial grants to organizations and clubs in Trilogy that are involved in the many aspects of the arts. Our primary source of the funds used to support the arts is the revenue raised by "Music of the Night." Council for the Arts meets on the second Thursday of the month at 10 a.m. in the Monterey Room at the Vista Club. For information about Council for the Arts, call Judy Calpo at 707-374-2924.

Cycling



Photo by Roger Kohn

The Cycling Club goals are fitness, fun, friendship and adventure. Expect the unexpected when riding on Montezuma Hills or Ryer Island. This month's photo was taken by Roger Kohn on a bike ride on Montezuma Hills. Roger and Jack Silva had to patiently wait for the sheep to travel to their destination before they could "ride on." The club meets on Friday

at 8:50 a.m. in front of the Delta Club. Rides are around 25 miles, but you have the option to ride more or fewer miles. There are plenty of regroupings, so no one is left behind. Bring money for a possible coffee stop. Helmets are required. Contact Al or Marcia Morrison at 707-374-5177 or marcialsj@netscape.net.

Wednesday Casual Ride: Meet at 9 a.m. ready to go with helmets on. All types of bicycles are okay. Ride easy Summer set loops within Trilogy. Ride as far as you wish at your own pace. Contact Michael Gaertner at 808-281-7540 or gaertnersr@aol.com for more information.



Dog



Crystal enjoys a playful afternoon.

terrier mix self and started to call them out. When I heard the name Crystal, I came running. I love to be brushed, have my belly rubbed, and play with stuffed animals and my cat, Kitty. (Sometimes, though, when I'm napping, Kitty walks by and swats me.) Oh and there was that time I got skunked and it turned my white fur green. Other than that, my life is good!

In February, our guest speaker, Trilogy resident Jacqueline Sigrand, described her dog Hanks' possible experience with Leptospirosis, a serious and potentially fatal bacterial infection. Though not considered chronic in Solano County, the disease is spread through contaminated water, and often diagnosed after exceptional rainfall. Jackie urged us to check with our vets, especially if routine blood tests show irregular kidney results. Vaccines are available at reasonable costs and can prevent costly exams and medicines.

Also in February, some 250 guests enjoyed our "Love Me, Love My Dog" Valentines Brunch. The new seating arrangements—along with mimosas, a delicious breakfast, and door prizes—assured everyone had a good time.

Our play dates continue to be held on a flexible basis—all dependent on the weather. Check your e-mail for the latest information. For information about the Dog Club, contact Sharon at sl5prim@yahoo.com

Dominoes

We are still having fun playing Mexican train. If you are not familiar with the rules of play, you will be patiently helped by others. They are simple, and the play is quick enough to keep everyone's interest. For play, and a chance to create memories with friends, the game is played at the Delta Club on the first and third Tuesdays at 12:30 p.m. Don't miss out. For further information, call Shirley at 707-374-9984.

Drama

We are getting ready for our annual Pasta Feed Fundraiser on April 22 in the Delta Club. This is our one and only fundraiser for the year. It's always a hit with Trilogy residents (it is the "secret" sauce). Priced at \$12.50 per person, it is served family style, which includes your choice of meat or veggie pasta, salad, bread, and dessert. There will be entertainment as well as a raffle with plenty of opportunities to go home with a prize. Doors open at 6 p.m. with dinner being served at 7 p.m. Reservations are required since space is limited. Flyers were inserted into last March's issue of *Trilogy Living*. Flyers are also available at the Vista Club and Delta Club at box #8. The proceeds allow us to continue to provide productions for FREE to Trilogy residents. We have picked out our next play for August 9, 10, 11 and 12: *My Fair Limey*. We will be assigning parts for this delightful play for on- and off-stage at our next meeting.

Discover your own inner child and try a bit of acting with other congenial supporting seniors just like you and me! You are welcome to come to our next membership meeting on Tuesday, April 25 at 7 p.m. at the Delta Club. Please contact Judy Calpo at 707-374-2924 for more information.

Fat Quarter Quilters

We are a group that gets together to work on our own quilting and sewing projects. Join us and meet new friends and share the love of sewing. We meet every Wednesday from 12:30–4 p.m. at the Delta Club. There are no dues or fees. For more information, contact Esther Young 707-374-2639.

Genealogy

We were pleased to welcome two new members, Rowena Jefferson and Sharon Pearce, to our March meeting. We look forward to hearing about their discoveries on the journey into their family history. An upcoming event that may be interesting to those with German roots: the Annual Seminar of the Sacramento German Genealogy Society is Saturday, April 8, at the Fair Oaks Presbyterian Church in Fair Oaks, California. The seminar begins at 8:45 a.m. and ends at 3:45 p.m. Another upcoming event that may be of interest: Finding History in Sonoma County, a Day of Discovery on Sunday, May 21. This is your opportunity to discover and celebrate the hidden treasures held in the many historical archives within Sonoma County. There will be tours of local Santa Rosa historical sites and archives as well as mini-workshops, and it's all free. For more information, call 707-545-0831 x 1562. Our member, Dave D'Arche, will present information on his DNA findings. This will be the second presentation Dave has



done for the Genealogy workshop. We look forward to his extensive knowledge of the Autosomal DNA testing thru Ancestry.com. He's helped many of us understand our own tests and shown us how to maneuver through the many levels of the test results. If you are considering a DNA test, this workshop will be well worth your time and help to clarify the results.

The club meeting takes place the first Thursday of the month at 2 p.m. in the Monterey Room, Vista Club. The Workshop is held the third Thursday at 2 p.m. in the Learning center, Vista Club. For more information, Contact Carolyn at wncbridges@comcast.net or 510-334-0912. Beginners are welcome to attend both monthly meetings.

Good Samaritans

Blessed Resurrection Day (Easter)

In April, the Good Samaritans will discuss the birth, death and the resurrection of Jesus Christ. Our theme for this discussion is "Jesus is Alive." During this time of the year, Christians throughout the world give:

1. Confirmation of Christ's identity. (Romans 1:2-4)
2. Easter gives us the cancellation of sin's penalty. (Romans 4:24-25)
3. Easter gives us the celebration of Eternal Life. (Romans 8:11)

The Good Samaritans will discuss these chapters before Resurrection Sunday. Everyone is invited to share in our Bible study:

March 30 - The Birth of Jesus
April 6 - The 7 Last Words of Jesus on the Cross
April 13 - The Resurrection of Jesus Christ

Fellowship & Refreshments will be provided by The Good Samaritans.

The Good Samaritans will distribute Easter food baskets to families in need on Good Friday. If you wish to bless a family, e-mail us at 9fellowship@gmail.com for donation pick-up or meet us on Thursdays at 1 p.m. at the Delta Club in the Marina Room with your Easter dinner food item donation. The time and location of the Good Friday Service and Easter Food Basket Distribution will be announced.

The Good Samaritans Christian Bible Study also reach out to the local Care Homes and the sick and shut-in. The visit will include The Easter Story, fellowship, and singing. The Good Samaritans will bless the residents with beautiful flowers and prayer.

Scripture of the Month: Matthew 5:10

Guitar

Our spring This 'n That Coffee House is on April 16 at 6 p.m. Our March coffeehouse began a half hour earlier at 6 p.m. We needed those extra minutes so we could end the night at 8:30 p.m. A packed house had a great time listening to 12 of their neighbors sing and play guitar and ukulele, and another recite compelling poetry. Because of the increased attendance, we are considering moving the artists to the stage. This will give everyone a better view of our performers and allow for additional seating in the back. Whatever we decide, our next Coffee House begins on Sunday, April 16 at 6 p.m. in the Diablo Ballroom at the Vista Club and ends at 8:30 p.m. You can bring your own refreshments, but we also offer free coffee and snacks. Best of all, admission is free!

Guitar Club meets in the Diablo Ballroom on the first Monday of the month from 3 p.m. to 5 p.m. and meets in the Monterey Room on the third Monday from 3 p.m. to 5 p.m. For those two hours, we play, sing, talk and have a good time. Beginners and non-players are always welcome.

If you want to learn to play guitar, need help changing strings or just need some advice, consider coming to our Beginners Workshop on the second and fourth Fridays of the month in the Diablo Ballroom from 2 p.m. to 4 p.m.

If you have questions about the club or events, contact Roger Kohn at 707-374-2737, email Rich Victor at thatsrich@gmail.com, or email us at guitarclubTRV@gmail.com.

Havurah Friends

Havurah Friends is a social and educational club, open to everyone who is interested in exploring Jewish history and culture through discussion, books, special events, and traditional holiday gatherings. On Monday, April 24, we will have an important planning meeting for the rest of the year. We will talk about how to implement members' ideas given at last month's input meeting. We have good ideas; now let's move to action!

We meet in the Monterey Room at the Vista Club at 7 p.m. As always, you may bring a small sweet or savory snack to share, if you wish. We look forward to welcoming new members as we expand our group of friends. For more information, contact Pam at 707-374-3161 or karatpah@yahoo.com.

Hiking Club

Yosemite, here we come! In addition to our Saturday hikes, the club sponsors an annual multi-night trip to Yosemite. This year's event is May 23-26. With all the snow that we have had in the valley this year, it should be a spectacular trip for hikers and non-hikers alike.



Club members have rented half a dozen homes in the Yosemite West Village, so everyone is together. This is a trip for hikers and non-hikers alike. There are lots of

wonderful activities available that do not require a lot of walking. However, if you are into hiking, there are few places in the world that offer the variety that Yosemite does. George Sasaki, the club's founder, will be on hand to lead some of the longer hikes. Note: On the way up to Yosemite on Tuesday, we will stop at the Hetch Hetchy Reservoir for a day hike to the Wapama waterfall.

As of the writing of this article, space is limited. Please let us know immediately if you are interested. April Saturday hikes (leaving the Vista Club at 8:30 a.m.):

- April 1 - Grizzly Island Wildlife Area Trail, Easy, 4.5 Miles, Suisun
- April 8 - Stebbins Canyon Moderate / Challenging, 5.1 Miles, Winters
- April 15 - Jepson Prairie Preserve Easy, 1-2 miles, Solano Land Trust Guided Tour
- April 22 - Mitchell Canyon Challenging, 6.3 - 10 Miles, Mt Diablo Clayton
- April 29 - UC Davis Arboretum Easy, 3.5 Miles, Davis

If you have questions, or would like to be put on the mailing list, contact Vic Thiry at vic@thiry.us or 707-374-3749

Trilogy Labyrinth Walkers



Join us for a Trilogy Labyrinth Walkers group excursion and walk on Thursday, April 27, where we will visit one of our favorite labyrinths: the Sonoma Labyrinth located at Trinity Episcopal Church 275 East Spain Street, Sonoma. This labyrinth is circled in a grove of redwood trees with a very natural stone and gravel foundation.

We will start our adventure at the Vista Club parking lot near the waterfall. The plan is to carpool. Please arrive at 9:30 a.m. to sign in. We will leave at 9:45 a.m. The drive is

about 48 miles; we can expect about an hour drive each way. Together, we will determine a restaurant in Sonoma for lunch. Call Elaine Wisz t 707-374-4310 or Gerry Swan at 510-507-4080 to let us know if you will join us, if you can provide or need a ride, or if you have questions.

Men's Executive Nine

The Rio Vista Men's Executive Nine golf club is comprised of members who enjoy playing nine holes of golf and then socializing after the game. We play each Tuesday mid-morning. The format varies each week, with individual "straight" golf play two Tuesdays of the month, with a few, (mostly winter) exceptions. Individual and team tournament events on alternate Tuesdays. We would like to welcome new member Mike Smith to the club. If you would like to join us, pick up an application form in the Pro Shop Club Room or contact our Membership Chairman, Mike Warr, at 253-312-8371 or mwarr48@gmail.com.

Because of inclement weather, there was only one Tuesday Tournament in February. The winning foursome members of the traditional "Scramble" on February 28 were Jim Ros-teck, Rolf Sabye, John Waggoner, and John Santry.

We are looking forward to a full schedule of tournament and non-tournament golf in April. The first tournament of the month is April 11. Play on that day will be followed by our first quarterly club meeting of the year at Sir Flair's restaurant. Our second April Tuesday Tournament will be a "high-low, net four-man" tournament on April 25. We invite you to come out and join us for a good time with a great group of guys.

Model

Model Club members thank Trilogy residents, friends, and family for their support of our annual Bake Sale. Your generosity in providing and consuming, along with your monetary donations, could not come at a more opportune time. Although the bake sale has been advertised to enable us and the Garden Club the means to purchase seeds, plants, and gardening products for the Garden Railroad, the rains and wind storms we experienced in January and early February caused extensive damage to plants and seedlings that were planted last fall. In addition, nine of our train buildings were heavily damaged, requiring two to be scrapped. Fortunately, we have commercial plans to allow us to rebuild or replace our losses. Additionally, the rain washed away portions of our topsoil and road ballast. Although our loss is at a hobby level, we sympathize with the California residents who suffered far more losses.

As explained in an earlier article, Model Club members prepared and presented to the Amenities Committee

our interest in obtaining a permanent Modelers Club Room, which we feel will be of significant value to Trilogy residents.

Your thoughts and suggestions are appreciated by all Model Club members. Stay tuned for further developments. Contact our Club President Mr. Ted Tome at 925-691-4676. Please join us at our monthly meeting the first Friday each month in the Monterey room at 9 a.m.

Motorcycle



Photo L to R: John Stapp, Bob Azbel, Wil Bridges, Ted Tome, Larry Nelson, and not pictured, Randy Scott

The Trilogy Motorcycle Club riders meet the first Saturday of every month for an all-day ride. The March 4 ride was an attempt to view firsthand the destruction of the Oroville Dam spillway. Six riders braving the forecasted afternoon showers set sail just like Gilligan for a three-hour tour. Up Hwy 160 to Elk Grove for a stretch, did some super slab time on Hwy 5, veered off on Hwy 99 to Hwy 70 and into Oroville. Ominous clouds were gathering in the northwest. Heading east on Oro Dam Road, we came to a detour and a traffic control worker with a clipboard. He was friendly but firm. If our names were not on the list, we were going no further, residents only! So we did what any rowdy bunch of bikers should do . . . we went to lunch! Heading home, we went west in search of Interstate 5 for easier cruising. We got our bikes rinsed off a couple of times and saw some new, and mostly uninteresting, country. That's life! We made a coffee stop at Peet's in Vacaville, rehashed the day and commiserated about not seeing the damn dam! All in all, it was a good day: some 320 miles, scattered sunshine, buffeting winds, and showers rounded out the day.

We invite other motorcycle riders in Trilogy to join us on any of the monthly rides. The next ride meets at McDonald's in Rio Vista at 8 a.m. on April 1. The destination is TBD, based on weather. For more information, contact Bob Pastorino at 707-374-6556 or Larry Nelson 707-374-2967.

Nature

Nature Club will explore Rush Ranch on Saturday, April 29. Meet at 9 a.m. at the Vista Club parking lot to carpool/caravan to Grizzly Island Rd. Suisun. They are holding their 27th annual open house from 10 a.m. to 3 p.m. It has free admission and features live music performances throughout the day, scientist-led hikes through the marsh, local artisans and craftspeople, live demonstrations and exhibits, raffles, and a chuck wagon offering burgers, hot dogs, soft drinks, and water. Rush Ranch is in Suisun City, 2 miles south of Highway 12 on Grizzly Island Road, should be high and dry! Raffle and Chuck Wagon proceeds benefit Rush Ranch Education Council programs.

An in-Trilogy bird walk is Tuesday, April 18. Meet at 9 a.m. in the Vista Club parking lot.

Just a reminder that April 22 is Earth Day, when many local events occur through Solano and Contra Costa counties. A planning meeting will be on April 12 at 6:30 p.m. in Monterey Room at the Vista Club, where we begin discussions for Fall outings. Contact Gail at 707-374-374-2718.

Photography



A cemetery in Ireland.

Photo by Harvey Steinhaus

The Photography Club welcomes everyone who loves to take pictures, regardless of their skill level, so we can improve our skills by sharing knowledge. Bring your ideas and let Yvonne know if you would like to teach a class so we can schedule it. We shared several beneficial ideas during our March meeting which is always fun.

You are invited to attend our April meeting

and enjoy our special guest speaker. We are very excited to announce that a local celebrity, the RV Bridgeman, will be sharing his story so please join us and meet Greg.

We are planning some fun field trips to photograph backroads, windmills, local fields of wildflowers, and the birds that grace our beautiful Delta area. Upcoming event dates will be discussed at the next meeting.

We meet on the first Thursday of the month at 7 p.m. in the computer room at the Vista Club. If you wish to share your photos, please arrive at 6:45 p.m. and bring your



labeled USB drive with four to six pictures on it. We have a list of suggested "assignments" for each month, and copies are available at the meeting. The April assignment is "hills and fences" followed by "flowers and fruit" in May. So, if you have any images that are interesting captures, please bring them. You can bring pictures of other subjects as well as these are only suggestions. We are also looking for black and white photos to include in our monthly newsletter so please email them to yvonnecamper@att.net.

A few of us entered and sold some of our photographs at the March Art and Wine Event at the Vista Club and it was a very enjoyable day. For more information, contact Yvonne Camper at 408-690-4524 or yvonnecamper@att.net. We look forward to seeing you at the next Club meeting.

Radio

The Radio Club meets most Tuesdays in the Vista Club Monterey Room at 9 a.m. for demonstrations and technical discussions. At our weekly meeting, we discuss and practice service to Trilogy residents and to the Emergency Services in the Rio Vista area. We also discuss recent improvements in technology, which translate to better and more complete emergency communications. We now have a rather robust communications net available, which includes handheld and home fixed equipment, fixed base stations at both the Trilogy Welcome Center with emergency back-up power, fixed antennas on the Vista and Delta Clubs, as well as a full range radio equipment suite at the Rio Vista Fire Station. We need additional volunteers trained in communications to act as operators, recorders, and support members. In a real emergency, it might be too late for well-meaning volunteers, so act now to make known to us your ability to act when needed. We also conduct an on-the-air radio network using the Solano County ACS repeater most Monday evenings at 7 p.m. Contact Club President Dean Lattman for more information at 707-374-3967.

Religions of the World



Religions of the World (ROW) Club is a diverse group of Trilogy residents interested in learning about the different reli-

gions of the world: their histories, beliefs, and practices. We meet the first Tuesday of every month. We have learned about Zoroastrianism, Jainism, Hinduism, Judaism, Christianity, Islam, Sikhism, Buddhism, Taoism, Confucianism, Shintoism, and the Bahai Faith over the past three years. We have also looked at several subjects across many religions, such as science and environment as they relate to religion.

At the request of club members, we have begun revisiting the world's major religions. On April 4, the ROW Club will revisit the Hindu Religion in the River room of the Delta Club at 6:30 p.m. A Trilogy resident who is practitioner of this very old religion will make the presentation. This religion began in the Indus River valley and is the quasi state religion of India.

This is not a forum for recruiting members to any belief system, and all Trilogy residents of any belief system are welcome. For more information, contact Don Cooper 510-909-5049 or Dave Bellamy 303-229-6942.

Rio Vista Senior Men's Golf

The Rio Vista Senior Men's Golf Club is comprised of members who enjoy playing 18 holes of golf and then socializing with fellow golfers. We usually play each Wednesday, starting around 8:30 to 9 a.m. Don't let your level of playing skill keep you from joining this fun group. Our golf matches vary in format. Rest assured, it will be competitive, regardless of your playing ability. Bad back, bad swings, but great attitudes are welcome.

Joe Freeman, our Tournament Director, has scheduled the following games. On April 5, it will be the very popular AD Hoc Tournament. On Tuesday, April 11, you can choose to travel to Ranch Solano to test your skills. April 12, we will be playing Straight Golf, full handicap. A Two-Man Best Ball, Odd/Even Drive game is scheduled for April 19. To round out the month, on Apr 26, Joe has us playing an ABCD Scramble.

Our club welcomes new members, George Ellenberger, Mel Swafford, Max Weaver, Randy Smith, Jim McDermitt, Steve Baptista, and Jeffrey Sundly. Joining our club is easy. We welcome all Rio Vista men 50 and older to be part of the fun. Membership forms can be found in the club room of the Pro Shop. For all other information concerning membership and activities, contact our Membership Director, Eric Bromell, at 925-685-7237 or ebmixer@yahoo.com.

Singles



The Singles Group is growing with new friends. There are many impromptu activities as our circle gets bigger. We get together for cards and games on Wednesday's at the Vista Club from 7 to 9 p.m. in the Sonoma Room. Don't forget to bring your favorite beverage to

quench your thirst! If you'd like to bring a sweet or savory to share, you can, but it's not required. We look forward to meeting you at the next event!

The Singles Club is still heating up the cold winter nights with our Meet & Greet Potluck. Please join us the third Sunday of the month in the Marina Room at the Delta Club. Bring something to grill or a main dish, a side dish to share, something to drink, and get ready to enjoy an evening of great conversation and laughs. For those who are daring, don't forget your swimsuit in case you want to take a dip in the hot tub! Don't forget to check out the local community website Nextdoor, where the singles also post impromptu activities.

If you have any questions, or require additional information, contact Robie Williams at robiejw@hotmail.com or Doug Littrell at littrelldouglas66@gmail.com.

Square Dance

The Square Dance Club has adopted a new name. We are now the Rio Vista Grand Squares. This is the name we will use at away events and will be the club name shown on our badges. In addition, our club now has its own website. Check out www.riovistagrandsquares.com for class schedule, current call status, as well as links to other instructional sites. We are currently dancing at the beginner to mainstream levels. If you are an experienced square dancer, come join us on any Wednesdays. Sessions start at 6:30 p.m. in the Delta Club in the Rio Vista Room. The club has engaged the services of Scot Byars, a nationally known professional caller and teacher, at a cost of \$5 per dancer per session. If you are interested but have no square-dancing experience, beginner classes will be offered again in the near future. We are gathering names of interested dancers and will offer a special beginner catch-up session when enough people are signed up. Groups, couples, and singles are welcome. Dress is casual. For further information on our sessions or information about the club, call Judy Lentz at 707-374-6506 or Ron Kott at 650-464-2071. Be there and be square.

Table Tennis



Competition between Trilogy and Rossmoor Table Tennis Clubs is in its seventh year. Each year, we conduct two tournaments. The first is held in late winter or early spring at Trilogy, and the second in the fall at Rossmoor. These events

give our members opportunities to compete in singles and doubles matches, and to test their skills against members of the opposing team.

Tournaments are good occasions for spectators to watch some awesome matches by advanced players from each team. In addition to the friendly competition, the gatherings provide time for social interactions between mem-

bers of the two clubs. We usually spend about six hours together and share breakfast and a delightful luncheon arranged by the host team.

In preparation for the March 11 tournament at Trilogy our members participated in several weekly Round-Robin matches intended to hone our playing skills, improve our physical and mental readiness, and strengthen the self-confidence of each of our players and of the overall Trilogy team. Developing a winning strategy in table tennis requires attention to all the physical and mental dimensions so players can perform at their best level on the day of competition. Results of the tournament will be posted on the club's website soon after the event.

To learn more please visit <http://trvtt.wordpress.com> or contact Tom Barnes, President at 707-812-7112; Sherry Jasara, Vice President at 916-758-7674; Ruth Barnes, Treasurer at 707-812-7112; Hans Puppig, Secretary at 858-735-5108; Glenn Hom, Tournament Director at 925-915-9249.

Tennis

Here is a little tennis trivia to start out the month of April, courtesy of Mentalfloss.com. Rene Lacoste, a pro tennis player, invented the world's first logo shirt. Known as "Le Crocodile" for his on-court tenacity, Lacoste added the crocodile to his clothes in the 1930s—the first time a designer logo is known to have appeared on the outside of a shirt. Proving that tennis players are innovators as well as fashionable!

With all the resurfacing work on the courts in March, we are looking to this month to start some of our favorite springtime activities, like Team Tennis which is scheduled to start about mid-month. Also, be sure to mark May 20 on your calendar for our first Tournament with Rossmoor. Contact Bill Kienzel if you'd like to play in either of these events. FOR LADIES ONLY: contact Sandy Price if you are interested in a Ladies Day of tennis.

Daily Social Tennis is Monday through Friday from 8–10:30 a.m. We welcome anyone to join. Be sure you wear "court" shoes that do not leave marks on the court surfaces. For more information about our club, our next club meeting is scheduled at 10 a.m. on Friday, April 28, at the Delta Club. Contact Claude Trottier at crtrottier92@gmail.com. You can also visit our website www.frontier-net.net/~courtjesters. Remember: "Love means nothing in tennis, but it's everything in life."

Theater Group

Theater Group (TTG) welcomes our new president, Kevin Kennedy, and newly elected Secretary Dorene Reid and Member At Large Ron Chalmers. Our outgoing president and founder, Louise Mitchell, was recognized with a



plaque of appreciation at our February meeting. In March, we were finalizing the selection of our spring production, which plays June 1-4. When you receive this copy of *Trilogy Living*, we are just completing or going into auditions for that play. Keep your eye on NextDoor or our Facebook page @TrilogyTheatreGroup for more information. Our Actor's Studio Workshop, facilitated by Ron Chalmers, continues Tuesdays at the Vista Club Monterey Room (unless otherwise announced) from 2:30-4:30 p.m. TTG is also hosting a Readers Evening on April 20, where all are welcome to enjoy a couple of hours of theatrical scenes, monologues, or poetry read or presented by heart. Stay tuned the *Trilogy Living* Calendar, NextDoor, and our Facebook page for the time and location.

TOPS (Take Off Pounds Sensibly)

It's springtime and a great time for a new start. How about making a heart-healthy salad for lunch that takes all of eight minutes to prepare?

Curried Chicken and Broccoli

Prep: 8 minutes

½ cup raisins
3 cups rotisserie chicken
2 Fuji apples, chopped
12 oz. package of broccoli coleslaw

Prepare Curry-Yogurt Dressing in a large bowl. Add shredded chicken and remaining ingredients; toss well. Cover and chill until ready to serve. Yield: 6 servings of 1 ½ cup per serving.

350 calories per serving.

Curry-Yogurt Dressing

Prep: 4 minutes

¾ cup vanilla fat-free yogurt
1¼ tsp. curry powder
1 TBL. chopped cilantro
¼ tsp. salt
1 TBL. grated peeled fresh ginger

Combine all ingredients. Cover and refrigerate until ready to use. Yield: 6 servings of 2 tablespoons per serving.

About the Club: We meet every Wednesday from 9-10 a.m. at the Delta Club. Weigh-in is from 7:45-8:45 a.m. We hope to see you there.

Trilogy Art Guild

Many of our TAG members participated in the Wine, Belle Boci, and Visual Art Festival last month. We hope you attended and saw all of the beautiful pieces of artwork. If you missed it, watch for information on our TAG Art Show & Sale that occurs in August.

TAG members meet the first Monday of each month at 1 p.m. in the Marina Room at the Delta Club. We usually follow our business meeting with a speaker, demonstration, or activity. We welcome new members and you don't have to be an artist, just an art lover. If you would like more information regarding TAG, please contact Maren Waddill at 707-374-3954 or Richard Laswell at 559-359-1248.

Spring is a great time to get out and learn a new hobby, meet neighbors, and have fun. We invite all Trilogy residents to attend classes taught by some of our talented TAG members. No experience is required. Beginners are welcome. Contact the instructor if you are interested in signing up for their class. Classes are held in the Marina Room in the Delta Club.

Beginning Watercolor

Tuesdays at 12 p.m. Contact Anna @ 374-3560.

Card Design with Wilda

Wednesdays 2-4 p.m. Contact Alma @ 374-3064.

Cardmaking with Shari

Fridays at 10 a.m. Contact Shari @ 707 363-9752.

Advanced Watercolor

Fridays, at 12 p.m. Contact Anna @ 374-3560.

Next Shibori Workshop

April 29 - 30. Contact Lori @ 374-6196.

Ukulele

We meet each Wednesday in the Vista Club Diablo Ballroom. Beginners class starts at 11 a.m. followed by the Performance Group practice at noon. All interested Trilogy residents are invited to drop in, listen, play, and sing along with us. Bring your ukulele if you have one. You don't need to know how to read music or have any prior musical experience. You'll be playing songs after your first session!

Don't miss our next jam session at The Point Restaurant on Sunday, April 16, from 1:30 - 3:30 p.m. Bring your ukulele, guitar, tambourine, washboard, banjo, accordion, harmonica, mandolin, kazoo! Contact Claire McKean 510-301-0479 for details.

Whist

"Show respect even to people who don't deserve it, not as a reflection of their character, but as a reflection of yours."

– Dane Willis

We welcomed three new members in February. Art Nicholson, Paul, and Ollie Smith will share their expertise with our group. The Whist club will sponsor a Casino Bus trip on May 3 (correction on date). This is a fundraiser. Look for our flyer in this issue of *Trilogy Living*.

If you are efficient, productive, professional, hardworking, dedicated, and friendly, the Whist Club invites you to join us to bring more presentations to the Trilogy Community. A lot of you are retired from your careers and looking forward to being active in a hobby or new career. The Trilogy Whist Club seeks your participation in our presentation of annual celebrations in 2017. Share your viewpoint. Interact and share your thoughts with us on Mondays at 5 p.m. at the Vista Club. Call Hattie Walker for the meeting room. You are welcome to have fun with us every third Friday of the month at 7 p.m. at the Delta Club. Bring a dish to share. The food is always plentiful and tasty. We play cards and Dominos. Mexican Train is the most popular game. Some people sit, exchange information, and give their views for a better country. I am looking for Pinochle players to join us. We offer encouragement and support for each other. Remember, Genius does what it must, and Talent does what it can. For information, contact Hattie Walker, Chairperson, at 707-374-3699.

Women's 9-Holers



Nancy Weaver and Jo Ann Hess,
Nine Holers Workshop

February has been another tough month for golfing. Lots of rain, cold, fog etc. Sir Flairs had a Valentine Champagne Brunch after golf on one of the days we could play. For golf we had 2 pars, Pam Fashing and Cathy Warr. Linda Rowe won Low Putts. Then the brunch was wonderful and the Champagne flowed.

Eight ladies from our board went to a PWGA Workshop. It was informative talking about changes coming for the PWGA (Pacific Women's Golf Association) having to do with the USGA (United States Golf Association) and the NCGA (Northern California Golf Association). They

enjoyed a great breakfast, a quiz on golf rules and socializing with our golf friends. Also discussed Play Days and Invitationals.

Our last chance to play golf for the month was interesting to say the least. We had sunshine, which was wonderful, but it was still wet and the grass was long, so it was more of an Easter egg (ball) hunt than a "let's play golf kind of day." Seventeen brave souls came out. We had one par by Nancy Weaver. Great job Nancy! March, brings hosting the Men's Nine Holer's and having Corned Beef and Cabbage. YUM! Also, a Rules Overview Class put on by the PWGA Rules Director. April, is our Play Day. We invited many Ladies from Nine Holer's Clubs in the area and hope for a great turn out. We will also be hosting the Women's 18 Holer's in April. Please contact Debi Petteruti, nsdme2012@gmail.com or call 707-374-5797 for information. We meet on Tuesday's at 9 a.m.

Women's 18-Holers

February was a very wet month! Thus, the RVWGC played only once, Thursday, February 23. The game was Ace of the Month and Low Putts. The winner of our Ace of the Month: Doris Sundly - net 78. Congratulations, Doris! No Birdies. Chip Ins: Connie Eremian #16, Ulla Ulmonen #2 and Diane Scholz #17. Closest to the Pin: Alma Renko #10, 11 feet 3 inches. Broke 100: Barlesi 94. Low Putts Winners: Flight A: First: Traver 33, Second: Berry 35, Third: Sundly 36. Flight B: First: Ulmonen 32, Second: Tie Carroll 38 and K Evans 38 Flight C: First: Scholz 33, Second: Rowe 36. 15 RVWGC members attended the 2017 PWGA Kick-Off Workshop February 15. This was a half day meeting with information for the 2017 play day and major tournament schedule, introductions of Area Board Members and PWGA Officials in attendance, presentation of the Area's 2016 Most Improved Player Award and a Rules segment. There was also plenty of time to enjoy Haggin Oaks Golf Super Shop. If interested in joining our group, contact Sharon David at 925-518-8511.

Women's Fellowship

Happy Easter! Spring has sprung. Daylight Savings Time has begun and already we are welcoming April into 2017. The Women's Fellowship is still in the book of Acts, and lessons for these studies are provided. We continue to add and meet new residents; however, we want to extend our welcome to those of you we haven't met yet. We are aware that many of you travel throughout the year. Don't let that stop you. Feel free to join us at any time for fellowship. We look forward to meeting you.

Meetings are held each Thursday from 9:30 a.m. to 11:30 a.m. in the Sonoma Room at the Vista Club. Next discussion is on Mark 8:34. Contact Dorothy Tate 374-3892.



Writers



In the Fall of 1969, Wisconsin Senator Gaylord Nelson had an epiphany: to encourage environmental protection in the United States, he established Earth Day. Observed on the day after conservationist John Muir's birth-

day, the first Earth Day occurred on April 22, 1970. It is regarded as the genesis of the environmental movement. By 1990, this celebration had reached global proportions. There are now at least 174 nations participating in various ways to advocate for the protection of global resources.

Since our monthly meeting will be held on the day before this year's Earth Day, it seems fitting that we chose this as our optional topic. If this theme doesn't inspire you, then donate used items to a local charity, plant a seed, hug a tree, recycle your newspaper, reuse a grocery bag, reduce your gasoline consumption, and write about anything you desire. Just write! Then join us in the Monterey Room of the Vista Club at 2 p.m. on Friday, April 21 to share with other authors, essayists, poets, and lyricists. We look forward to welcoming you. For more information, contact Suzi at 925-231-5213, Judy at 707-374-3973, or Zoe at 707-374-3676.

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April 23, 2017
2:00—4:00 p.m.

Vista Club
Diablo Ballroom
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For more information, contact Member Services at 707-374-4200



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TRIPS AND TOURS

All trips are operated by an outside company and are not associated with Trilogy Rio Vista Master Association. Trilogy Rio Vista Master Association is not liable for any trips or tours.



**Ethel Ott
(Cupcake)
and
Eileen Griffin
(Twinkie)**

April 27 Sacramento Secrets \$107/pp

Tour the maze of hidden underground spaces and actual streets beneath Old Town Sacramento. We'll enjoy a hosted luncheon at the Firehouse Restaurant and then "re-live the past" with a tour of Old Sutters Fort.

May 13 Golden Gate Fields \$89/pp

Enjoy the comfort of The Turf Club while watching classy thoroughbreds "run for the money". Finishline seating, gourmet buffet luncheon included.

May 21 Ethel's Mystery Trip \$53/pp

**Jun. 13 Gamblers' Special –
Red Hawk Casino \$30/pp**

Usual 4/5 hours of "Stay and Play."
\$20 food/gaming package included.

**Jul. 03 Oakland A's Baseball/
Fireworks/Dinner \$82/pp**

Great evening at the ballpark.
Fantastic fireworks after the game.

**Jul. 20 Craig Smith's
San Francisco Tour \$89/pp**

Start tour at Palace Legion of Honor for the Pierre Bonnard exhibition. Have tasty French Country luncheon at L'Oliver Restaurant. Visit Notre Dame des Victories church. Drive through the French neighborhood of Belden Place. End day at Boudin's Bakery/Museum.

**Aug. 19-22 Pageant of the Masters/
Solvang/Reagan Library \$860/pp**

4/days 3/nights. Fabulous package includes hosted dinner and VIP seating at the Pageant, tours and luncheons at Reagan Library and onboard the Queen Mary; plus, live performance of musical Newsies. Exciting trip!

**Sept. 12 Gamblers' Special – Jackson
Rancheria \$30/pp**

Usual 4/5 hours of "Stay and Play."
\$20 food/gaming package included.

**Sept. 25-Oct. 05 10-day Mexican
Riviera Cruise (brochure available)**

For further information and/or sign-ups, call Ethel at 374-7548 or Eileen at 374-2684



Alzheimer's/Dementias Caregivers' Support Meeting

Alzheimer Services and the Greater Bay Area Alzheimer's Association sponsor the caregivers support group to offer information, speakers and videos, as well as open discussion and social interaction for caregivers of loved ones with Alzheimer's or other dementias. The group meets the third Friday of each month from 9:30 to 11 a.m. at the Senior Center located at 25 Main St. in Rio Vista. Contact meeting facilitator Nat Marcoccio RVALZSG@yahoo.com for more information.

Free Tax Assistance

For information on the free federal and state income tax assistance offered in Rio Vista through the Volunteer Income Tax Assistance (VITA) program, contact Carlos Zepeda, St. Joseph Church VITA Site Coordinator, at 510-301-5182. Free basic income tax return preparation and electronic filing is offered by appointment to individuals of low to moderate income (generally, below \$54,000) and seniors who need assistance with or cannot prepare their own tax return. Available appointments are filling fast, so consider calling soon. If you are interested in other nearby volunteer tax assistance locations, dial 2-1-1 and ask for the VITA/TCE information.

MS Walk April 2017

You can make a difference in the fight against MS by joining our team from Rio Vista (the Victorians) for the MS Walk on Saturday, April 29, at the Waterfront in Suisun City. Even if you don't want to walk, come enjoy the live music, free food, and family fun. Contact Victoria Muñoz at 925-330-1838 or check out <http://main.nationalmssociety.org/goto/Victorians>.

Palm of the Hand Memoir Writing Workshop

This workshop will help participants to decide what part of their lives to write about using a method called "palm-of-the-hand" writing. It's named after the stories of Japanese writer Yasunari Kawabata. After deciding on story possibilities, the method helps focus the writer's energy into completing short individual pieces about their life. Hosted by poet Michael Czarnecki, who will follow the workshop with a poetry reading. Call 866-572-7587 with questions.

Cost: FREE

Where: Rio Vista Library, 44 South 2nd Street

When: Tuesday, April 25, 4 p.m.

Poetry Reading will begin at 6:30 p.m.

Family Support Group



The Family Support Group is available to organize a memorial service for any family member who incurs the loss of a Trilogy resident. For more information, please call Chairperson Claudette Gartner at 707-439-6116, or email her at xbirdlady@myifp.com, or call Barbara Sherison at 707-374-6845, or call Betty Bowley at 707-374-5613.

Rio Vista Food Pantry Needs Volunteers!

- Receptionist M-F, 9 a.m.-1 p.m.
- Pick up from Fairfield Food Bank weekly (Wed) 8-11 a.m.
- Sort/date check donations Wednesday or Friday

For more information, visit the website at RioVistaFoodPantry.org or call 374-5706. For donations, please designate Rio Vista Food Pantry, 1105A Airport Blvd., Rio Vista, CA 94571.

Matt Applin & The Midnite Band



www.mattapplin.com

Matt is a charismatic singer and entertainer. Together with the Midnite Band these amazing musicians of R&B, Motown, and Standards have the chemistry for your show and dance enjoyment. They never miss a beat!

Saturday April 29, 2017

Vista Club Ballroom ~ 7:00 to 9:30 p.m.

Bring your friends and favorite refreshments!

Sign up at Vista Club Member Services ~ \$15 pp



Resident Golf Tournament

The Resident Tournaments are about to begin on April 23. This will be a Las Vegas Scramble. They are a lot of fun and end with a fantastic dinner at Sir Flairs. Dinner for April will be Roast Beef, Turkey, Rice Pilaf, Veggies, and Ice Cream with a Surprise Dessert.

The Resident Golf Tournaments provide a social fun event and a place for new residents to come out and meet some of our current residents. In total, there will be seven tournaments from April through October. They generally fall on the third Sunday of the month (except for April, due to Easter, and June, due to Father's Day). The Resident Tournament is open to all golfers with a Ghin number and Handicap. It is recognized and sup-

ported by all the Golf Clubs here at Trilogy. We will also have a Pairing Party on the Friday before, at 4 p.m., in Sir Flairs, to see with whom you are playing. Come, enjoy the festivities, and then stay for dinner.

Look for the flyers in the Pro shop. Cutoff for this first tournament is April 16. We decorate the room to the theme, have raffles, great food, surprise desserts, and great prizes. Come as a single or couple, have your spouse join you for the dinner or ride with you on the course. Come check it out! Future Tournaments are as follows: May 21, June 25, July 16, August 20, September 17, and October 15. Flyers come out approximately a month before the cutoff. For more information, call Linda Rowe 925-286-1555 or Harold Rowe 925-818-1124.

Computer Class 90-Minute Opportunities Sign Up At Vista Club Member Services - Pay by Check or Credit Card ALL CLASSES ARE ON WEDNESDAY

iPhone - Level 1 \$10 ea. Bring your own Apple iPhone	April 12, Class 10:00 a.m. to 11:30 a.m. **NEW CLASS** Learn the basics of using your Apple iPhone as a phone, camera, set up your contacts, text, Siri, connect to WiFi, and learn about mobile device security and etiquette. Fun and easy! <u>Bring your own Apple iPhone – fully charged</u> . This class is <u>only for Apple iPhones</u> , not any other brand of smartphone.
Microsoft Word Work with Multi-Page Documents \$7 ea.	April 12, Class 12:30 p.m. to 2:00 p.m. **NEW CLASS** This class is particularly helpful for those writing a novel, memoir, etc. Warm up with some basics of word processing, the most commonly used software program. Format text size, color and location on the page. Then work with a multiple page document to insert page numbers, pictures, and control overall document appearance. Combine several documents into one. Explore editing tips to polish your document and ensure consistency with style and content.
iPhone - Level 2 \$10 ea. Bring your own Apple iPhone	April 19, Class 10:00 a.m. to 11:30 a.m. **NEW CLASS** A bit beyond the basics of using your Apple iPhone. Learn to use your camera, share contacts, send a group message, AIR DROP, download music and games from the Apple Store. <u>Bring your own Apple iPhone – fully charged</u> . This class is <u>only for Apple iPhones</u> , not any other brand of smartphone.
Microsoft Word – Using Templates \$7 ea.	April 19, Class 12:30 p.m. to 2:00 p.m. **NEW CLASS** Learn to use Microsoft Word templates to make an event flier, award certificate, party invitation, anniversary announcement, or just about anything else for business, club or personal needs -- thousands of templates are available! <u>Requires some word processing experience, such as April 12 MS Word Combo class.</u>

If using your own computer, public wireless network cautions apply!

Computer Basics class is mandatory, or equivalent knowledge, for all other classes.

Limited Class Size-sign up early. Repeating classes is recommended. Class subject suggestion list available!

Interested in training or helping others during class? Email Debbie Dorn at ddorn@actionlife.com.



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Or Richard 925-918-1374

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AAA+ Quality Cleaning

Weekly, biweekly, monthly or once. Move in/out services. Call Carmen Martinez, Trilogy resident at 707-398-8345 for a free estimate.

AA+ Trilogy Transportation

Trips to and from BART, airports, shopping, events and appointments. Dependable service and reasonable rates. Call Richard at 925-918-1374 for details.

Airport Transportation

In my Mustang convertible I will take ONE PERSON ONLY to airports, BART, medical appointments. Top up/down your choice. PS, Can take two to airports with basic luggage. Serving Trilogy residents since 2005. Call Ralph 707-374-3941.

SERVICES

All Transportation

Need a ride, call Nita 707-315-6670. Long time Trilogy resident—13 years Trilogy driver: one-way, round trip, out of town or local pick-ups and drop-offs 24-7. Up to 4 riders welcome.

Alterations

And mending for adults, pets and children. Won first place at State Fair for sewing and baking. Non-smoker and pet-free environment. Bus. #9452. Call Carol 559-314-5039.

Bicycle Repair

Gary's Bicycle Repair in Trilogy: (tire changes, wheel changes, flats fixed). Assembles, adjustments, tune-ups. Appointments only. Call 510-912-1640.

Body Sculpting

Safe, full body treatment cleared by FDA. Reduce cellulite, flabbiness, flatten tummy, improve circulation, detox. Best price anywhere. Treatment provided locally by a Trilogy resident. Call Laurie 925-301-7389.

SERVICES

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Complete housecleaning! Quality cleaning at affordable prices. Weekly, bi-weekly, or once. Rental cleans. Call Dawn, "Jerry the Sprinkler Guy's" daughter at 707-628-4235 or 707-374-5239.

Computer A+ Assistance

PC, Laptop, iPhone, iPad troubleshooting. Install networks, software. Virus removal. Wireless connections to printer, computer, home theater, Netflix. Technical expert—Robert 707-374-5129.

Computer Aid

I can fix your PC, including viruses and malware. New PC setup with file transfers and tutoring on Windows 10, wireless printers and Netflix connections. Kathy Barker 707-374-6850.



SERVICES

Handyman

Trilogy resident has over 40 years of home maintenance experience, MOEN faucet specialist, ceiling fan and chandelier installations, electrical trouble-shooting and GFCI problems, plumbing leaks, disposals, toilet maint., and more. Free estimates. City bus. license #1654. Bob Bailey 707-374-3391.

Handyman

A Trilogy resident to help with those handyman jobs you can't or don't want to do. Plumbing, electrical, window treatments, assembly, etc. Call Scott 707-374-6013.

Hauling

Ed & Bill's Hauling: Clean-ups, Dump runs, Move furniture, Load and unload trucks, Rain gutters cleaned, Trim bushes. References available. Free estimates. 707-330-0358.

Helping Hands

At your service: Helping you with your daily needs. Affordable prices, weekly, bi-weekly, monthly or occasional services. Call Karen, a Trilogy resident, 707-656-8639.

Housecleaning Service

Call now for quote: 707-372-3818. Excellent references.

SERVICES

Impeccable Improvements & Repair

Established retired general contractor. . tile and wood floors, bath & kitchen remodels, water leak repairs, drywall damage, privacy walls, iron fences, French doors, indoor/outdoor Jacuzzi tubs, storm doors, cat/dog doors, fireplaces, mantels. 12 year resident. Big or small, I do them all! References available. Your one stop shop in Trilogy. Dominic 707-322-9476.

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My home or yours. Servicing Trilogy for the past 14 years. Please call Eileen Griffin at 707-374-2684. Thank you.

Notary Public

Certified Notary, fast, professional and reliable service. \$8 per signature. Please call Jeffrey 707-374-7541. Thank you.

SERVICES

Notary to Go

Only \$10 per notarization in Trilogy. Loan documents signing no additional charge. Since 1984. Call Warren at 707-374-3477.

Notary Services

\$15 per signature per page/ discounts for multiple pages. Trilogy resident Elaine Wisz 707-374-4310.

Organization Help

Organize, declutter, odd jobs. Need help organizing and/or decluttering? I can help create functional space. Garages, office, den, pantry, rooms, sheds, etc. Dawn, Jerry the sprinkler guy's daughter. 707-628-4235, 707-374-5239.

Paint

Free estimates. \$125 standard size room. Over 35 years experience. All work guaranteed. Call Randy 707-374-5699. Lic. #1334

Painting & Drywall

Repaint exterior & interior. Color and texture our specialty. Free estimates. 40 years experience. R. P. Painting, Trilogy Resident CA St. lic. #422737. Call today 707-374-5954.

Pest & Termite Services

Trilogy resident and owner operated. General pest control services include monthly or bi-monthly services to meet your needs. Termite inspections. Specializing in real estate and refinance. Recent merger with Graybill Pest Solutions. Please call Ron Yocum—owner, R & D Termite and Pest Control 925-323-5211 or home office 707-320-1277. reyocum@yahoo.com. Goal: to serve our Trilogy neighbors and adjacent neighborhoods.

Want to Run a Classified Ad?

Pick up an ad application form at Member Services. Turn in your completed form by the fifth of the month preceding the month you wish the ad to run. Cost is \$10 for 25 words. Additional words are \$.25 per word. Checks only. Late ads will run in the next issue. All classified advertisers must be current Trilogy residents or current Trilogy homeowners.

The Trilogy Board of Directors is not responsible for expressed opinions or for the authenticity of all presented facts in advertisements. The Board of Directors recommends verifying authenticity of advertisers by requesting contractor license numbers and references, and checking with the California Contractors State License Board and Better Business Bureau (BBB) prior to using the services listed herein.



SERVICES

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Loving Pet Care Services since 2007. Cats: 1-2, two visits \$15. Dogs: 1-2 (or combos of dogs/cats), five visits \$20 a day. Meds etc. negotiable. Advance vacation reservations, short notice welcomed. Includes: feed, scoop, play and brush. Mimi 707-374-4343.

Pet Care

Happy Home Pet Sitting Services Cathy Vickers: Free estimates. Dog walking available. Trilogy resident, dog owner, loves animals. 707-416-8394 or jsv.cav@gmail.com.

Pet Care

I will take care of your dog or cat while you are away. I will care for your pet four times a day at \$25 a day. Ken 707-374-3842 or email kenatkins7@aol.com.

Photo-Statuettes

Full-Color Photo "Statuettes" of pets, Bocce players, Tennis & Pickle Ball players, grandchildren, etc. Have camera & will travel. ... or made from your existing photos. Call Harlan @ 707-666-9672.

SERVICES

Ron the Painter

Trilogy resident with experience in painting interiors, fences, mailboxes. Great work, good price. Call Ron 707-430-3135.

Rain Gutters Cleaned

Also pressure wash driveway, walkway, patio and outside of house. Trilogy resident Danny 209-570-0302.

Reliable Transportation

Local and all airport transportation, serving all East bay cities for appointments. Safe and reasonable rates. Call Harvey Evans 602-510-2121.

Transportation

Dave's Transportation since 2009. I will take Trilogy residents to planes, boats and trains. Very dependable. Call 707-374-3192 or cell 949-412-8452.

Transportation

Retired peace officer will provide safe and comfortable transport to travel terminals, destinations and medical appointments within 200 miles. Sandra 707-249-1567

SERVICES

Weed Pulling

Weed Pulling: Don't break your back; keep your yard tidy. Trimming, weeding, general cleanup, plant new plants. Laurie 707-374-6305 or 925-301-7389.

Window Cleaning

Professional window cleaning. Years of experience, licensed, and complete background check. For a free estimate and appointment, call Gary 707-374-3488.

WANTED

Golf Carts

Cash paid on the spot. Carts can be working or not. Call 707-374-3338 or cell 707-208-9096. Also call regarding rebuilt golf carts.

Sporting Goods

And equipment, especially fishing rods, reels, lures and other paraphernalia. Cash paid on the spot. Free appraisals. Call Ed 707-374-1349 or 925-216-6300.

MUSIC OF THE NIGHT

presented by
Trilogy Council For The Arts

Invites you to join us for "LAS VEGAS NIGHTS"

A tribute to famous Las Vegas Performers!



Performances:
March 29, 30, 31 & April 1, 2017
(Wednesday, Thursday, Friday & Saturday)

No Host Bar - 6:00 p.m.
Wine \$4 - Soda/Water \$1
Show begins - 7:00 p.m.
Diablo Ballroom - Vista Club

\$10.00 per person
Make checks payable to:
"Trilogy Council for the Arts"
Ticket Sales are Non-Refundable

Complimentary Refreshments at intermission

Tickets sell fast - Sign up early!
Questions? Call: Myra Samfeld - 3660

TRILOGY PRODUCE



SUNDAY

April

2 & 23

10am - 3pm

Delta Club



Fruits,
Vegetables
& Other
Specialties

THINKING OF SELLING? HERE'S YOUR COMPETITIVE EDGE....

- Alain Pinel Realtors is ranked 5th largest independent real estate broker in the nation, for the 5th consecutive year.
- Over 30 offices to serve YOU, throughout the area including Sonoma, Napa, Tahoe & San Francisco.
- Offering personalized marketing plans for each home, including Professional Photography, Virtual Tours, Custom Marketing Materials, Staging and more.
- On-Line Marketing includes Property Websites, Domestic & International.

HOME PRICES CONTINUE TO RISE!!! CALL TODAY FOR A MARKET ANALYSIS OF YOUR HOME.

- Truly a real estate expert with 35 years EXPERIENCE, I have earned Real Estate Designations including the GRI, CRS, CRB, as well as Manager, Broker, Trainer, President's Council Member and Top Producer. I can help you.
- As a Trilogy and Saddlerock Village resident for almost 5 years, I am fully committed to our community.
- For every closed sale, I donate \$100.00 to the Rio Vista Food Pantry.



Kathie Bleier
925.683.7084
KBLEIER@APR.COM
BRE 01063281



If you, or anyone you know is thinking about moving, please call me. I LOVE referrals!

ADVERTISING INFORMATION

DEADLINE: All final ads and checks are due by the fifth of the month prior to the month of publication. For example: May 2017 ads and checks are due by April 5, 2016. All late submissions will run in the June 2017 issue of *Trilogy Living*.

REGULAR SIZES AND RATES:

- | | | |
|-------------------------------------------------------------------------------------------------------------------------------------------|------------------------|-------------|
| • 1/8 page ad | 3 1/2" wide X 2" tall | \$90/month |
| <i>Scan your horizontal business card at 300 dpi, and e-mail it as a pdf, jpg or tiff file to Tania Fardella at indigodesign@att.net.</i> | | |
| • 1/4 page ad | 3.6" wide X 4.5" tall | \$140/month |
| • 1/2 page ad | 7.5" wide X 4.5" tall | \$220/month |
| • Full page ad | 7.5" wide X 9.25" tall | \$345/month |

PREMIUM SIZES AND RATES:

- | | | |
|------------------------------------------|----------------------|-------------|
| • 1/4 page ad Inside Front or Back Cover | \$185/month | |
| • 1/2 page ad Inside Front or Back Cover | \$285/month | |
| • INSIDE FRONT COVER | 7.5" wide X 10" tall | \$445/month |
| • INSIDE BACK COVER | 7.5" wide X 10" tall | \$445/month |
| • OUTSIDE BACK COVER | 7.5" wide X 10" tall | \$500/month |

DISCOUNTS:

- 5% off pre-paid ads for 3 months or more
- 5% off for businesses owned by residents of Trilogy at Rio Vista

To place an ad, contact Joan Azlant at joanazlant@comcast.net or 707.374.2620. If you need ad design, contact Tania Fardella at indigodesign@att.net or 925.324.9988. Additional fees will apply for design, scanning, and edits.



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